

6th UNESCO Youth Forum

1-3 October 2009

Paris, France

PRACTICAL INFORMATION

www.unesco.org/en/youth

This document provides practical information about the Youth Forum including:

- **Transportation**
- **How to get to the 6th UNESCO Youth Forum venue**
- **Where to stay near UNESCO**
- **Where to eat near UNESCO**
- **What to do in case of an medical emergency**
- **Sightseeing information**

At the end of the document, you will find maps of the UNESCO Fontenoy building, the Paris subway map, guidelines on influenza H1N1 and a list of hotels near UNESCO.

ARRIVAL AND TRANSPORTATION

From Charles de Gaulle Airport:

- **Taxis** are expensive and taking a taxi from the airport to downtown Paris will cost approximately 40€.
- **Shuttle Buses:** The Roissybus runs between the airport and 'Opéra' metro station (lines 3, 7 and 8). It runs between 6:00 a.m. and 11:00 p.m. and the cost is approximately 8.60€. It stops at each terminal of the airport. Air France also has a shuttle that runs between the airport and the Metro 'Charles de Gaulle – Etoile' (lines 1, 2 and 6) between 5:45 a.m. and 11:00 p.m. A one way ticket is 12 € and this bus stops at all the terminals!
- **Train:** It is possible to take the RER B train from the airport into Paris and then once in the city to switch to the metro. A ticket for the train from the airport will cost approximately 8 €.

From Orly Airport:

When you arrive at the airport you can take a train from Orly Airport called "Orlyval". This train has several stops and its price changes according to the length of the journey. The ticket from Orly to Paris costs approximately 9.85€.

Otherwise, if you prefer, you can get off at 'Antony' station and you can take the RER B. In this case you must buy another ticket at Antony before taking the RER B into Paris! The whole trip from Orly to Paris takes about 45 min.

From Beauvais Airport:

If you land at Beauvais Airport (1h15 away from Paris), a shuttle bus service is available and many airlines operate a constant bus service with Paris. Every 5 minutes a shuttle bus leaves from the airport, from 8.05 am to 10.20 pm. The price of a one way ticket is 13€. The bus will stop at 'Porte Maillot' metro station (line 1).

In Paris

- **Metro (subway):** Paris has an extensive metro system to get around the city with just one type of ticket (a metro map is available in Annex 1). One ticket is valid for one trip regardless of the distance traveled. It is cheaper to buy 10-tickets at a time by asking for a "carnet".

- **Bus:** You can use the same tickets on the bus as on the metro with one ticket per trip. You must punch your ticket when you board the bus. Buses which stop near UNESCO are the 28, 80, 82, 87 and 92. You can see the bus stops and metro stations near UNESCO on Map 1.
- For more information on getting around Paris: **www.ratp.fr**

ACCOMMODATION

Participants should have made their accommodation and travel arrangements, but we have provided a list of hotels near UNESCO headquarters in Annex 3.

VENUE OF THE 6TH UNESCO YOUTH FORUM

The 6th UNESCO Youth Forum will take place at UNESCO headquarters:

UNESCO
7, place de Fontenoy
75007, Paris

Warning: the entrance of the 6th Youth Forum is located at 125, avenue de Suffren, 75007, Paris.

The closest metro stations are (see Map 1): Ségur (line 10), Cambronne (line 6), Ecole Militaire (line 8).

UNESCO buildings

Be careful! There are *two* UNESCO buildings in Paris. All the Youth Forum sessions will be held in the main UNESCO building, **Fontenoy**, with the exception of the observers' parallel session (details on the venue for the observers' parallel session will be provided during the Forum). For your information, the other UNESCO building is located at 1, rue de Miollis.

Once you are at Fontenoy:

- **Youth Delegates and Observers registration:** The registration process will take place at the registration desk, right beside the entrance at 125 avenue de Suffren. Registration will take place on Wednesday 30th September from 5.00 to 7.00 pm and on Thursday 1st October from 8.00 to 9.15 am. **Youth delegates and observers are encouraged to register on Wednesday 30th September** in order to ensure that there is no delay to the schedule on Thursday 1st October.

All participants must have their passports with them in order to register.

On Wednesday the 30th, after the registration (7.00 pm), a welcome cocktail for the Youth Delegates will take place in the Conference Bar (floor -1).

