



**SAMAL DUGGINS**

*"My Stay On The Island of Mahe In The  
Seychelles"  
Report*

**Monday 17<sup>th</sup> November – Tuesday 25<sup>th</sup> November  
2003**

## **Monday**

**I arrived by plane. From the window it was beautiful, everything had such vibrant colour, the trees were lush green and plentiful, the beaches and the reefs were breath taking. The island also had a structure that I found quite unique. There were large granite boulders everywhere but they were so smooth and decorative it seemed like a work of art.**

**The aeroplane landed about 11 a.m. and the open arms of my host, Sabrina Marie greeted me after clearing all security checks. We headed straight to the Sunrise Hotel where we spent the rest of the day together. I had the opportunity to meet Mr. Mathew Servina and converse with Mr. Alain De Comarmond via cell phone. Later that evening I was escorted around the Capital of Seychelles, by my host.**



## **Mr. Mathew Servina**

### **Tuesday**

**I was given the opportunity to meet with the Principal Secretary for Youth as well as the Director for Youth Development & Evaluation. I spent most of the day at the National Youth Centre where I met with some youth representatives from Mauritius and Reunion Islands currently in Seychelles for the establishment of the Indian Ocean Youth Assembly. The whole day was spent learning about the life and activities of the youth living in the countries of the Indian Ocean including young musicians like myself. I had dinner with Ms. Marie and family in the evening where I enjoyed a wonderfully prepared Creole meal.**

### **Wednesday**

**I met with Alain De Comarmond, SIV National Coordinator for Seychelles, and with the Director General for Youth. Lunch was spent in the company of the youth representatives from Mauritius and Reunion. I spent most of the afternoon walking around Port Victoria.**

### **Thursday**

**I was given the day to relax and properly recover from any jet lag experienced with the long flights and the 8 hour time difference. I used the time to listen to some music while relaxing with the wild birds under some fruit trees in the backyard of the hotel. The afternoon was spent touring the eastern side of the island with youth representatives. We went by bus from Victoria right down to Anse Royale.**



## **Friday**

**I spent the day at the CEFRAD Office with Mr. Servina where we had the opportunity to discuss cultural issues of the island. I was given the chance to see more of Victoria and life on the Island. I took some magazines, post cards and a few other items I had from my country (St. Kitts & Nevis) and distributed them around the town while meeting people.**

## **Saturday**

**I accompanied CEFRAD President at an all day workshop organized by the Seychelles Red Cross Society where I learned a great deal about the Global Society of the Red Cross. After the workshop I spent the rest of the day in my room reading through the booklets that were handed out and listening to music.**

## **Sunday**

**Mr. Servina took me on a tour around the Island down to Anse Royale where I had the opportunity to see how Seychellois enjoy Sunday at the beach and I enjoyed lunch at the famous 'Kaz Kreol Pizzeria Restaurant' I also had the opportunity to enjoy a swim on a beautiful day.**



## **Monday**

**I visited Paradise Radio, the major radio station in Seychelles where I did two interviews with two of Seychelles' most popular radio personalities. The first interview gave me the opportunity to speak about my country from a youth standpoint and the second one was from a more cultural perspective. The interviews also gave me the opportunity to showcase my musical talent. As should be expected, I enjoyed it**

all as I had a microphone☺. I spent the rest of the day relaxing at the hotel.

## Tuesday

I spent most of the day in town with Mr. Servina where I did some souvenir shopping and collected a coco de mer nut as a gift for the UNESCO office at home (St.Kitts). I also had the chance to visit the botanical gardens with Alain. I was astonished at the size of the fruit bats that were there and how the coco de mer actually grows. After leaving the botanical gardens I went back to the hotel to finish packing and make all my final preparations to leave. Finally, after a wonderful week around such friendly people, it was time to take the long journey half way across the globe back to St. Kitts. Mr. Servina accompanied me to the airport. At about 7:30 pm my trip to Seychelles came to an end and my journey back home begun.

