



United Nations  
Educational, Scientific and  
Cultural Organization



**SUSTAINABLE DEVELOPMENT BEGINS WITH  
SAFE, HEALTHY, WELL-EDUCATED CHILDREN**

**"Quality Physical Education (QPE) is an essential entry point...to learn life skills, and develop positive patterns of behaviour" (MINEPS V 2013)**

## How does QPE contribute to 21st century education?

Sustainable development starts with safe, healthy, well-educated children. To impart skills required for the 21st century, education must focus on shaping attitudes, building behaviours and instilling values that support peace, inclusion and equitable development.

### QUALITY PHYSICAL EDUCATION CONTRIBUTES TO 21ST CENTURY EDUCATION



## What is the QPE Policy Project?

As the UN agency mandated for sport, education and peace-building, UNESCO is keen to identify ways **to close the gap between QPE policy and practice** to support broad developmental objectives.

Along with **partners** (European Commission, ICSSPE, IOC, Nike, UNDP, UNICEF, UNOSDP, WHO), UNESCO developed a QPE package **to assist governments**, practically, by outlining the key steps towards **an inclusive policy environment**.

## Key objectives

1

Support governments develop and implement inclusive QPE policy

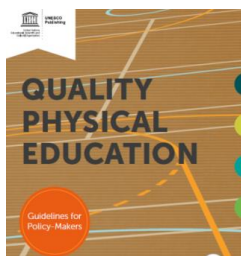
2

Empower grassroots stakeholders implement and advocate minimum standards in QPE

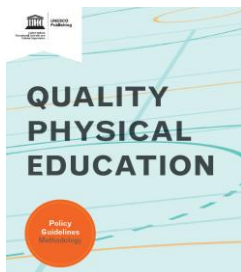
3

Foster a coherent and cooperative framework for active schools

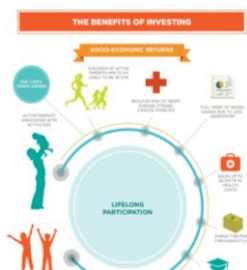
## What does the QPE Policy Package comprise?



A [“how to” guide](#) (*Quality Physical Education Guidelines for Policy-Makers*) to review and reinforce policy measures, with locally adaptable benchmarks for provision, checklists, good practice examples and a policy matrix (also available in [French](#), [Portuguese](#) and [Spanish](#));



A [methodology document](#), to be used in conjunction with the Guidelines, which outlines good practice in terms of the process and steps to take in revising policy;



An [infographic](#) making the case for public investment in inclusive, child-centered QPE policy as a broader investment in rounded development;



A dedicated project [webpage](#) with facts, figures, research and resources.



## What happens next (2015-2016)?

Based on their national capacity and political will, **a select number of countries will be actively supported by UNESCO and partners in the revision of their PE policy**, in line with the Guidelines. The policy revision phase will last approximately 12 months from the identification of all relevant stakeholders to the endorsement of the revised policy at the highest Ministerial level.

A **national expert coordinator** will be contracted in each country to drive the substantive elements of the policy revision and ensure liaison between the Ministries involved and the lead country partner (i.e. UN Agency).

## Target outcomes:

- **Revision QPE Policy documents to be inclusive, child-centered and promoting physical literacy** as part of rounded human development;
- Development of robust national policy measures through the establishment of **multi-stakeholder mechanisms**;
- **Participation and inclusion of diverse range of stakeholders** involved in, and affected by, the QPE policy, via **consultations** designed to reflect grassroots perspectives in upstream policy frameworks;
- Revised **policy documents benefit from input and expertise of peer review countries**, engaged to share global good practice and provide guidance;
- An **international seminar** gathering engaged countries, experts and UN agencies to present revised policy documents and advocate additional pick-up;
- Subject to the availability of additional resourcing, countries will be assisted by partners in **monitoring and evaluating the implementation** of the revised policy.



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