- **Badges:** every participant will get a personal badge that you will have to show to get into the UNESCO building. **Keep your badge with you at all times during the Forum.**
- **Rooms:** during the Forum, several rooms will be available for the plenary sessions, for the parallel sessions and for the side events. Please, check the programme and the announcements to know where each session and event will take place. (**See Map 2 for the location of the rooms**).

WHERE TO EAT

During the Youth Forum, UNESCO will only provide coffee breaks and unfortunately we won't be able to provide any food or packed lunch. In order to make your own arrangements, we have provided you with a few suggestions on where to eat near UNESCO.

You will find near the 'Cambronne' and 'La Motte-Piquet Grenelle' metro stations (please, see Map 1) some restaurants, bakeries, food stores and shops where you can buy hot dishes, sandwiches, or drinks. You can also go to the UNESCO cafeteria or conference bar.

- The **UNESCO cafeteria** is situated on the 7th floor of the Fontenoy Building. Opening hours: 11h30 – 14h30, Monday to Friday.
- The **UNESCO Conference Bar** serves coffee, tea, drinks, cakes and sandwiches all day. This bar is located in the basement of the Fontenoy Building. Opening hours: 8h30 – 18h00, Monday to Friday.

Supermarkets:

- Daily Monop, 327, rue de Vaugirard, 75015, Paris
- Franprix, 272, rue de Vaugirard, 75015, Paris
- Franprix, 25, rue Desnouettes, 75015, Paris
- Franprix, 143, rue Lourmel, 75015, Paris
- G20, 23, rue George Bernard Shaw, 75015, Paris
- Monoprix Beaugrenelle, 19, rue Linois, 75015, Paris
- Monoprix Commerce, 19, rue Linois, 75015, Paris

Restaurants / Sandwich bars:

- La Sandwicherie Italienne, 42, rue Labrouste, 75015, Paris
- Restaurant Sandwicherie Grec Brancion, 67, rue Brancion, 75015 Paris
- Rapho (Lebanese restaurant), 10, rue Miollis 75015 Paris
- Le Bec Rouge (Traditional French restaurant), 46, Bis blvd Montparnasse 75015 Paris
- Matsuyama (Japanese restaurant), 155, rue Lecourbe, 75015, Paris
- Mina Mahal (Indian restaurant), 25, rue Cambronne, 75015, Paris
- Sawadee (Thai restaurant), 53 Avenue Emile Zola, 75015, Paris
- Soup'son (French restaurant), 18, rue de Vichy, 75015, Paris
- Tipaza (North African restaurant), 155, rue St Charles, 75015, Paris

Fast-food restaurants:

- Kentucky Fried Chicken, 349, rue Vaugirard, 75015, Paris
- McDonald's, 1, rue du Commerce, 75015, Paris
- McDonald's, 192, rue de la Convention, 75015, Paris
- Quick Hamburger Restaurant, 11, rue Vaugirard, 75015, Paris
- Pomme de Pain, 10 rue Départ 75015 Paris

JUST IN CASE

Medical Emergencies

In case of a medical emergency outside the UNESCO building, call the SAMU just dialing the emergency number 15. We would also recommend that you bring your health insurance documents with you, if you have them, or the European Sanitary

Card for European Union citizens (certificates E111 or E128 will be accepted as well).

No matter the time and where you are, if you need a doctor, call **SOS Médecins** dialing this phone number: **01 43 37 77 77**.

Influenza A (H1N1) procedures

If you experience flu-like symptoms such as fever, cough or sore throat, you should stay in your room and call a doctor (see the numbers above for a doctor and for emergency services). UNESCO provides an information leaflet for conference participants on the Influenza A (see Annex 2).

Within UNESCO

The medical service is located at the third floor, in the Fontenoy building. The offices are: 3.067 to 3.069. Opening hours: from Monday to Friday, 9.00 am – 6.00 pm. During the weekend, medical assistance within the building is provided by the Fire Brigade service (**emergency number: 18**).

If you need help, you can always call somebody in the Youth section (YSPE):

- Sarah Ansel, 06 74 66 97 91
- Teresa Del Ministro, 06 46 01 21 85
- Roxana Tablada, 06 43 35 93 77

HISTORICAL MONUMENTS

The Eiffel Tower

The Eiffel tower was built in 1889 for the universal Expo celebrating the 1st centenary of the French Revolution. The tower is 324 m high and from the top you get a unique view of the city.

