

**YOUTH VISIONING FOR ISLAND LIVING 2008**  
**APPLICATION FOR HIV and AIDS PROJECT**  
***project proposal form***

**PROJECT TITLE:** Promote HIV/AIDS & STI via national AFL season.

**SUBMITTED BY:** Horasio Cook, Nerida-Ann Hubert and David Dowiyogo of the Nauru National Youth Council (NNYC). Established in . NNYC is a Non Government Organisation that affiliates under the Nauru Youth Affairs Department.

**PROJECT LEADER(S):**

Horasio Cook is the newly elected President for NNYC. 23yrs of age. A Assistant Youth Officer for the Youth Affairs Dept.

Attended the Young Media Producer in Pohnpei – produced a short documentary on HIV/AIDS now out for distribution.

Nerida-Ann Hubert has been the General Secretary for NNYC the past 3yrs. 28yrs of age .Also represented the Youth of Nauru at the National Constitutional Review that sat for 6 weeks. A HIV/AIDS/STI Peer Educator. Attended a BCC 1 training conducted by SPC.

David Dowiyogo the Vice Secretary for NNYC. Has been involved in the Youth Council the past 10yrs. 33yrs of age. Trained Youth on Adolescence Reproductive Health every 3 months. Attended the Indigenous People's Rights in Brisbane, Australia. A HIV/AIDS/STI Peer Educator and attended BCC 1 and BCC 2 trainings by SPC.

**BACKGROUND:**

NNYC being a focal body for all youths on Nauru is obliged to fulfil and advocate all youth interests and development. It was also through their hard work and dedication that Nauru has a National Youth Day, 25<sup>th</sup> September and each year it is declared a Public Holiday. Every year, a week prior to our National Youth Day, we organise sporty activities from diving competitions to boxing, dancing, singing and this year we held a District Clean up competition which will now be an on going event for the many years to come, supported and backed by the Rehabilitation Corporation.

Apart from keeping our youths occupied with more constructive activities to keep them away from alcohol and crime, the NNYC realise that Education and education about reproduction and HIV/AIDS/STI are other main concerns that need to be addressed urgently.

For the record Nauru is HIV/AIDS free. Ideally we want to keep it that way.

But the STI cases in ages 15- 19yrs and young pregnancies are alarmingly rising we feel it necessary to tackle these issues through a HIV/AIDS project. With only a small population 10,000 (reported), HIV/AIDS would have a devastating impact on Nauru's economic and population. And it is our youth who are most at risk.

Nauru is passionate and famous for its love for Australian Football. It is the National Sport. The only sport that involves whole communities, draw Government concern and clans out of homes to show their support for their District teams. And each year it manages to draw a huge crowd every game and even more during the semi and grand final matches.

We wish to implement our HIV/AIDS project during the football season and conduct an evaluation program after the season.

This coming season will commence in early February 2009 with a short exhibition season for a new league (NAFL) that will run for 4 months. Then in June a full one round robin will start and end in September. After the season we will conduct an evaluation program with the HIV/STI Peer Educators.

We will collaborate our activities with the local HIV/STI Peer Educators, the Ministry of Sports and Ministry of Health and the Ministry of Education.

#### **SUSTAINABILITY:**

Already we have established strong relationships between Government and its Departments, sporting associations and various Private Sectors and communities who are more than willing to sponsor and donate to any Youth activities.

#### **BENEFICIARIES:**

The various youth groups and individuals who participate in the sporty events will broaden their knowledge and awareness on the importance of looking after ones health and body as well as the importance of caring for and being non-discriminative towards those affected by HIV/AIDS.

Also the Peer Educators will benefit from our support and assistance to achieve international goals in minimising and preventing STI/HIV/AIDS infections. They are a small active group who will benefit from the large number of willing hands offered from the youth council.

The small Ante natal Clinic will benefit from our promotion of family planning and safety against unnecessary pregnancies and help achieve their goals in lowering young pregnancies and cervical cancer.

Communities at large for we aim to cover all youth physical activities, events and through the awareness and promotion project the youths will be educated to

replace myths and misunderstandings that would in turn increase youth development and capacity building.

Republic of Nauru. Better health, stay HIV/AIDS free to would ensure a stable economy.

### **PARTNERS:**

Nauru National Youth Council will act as the initiator, planner and the organisers for the project.

### **- Other organizations:**

Minister of Education (Endorse proposal to Parliament)

Youth Affairs Department (Present council intentions to Government and authority body for any Youth proposals)

Nauru HIV/STI Peer Educators (Train and educate Youth Council on HIV/AIDS and STI issues and outreach process))

NAFL (Partner in organising and planning match days so both programs coincide and work well together)

Nauru Pandemic Committee (Supportive Body for preventative measures of HIV/AIDS)

Primary Health Care Workers (Help disseminate information within communities)

NIANGO (NGO support body, will deal with any law and human rights issues if any should occur)

Communities (Supportive environment)

Ministry of Education (Implement a reproduction curriculum – currently NA, for youth age school attendees)

Ministry of Health-Public Health (Channel for IEC materials and provider for condoms)

Ministry of Sports (Provide cranes etc for Billboards)

Ante natal Clinic (Will provide family planning IEC materials and test clinic)

**Media (Inform public of proposed activities and interview one of the organisers for public awareness.)**

### **DURATION:**

*1 February 2009 – December 31st 2009*

### **PROJECT TOOLS:**

Graphic Communication, Education, promotion and group work.

