

**YOUTH VISIONING FOR ISLAND LIVING 2008**  
***APPLICATION FOR HIV and AIDS PROJECT***  
***PROJECT PROPOSAL FORM***

***ABBREVIATIONS***

AIDS	-	Acquired Immunodeficiency Syndrome
BCC	-	Behaviour change communication
FHI	-	Family Health International
HIV	-	Human Immune Deficiency Virus
IDU	-	Injecting Drug Users
IEC	-	Information, Education and Communication
MARPS	-	Most At- risk Population
MSM	-	Men having Sex with Men
SHACCOMS	-	Shehia AIDS Coordinating Committee
YOSEFO	-	Youth Self-Employment Foundation
ZACP	-	Zanzibar AIDS Control Program
ZAC	-	Zanzibar AIDS Commission

**PROJECT TITLE:** Empower youth and communities to respond to HIV and AIDs in Zanzibar Island.

**SUBMITTED BY:** ALAMA HAJI KHATIB

**ORGANIZATION:** YOUTH SELF- EMPLOYMENT FOUNDATION

**PROJECT LEADER(S)**

**Alama Haji Khatib (30 Years)**

She is the member of the organization since 1998. She has a very long experience in dealing with HIV and AIDs issues related to in-school and out- of –school youth. She coordinated several HIV and AIDs projects funded by AFRCARE Tanzania and Family Health International – FHI She has attended seminars on Peer Education Training on HIV and Aids, Training on Stigmatization, Training on Life Skills etc. (See her attached CV)

**1. Harith Abdulla Mohamed ( 20 Years)**

He is a Form 4 graduate. He is a member of YOSEFO since 2006 and from that time till to date he is very much engaged in HIV and AIDs activities. While in school he learnt HIV and AIDs issues as a subject. He also attended a workshop on stigmatization organize by State University in Zanzibar.( see his attached CV).

## **BACKGROUND:**

*The rationale behind the implementation of this project is of many folds which include the followings:*

- *In the year 2003 Zanzibar AIDs Commission (ZAC) conducted Situation and Response Analysis to prepare Zanzibar National HIV/AIDS Strategic Plan for the years 2004/5 – 2008/9. Among main issues/gaps identified addressing the youth as vulnerable to HIV infection and absence of a sound educational strategy that would protect the majority of young people (the future generation). Responding to that situation Youth Self-Employment Foundation (YOSEFO) had seen the importance of carrying out various HIV interventions to both in – school and out- of –school youths so as to bridge the gaps.*

*YOSEFO has conducted some HIV youth projects funded by AFRICARE and Family Health International (FHI). On the side of the AFRICARE there was no continuation of the interventions though there was a great need from different Shehias. The recent project was that one approved to get funding from Family Health International UJANA Rapid Response Grant to implement the project titled as “Out of School HIV Intervention.” This proposal had earmarked youth living in the coastal areas of Western District in Zanzibar who are experiencing the following issues:-*

- Increased reported cases of HIV and AIDS and 161 people were reported positive
- Low utilization of available HIV and AIDS prevention , care and treatment services
- Limited behaviour change the situation which put the district the third in ‘high risk’ and many infected people including youth.

Due to the nature and customs of youth in these areas who most of them are engaged in fishing and camp for fishing in neighbouring countries, it was highly anticipated that there were and still are various opportunities which may lead them to ‘high risk’ of infection. This was a core problem lead to the implementation of that proposal.

Youth are very potential and powerful force for change in the households, in the lives of their peers, and in the community. Yet, much more is needed. We therefore hope that this project will provide young people and the general population with information, motivation and inspiration to undertake the creative, daring and crucial action needed to make respect for human rights in the context of HIV/AIDS become a reality for all.

### **Goal and Objectives of the project**

**Goal:** To contribute to a decrease in the rate of HIV transmission among young fishermen and their wives living in rural Western District.

### **Project Objectives:**

There were three main objectives for the project:

#### **Objective 1:**

To train 20 young fishermen or fishermen’s wives and 20 parents of fishermen within 6 Shehias of rural West district (namely Fumba, Bweleo, Dimani, Kombeni, Shakani and Maungani) as peer educators, by April, 08.

**Objective 2:**

To increase knowledge and skills to 400 young fishermen/fishermen's wives on HIV prevention in order to reduce risk behaviour which leads to new HIV and AIDs infection among young fishermen in 'high risk' population within 6 Shehias of rural West district (namely Fumba, Bweleo, Dimani , Kombeni ,Shakani Maungani) by May ,2008.

**Objective 3:**

To increase knowledge and skills of 400 parents of young fishermen to better communicate with their children about, and to have a common understanding of HIV and AIDS, and 192 community members within 6 Shehias of rural West district ( namely Fumba, Bweleo, Dimani, Kombeni, Shakani and Mungani)

That project was successful to the extent that both youths and their families had promised to continue educating themselves.