Notre Dame Cathedral

The construction of the cathedral started in 1163 and it was finalized more than 200 years later. Notre Dame can contain over 6,000 people. The entrance is free, but the ticket for the tower visit costs 6 €. Despite the number of stairs, the view is worth the effort! Opening hours: every day, 8.00 am – 6.45 pm. Guided tours: every day, 9.30 am – 6.30 pm. Metro station 'Cité' (line 4).

Champs Elysées and Arc de Triomphe

The Champs Elysées is the famous avenue going from Place de la Concorde to the Arc de Triomphe. The Champs Elysées is also a renowned place for shopping. We recommend the visit and if you want to go shopping, just know that the shops are quite expensive.

At the top of the avenue (metro station 'Charles de Gaulle Etoile', lines 1, 2 and 6) there is the majestic Arc de Triomphe, built in the middle of the 18th century to commemorate the victories of Napoleon. Entrance: 6 € (roughly). Opening hours: 9.30 am – 11.00 pm every day.

Montmartre and the Basilique du Sacré Cœur

A roman-byzantine basilica on the top of the Montmartre hill, the Sacré Coeur is one of the main symbols of Paris. The entrance is free, but the access to the crypt and to the dome is costs about 5 euros.

If you want get to the top of the hill and you prefer to avoid the stairs, we would suggest you to take the funicular train from 'Anvers' metro station (line 2) and have a short walk in the area. Until the 19th century Montmartre was a village outside Paris, and a meeting point of artists and poets of the French Bohème. It is always pleasant to walk around in its narrow and picturesque streets.