### **GOAL:**

*To have a wide spread understanding about HIV/AIDS and STI targeting vulnerable young people.*

*To create a supportive environment by rejecting taboos on open talks on sex and risk activities and eliminate myths on traditional cures.*

*To minimise the percentage of young girls falling pregnant and to decrease the number of STI infection rates.*

### **OBJECTIVE(S):**

1. To build a strong attention of people in general and those people in higher level of authority in particular to be aware of the reality of HIV/AIDS and its threat to our nation.
2. To involve community groups of people who have limited knowledge on HIV/AIDS and STI and family planning in pursuing education activities.
3. To teach young people about how HIV and STI can and cannot be transmitted, and how they can protect themselves from infection and protection from unnecessary pregnancies.
4. To promote the HIV/AIDS/STI information centre at Public Health. So people know where to go and seek advise and,
5. To develop trust between youths, community members and the Health Department. (Confidentiality).
6. Encourage young girls to attend Pap smear and both genders to attend the STI clinic for tests (for Trichomonas, Chlamydia, Gonorrhoea, Syphilis, HbAg and HIV if one believes to have come in contact with an infected person-OPI)
7. Encourage use of condoms to protect from infections and unnecessary pregnancies.
8. Ensure every one of all ages understand the need and importance of taking care of ones own health and body.

## **BENCHMARKS:**

*First month – February will be a preparation month for painting and putting up the Billboard on the 2 playing grounds and printing of IEC materials etc.*

*The following months during the training sessions, we will revisit the football clubs (last outreach was 2 years ago by Peer Educators) with the Peer Educators to do HIV 1 on 1 talks and pre and post tests as part of the outreach program. This will play as a reminder to those who have sat a HIV 1 on 1 outreach before and an awareness to the new recruits of junior football 16yrs plus. (Cover objective 3,4,5,6,7)*

*As well during match games we will engage the spectators in HIV/AIDS and STI pre tests and true and false quizzes. Give out pamphlets and have an information and condom stand.(Cover objective 1,2,7)*

*Provide a information stand at the footy matches.*

*Engage every one in HIV/AIDS and STI games during half time periods on Saturday games and give out rewards.*

*Have one on one talks with females/female groups on fields regarding clinical check ups for Cervical cancers, unnecessary pregnancies and STI.(Cover objective3,4,5,6,7)*

*All participants will be recorded (name, age, team, sex, and district/community) for future evaluation.(Cover objective 8)*

*After the season, we will revisit those on our lists for evaluation, making sure that they are in groups from their respective districts and do a post test on their knowledge on HIV/AIDS and STI issues. Different times for each gender.*

*We will give a copy of the list of participants to the Ante natal Clinic and they can give us a % number of how many actually did go in for tests. And their stats will show if the figure for young pregnancies have decreased during year 2009 and 2010. This will be part of our evaluation program to see whether our awareness and promotions were successful.(Cover objective 7)*

*Also data from the Medical Records will tell if there has been a decrease of STI infections during the footy season, after and through out year 2010.(Cover objective 7)*

*More Government support, community participation and youth involvement on World Aids Day would be a great outcome for the project.(Cover objective 1 and 2)*

### **ACTIVITIES:**

#### **- Awareness raising and promotional:**

1. Promoting Youth Visioning in your community;
2. We will have a meeting with the members of the Youth Council and the Director of Youth Affairs to tell them of our plan.
3. Have a meeting with the Nauru Australian Football League to discuss our proposal and come out with a plan that benefits both.
4. We will put up the billboards with HIV/AIDS/STI related messages on playing grounds.
5. We will set an interview date with Media to tell the public of our intentions after plans and programs for AFL season has been organised.

#### **- Tackling the issues:**

- **We will use the AFL playing grounds as our focal point.**
- **We will use the home teams per game to help with the dissemination of our information, pamphlets and HIV/STI games at half time period.**
- **We will visit all 8 football clubs covering junior teams 16yrs – open.**
- **Peer Educators and Public Health will provide IEC materials that we will photo copy for distribution. Band wrists with HIV/AIDS/STI/avoid pregnancy messages and condoms provided by Peer Educators will be given out to all participants at HIV 1 on 1 outreaches.**
- **Condoms will be donated by Public Health for the information stand at matches.**
- **Evaluation via pre and post tests, true and false quizzes and health stats and data on Infected cases and pregnancies.**

**ACTION NEEDED:**

We need to get approval from the Director of Youth Affairs to implement our project.

We need to confirm if NAFL will allow us to work with them on the field.

We need to prepare the Youth Council to the all year commitment to the project.

Need to set an outreach program with the Peer Educators.

We need to confirm that Public Health will be able to provide condoms to last the whole year.

We will need to get land owners approval to put up billboards.

**ITEMISED BUDGET:**

<b>Awareness Raising and Promotional activities</b>		<b>Quantity</b>	<b>Cost in Australian</b>	<b>Cost in US</b>
Paints		X 8	\$320	
Plywood2		X 8	\$800	
4 x 4 Timber		X 8	\$800	
4 x 2 Timber		X 8	\$800	
Nails 1 Inch		2 box	\$15	
Nails 1/2 Inch		2 box	\$15	
Paint brushes		X 6	\$60	
A4 paper		X 4	\$80	
Canon Photo coppier Ink Cartridge		X 2	\$100	
Canon LBP 3300 Printer		X 2	\$150	
Samples of IEC materials		Free		
Condoms		Free		
Wrist bands		Free		
<b>Transport</b>				
Car		Free		
Petrol		10 litres X 8	\$160	
		<b>Visit Footy Club</b>		
		10 litres x15	\$150	
		<b>Evaluate communities</b>		
<b>Total Cost</b>			<b>\$3,450</b>	<b>\$1,725</b>