**SUSTAINABILITY**

*The project is based on previous activities which were funded by FHI. Through these activities it was possible to train 20 youth peer educators who had really done a commendable job educating other 400 youths in their localities. It is our hope that this project will enhance the youth spirit and continue to engage them fully in combating the epidemic. We will develop a road map of three years to start with which will help us also to seek funds and support from potential local businesses.*

**BENEFICIARIES:**

The groups who will benefit from this project are mainly categorized as "Most at Risk Population" –MARPS particularly out- of school youth and ( eg sex workers, MSM, Drug abusers , IDUs), and the general population. The project will target the 2000- 3000 out – of school youth in the Zanzibar. It will also target 1000-2000 family members in the 6 Shehias encompassing more than 20 villages. Not only that, but more than 12,000 youth and 8,000 adults will be reached through media.

**PARTNERS:****Lead organization**

Lead organization is Youth Self- Employment Foundation. The resources it will contribute will be the office and office facilities as well as human resources in terms of expertise. It will also make plans in collaboration with other partners.

**Other organizations:**

Other organizations who will be involved are

- Grassroots level HIV committees known as Shehia HIV committees – SHACCOMS ( will provide spaces for meetings and spiritual support)
- youth clubs in the respective selected areas ( will mobilize youths participation in various HIV interventions)

- Community leaders and influential people( will play a role of convincing both youth and adults to participate in the activities)
- *Networks of people living with HIV and AIDS (Will be among resource persons/facilitators)*
- Zanzibar AIDs Commission – ZAC ( will provide guidelines and material support )
- Zanzibar AIDS Control Program – ZACP( will provide material support)

**DURATION:**

11 Months 1<sup>st</sup> January to 30<sup>th</sup> November, 2009.

**PROJECT TOOLS:**

*A theme by which the project will fight HIV and AIDS is **Education and Communication.***

**GOAL:**

*To use public awareness campaigns to fight discrimination in the community*

**OBJECTIVE(S):**

1. To reject myths and misconceptions, and fight unnecessary HIV/AIDS related discrimination.
2. To empower young people, to promote their rights and to inform them about how HIV can and cannot be transmitted, and how they can protect themselves.
3. To discuss more openly sexuality and sexually transmitted diseases, as well as injecting drug use.
4. To draw the attention of people in general and those in positions of authority in particular to accept the reality of HIV in our communities, and to recognise the rights of people living with HIV/AIDS.
5. To involve more and more people living with HIV/AIDS in campaigns and education activities.

**BENCHMARKS:** *(For each objective, list ways in which it can be measured so that you know that the project has contributed positively and significantly to the goal. For example, a survey of 50 people) - ;*

For objectives 1-3 we will do a survey of at least 50 participants before our shows to see how much they know about HIV and AIDS issues. After our shows we will survey the same participants again with the same survey. This will show us how much they learnt from participating in our project and whether our project was informative and a success.

For objective 4 we hope to attract over 100 people from the community to participate in our activities through dialogue, debates and writing competition.

For objective 5 we hope to involve at least 2 people living with HIV and AIDS to make presentations during our activities.

## **ACTIVITIES:**

- Awareness raising and promotional:

1. Promoting Youth Visioning in our community.
2. We will first call a meeting with our entire peer youth educators to explain our project and talk about the Youth Visioning initiative and their partners;
3. We will call newspapers, television and radio to tell them about our project;
4. Dialogue and debates (selected topics)
5. We will create IEC/BCC materials related to our project and distribute them in the selected areas.

### **- Tackling the issues**

All our objectives will be achieved by:

1. Visiting 6 Shehias and performing drama shows. The show will be written and performed by Zanzibar Theatre group.
2. Using materials from the ZAC and ZACP Offices we will make presentations and encourage discussions before and after the shows to educate the out-of- school youth on HIV and AIDS;
3. We will have HIV and AIDS speakers talking about their life with HIV and AIDS;
4. We will then allow the participants in cooperation with our trained peer educators to create their own drama shows to see whether they learnt anything;

## **ACTION NEEDED:**

During planning, the followings will be needed:-

- To see what we have and what we do not have in terms of expertise and materials.
- To find out what are really important/effective and useful activities to be carried out.
- To involve youth and the community at large as much as possible.
- To win support from influential people within the communities we are going to work.
- To confirm that the Zanzibar Theatre will be ready to work with us and assist us.
- To contact ZAC and ZACP Offices to ensure that they have enough materials to distribute for our project;
- To contact the Shehia leader to confirm that they will be willing to allow us to go to their areas and perform;
- To identify and arrange transport to Shehias
- To select words and images carefully
- To pre- test the materials all materials we are going to develop.

During the implementation, the followings will be needed:-

- High involvement of the youth groups both male and female.
- Use positive images

- Inculcate spirit of networking
- M&E ensuring things are implemented as planned.

### ITEMISED BUDGET:

Our currency is the Tanzanian Shillings. The exchange rate is approximately 1\$US = 1200 T.sh.