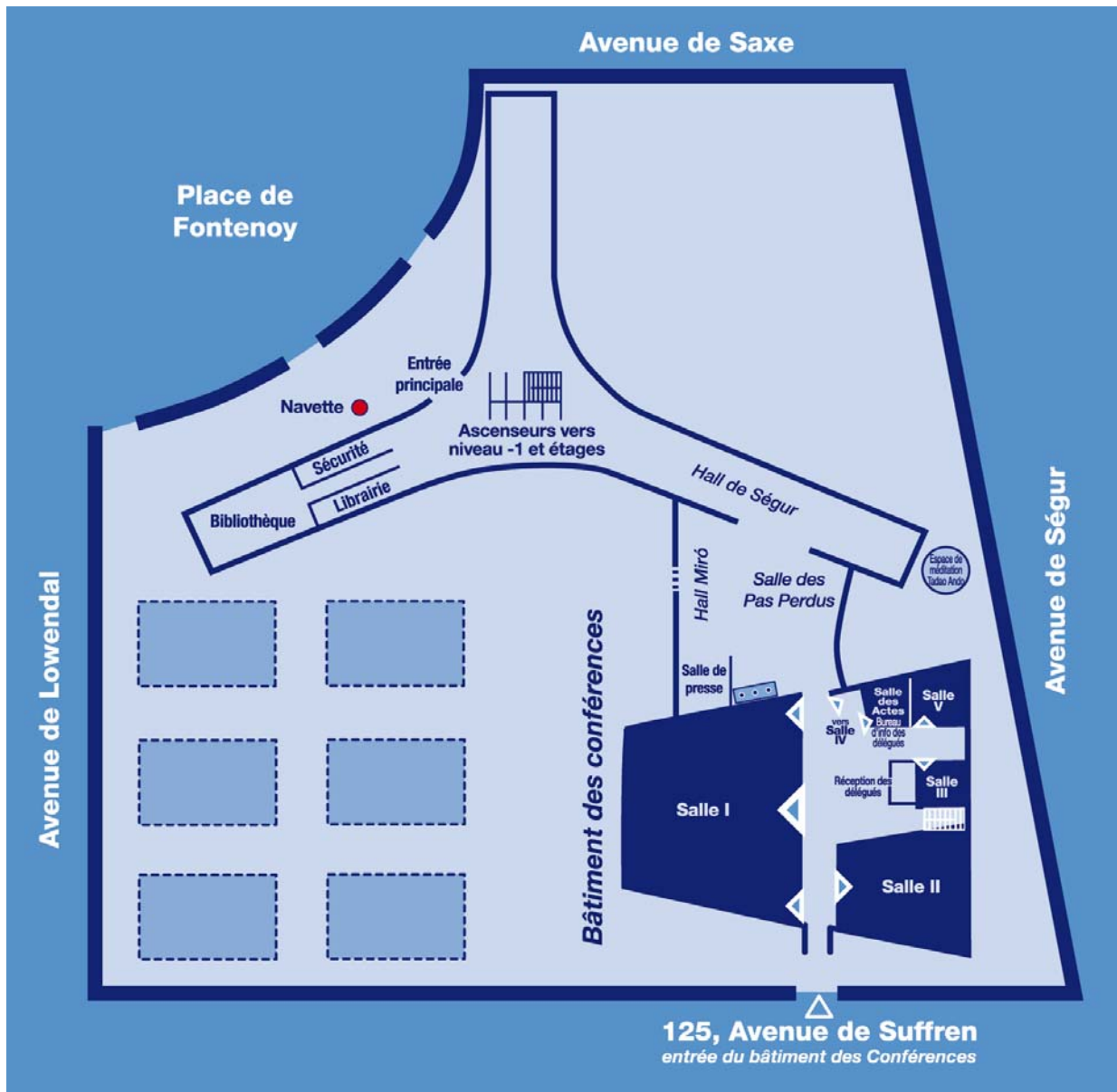
ANNEX 1 : MAPS

Map 1: The area near UNESCO



Map 2: UNESCO Fontenoy Building – location of the conference rooms

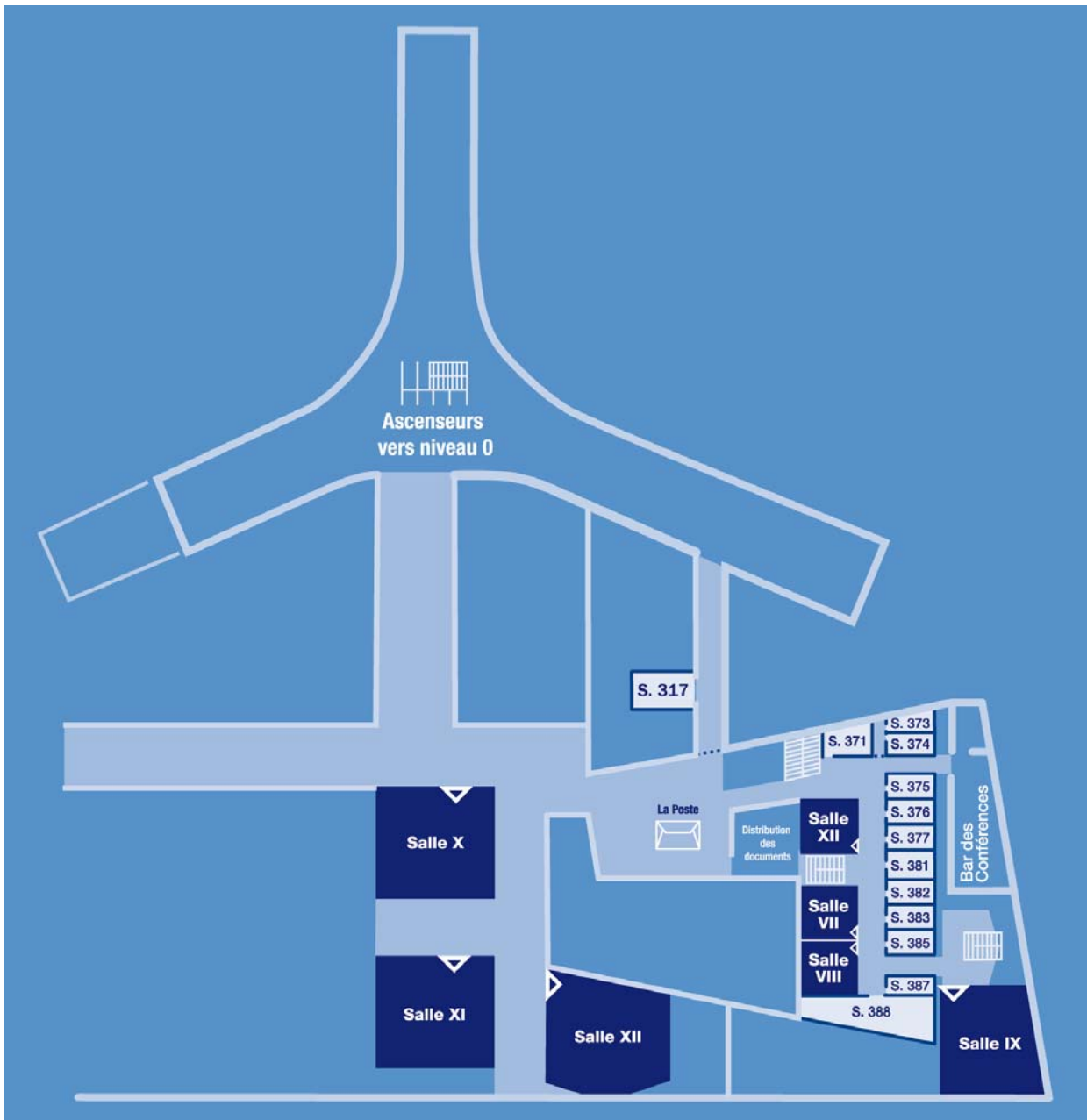
Level 0



Note: 'Salle' means 'Room'

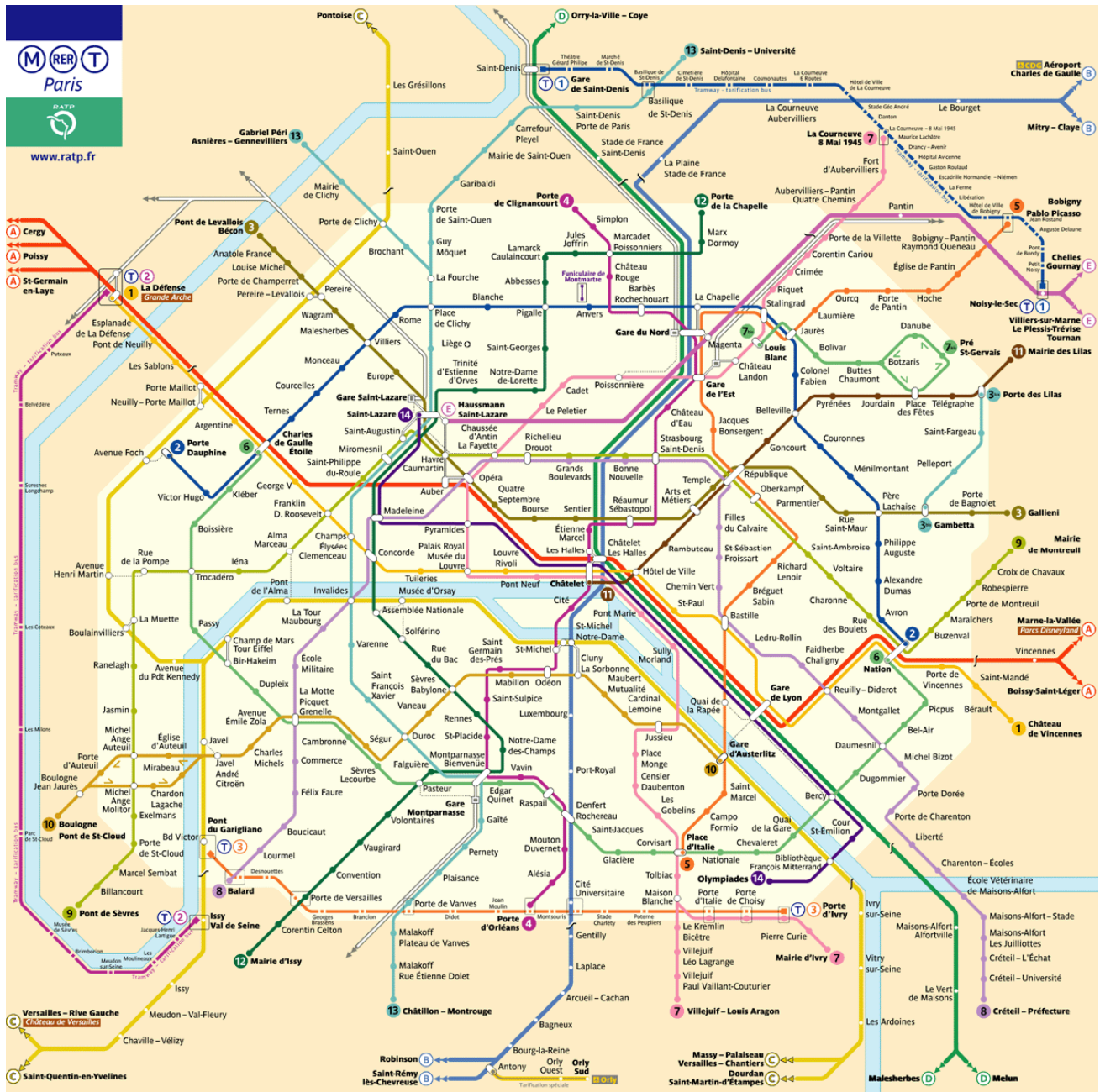
ENTRANCE

Level 1



Note: 'Salle' means 'Room'

Map 3: Paris Metro



ANNEX 2: H1N1 INFORMATION LEAFLET

INFORMATION LEAFLET FOR CONFERENCE PARTICIPANTS ON THE INFLUENZA A (H1N1) VIRUS

4 May 2009

WHAT IS THE INFLUENZA A (H1N1) VIRUS?

This is a new type of influenza or “flu” virus that is currently causing outbreaks of disease in people globally. It spreads mainly from person to person through coughing or sneezing of people with influenza. Occasionally people may become infected by touching surfaces contaminated with the virus, and then touching their own mouth or nose.

WHAT ARE THE SYMPTOMS OF INFLUENZA A (H1N1) VIRUS INFECTION?

The symptoms appear to be similar to that of regular human flu, and include fever, cough, sore throat, body aches, lethargy, headache, chills and fatigue. Some people have reported diarrhoea and vomiting associated with this virus.

HOW CAN I PROTECT MYSELF FROM THE INFLUENZA A (H1N1) VIRUS?

Protective measures to avoid getting or spreading the influenza A (H1N1) virus are the same as for seasonal flu, and most other respiratory infections. They include:

- Washing your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Encouraging all people to cover their mouth and nose when they cough or sneeze with a tissue, handkerchief or a sleeve. Do not cover your mouth with a bare hand: your hand may become infected and facilitate virus transmission to others.
- Trying to avoid close contact with sick people.

WHAT SHOULD I DO IF I AM SICK WITH FLU-LIKE SYMPTOMS?

If you experience flu-like symptoms such as fever, cough or sore throat, you should stay in your room and call a doctor. (you can dial 15 in France for emergency services).

WHAT PRECAUTIONS SHOULD I TAKE, AFTER I LEAVE THE COUNTRY OF THE CONFERENCE?

If you are well, you can return to work. However, if after leaving the country of the conference, you become ill with flu-like symptoms such as fever, sore throat, cough, blocked nose, chills, headaches, body aches, fatigue, and possibly diarrhoea and vomiting, you should remain home, and seek medical attention immediately.

WHERE CAN I FIND MORE INFORMATION?

More information can be found at:

- United Nations <http://www.un.org/staff/pandemic/>
- World Health Organization www.who.int/csr/disease/swineflu/en/index.html

ANNEX 3: Accommodation options near UNESCO Fontenoy

1. **Grenelle Paris Tour Eiffel** ★★★
140, Boulevard De Grenelle, 75015
Tél: +33 (0)1 45 75 26 54
Fax: +33 (0)1 45 77 73 94
Double / twin room per night 100 -130 Euros
2. **Relais de Paris Eiffel Cambronne** ★★★
166 Boulevard de Grenelle, 75015
Tél. +33 (0)1 44 49 63 63
Fax +33 (0)1 44 49 93 90
email: reservation@hotel-paris-eiffel-cambronne.com
Double / twin room per night 110 Euros
3. **Tryp De Saxe** ★★★
9 Villa De Saxe, Paris
Tel: (33) 1 44497840
Fax: (33) 1 47838547
E-mail: tryp.de.saxe@solmelia.com
Double / twin room per night: Price unconfirmed
4. **Eiffel Villa Garibaldi** ★★
48, Boulevard Garibaldi, Paris
Tél: +33 (0)1 56 58 56 58
Fax: +33 (0)1 40 56 31 33
Double / twin room per night: 95 to 155 Eur
5. **Best Western Eiffel Cambronne** ★★★
46 Rue De La Croix Nivert, 75015 Paris
<http://www.secure-hotel-booking.com/Hotel-Eiffel-Park/rateselection?sid=b42d1120-b70e-44c2-9c2e-f2da60bb536f>
Double / twin room -150 for 4 nights - on special internet deal
6. **Hotel Baldi** ★★
42 Boulevard Garibaldi, 75015 Paris
Tel: +33 (0)1 47 83 20 10
Fax: +33 (0)1 44 49 08 72
hotel.baldi@wanadoo.fr