	Cost in T.sh	Cost in T.sh
<b>Awareness Raising and promotional activities</b>		
Development and printing of IEC/BCC materials and Posters	Writing of BCC materials: 3 pax x 4 days @ 15,000/- = <b>180,000/-</b> Printing:800 copies @ 700/- = <b>560,000/-</b>	<b>740,000/-</b>
Writing Pads	4 writing pads @ 1000/- = <b>4000/-</b>	<b>4,000/-</b>
Pens	4 pens @ 300/- = <b>1200/-</b>	<b>1200/-</b>
Venue	In kind the office will provide	-
Advertisement in the newspaper to promote our project	20,000/- x 10 times= <b>200,000/-</b>	<b>200,000/-</b>
<b>Sub-total</b>		<b>945,200/-</b>
<b>Drama activities</b>		
Paper for writing scripts	2 rims @ 7000/-= <b>14,000/-</b>	<b>14,000/-</b>
Transportation	6 trips @ 50,000/- = <b>300,000/-</b>	<b>300,000/-</b>
Materials for the drama shows: Paper	2 rims of manila sheets @ 12,000/- = <b>24,000/-</b>	<b>824,000/-</b>
Chairs	5 @ 10,000/= <b>50,000/-</b>	
T-Shirts(printed)	50@15,000/- = <b>750,000/-</b>	
Photo processing	<b>200,000/-</b>	<b>200,000/-</b>
HIV and AIDS presenters	1 team @ 70,000/- x 6 = <b>420,000/-</b>	<b>420,000/-</b>
HIV and AIDS materials from ZAC and ZACP	In-kind (The offices will provide us with free materials)	
Space for performance Drama shows	In-kind (The Shehias will let us use their premises for free)	

<b>Sub-total</b>		<b>1,758,000/-</b>
<b>Radio programs</b>	Development: 4 pax @ 15,000x 4 days= <b>240,000/-</b> Refreshments: 4 @ 2000/- x 4 days= <b>32,000/-</b> Writing pads: 4 @ 800/-= <b>3200/-</b> Pens 4 @ 300= <b>1200/-</b> Airing 15 times @ 8,000/ = <b>120,000/-</b>	<b>277,600/-</b>
6 Debates and 6 Dialogues  (For debates, there will be 8 participants for each session, which 4 are supporters and 4 opposers making the total of 48.  There will be 6 sessions of dialogue attended by 20 participants per session.	Transport 48 @ 5000 = <b>240,000/-</b>  Prizes 48 mask local @2500 = <b>120,000/-</b>  and 24 flippers @27,000/- = <b>648,000/-</b>  <b>6 sessions dialogue</b> Transport: 20 participants x 6 sessions @ 5000/- = <b>600,000/-</b>	<b>1,608,000/-</b>
<b>Sub-total</b>		<b>1,885,600/-</b>
<b>Reporting</b>		
Printing		
Photo processing		
Internet café and communication		
<b>Sub-total</b>		
Administrative cost		<b>200,000/-</b>
<b>TOTAL</b>		<b>4,788,800/-</b>
<b>TOTAL IN US DOLLARS</b>		<b>US\$ 3990.7</b>

## YOUTH SELF EMPLOYMENT FOUNDATION

### YOUTH VISION ACTIVITIES WORK PLAN

ACTIVITY	WHEN	WHERE	RESPONSIBLE PERSON	REMARKS
Introduction meeting with partners	16 <sup>TH</sup> February to 21 <sup>ST</sup> Feb,2009	At partners premises	Project coordinator/ contact person	
Development and printing of IEC/BCC materials and Posters	2 <sup>ND</sup> March to 5 <sup>TH</sup> March,09	YOSEFO Office	DO	
Advertisement in the newspaper to promote our project	Periodically during the project implementation	Media Offices	DO	
<b>DRAMA ACTIVITIES</b>				
Preparation for materials	10 <sup>TH</sup> March to 17 <sup>TH</sup> March,09	YOSEFO Office	Project coordinator	
Drama show	28 <sup>TH</sup> March,09	Fumba	DO	
DO	4 <sup>TH</sup> April,9	Bweleo	DO	
DO	11 <sup>TH</sup> April,09	Dimani	DO	
DO	18 <sup>TH</sup> April,09	Maungani	DO	
DO	25 <sup>TH</sup> April,09	Shakani	DO	
DO	2 <sup>ND</sup> May,09	Kombeni	DO	
<b>RADIO PROGRAMS</b>				
Development of radio programs	18 <sup>TH</sup> March to 21 <sup>ST</sup> March,09	YOSEFO Office	Project coordinator	
Airing of radio programs	Approximately twice a month April to December,09	Radio Zanzibar	Radio program officer	
<b>DEBATES AND DIALOGUES</b>				
Survey of participants	9 <sup>TH</sup> May,09	Maungani	Project coordinator	



before the debate				
Debates	9 <sup>th</sup> May,09	Maungani	Project coordinator	
DO	16 <sup>th</sup> May,09	Shakani	DO	
DO	23 <sup>rd</sup> May,09	Fumba	DO	
DO	30 <sup>th</sup> May,09	Kombeni	DO	
DO	6 <sup>th</sup> June,09	Dimani	DO	
DO	13 <sup>th</sup> June,09	Bweleo	DO	
Dialogues	27 <sup>th</sup> June,09	Kombeni	DO	
DO	4 <sup>th</sup> July,09	Shakani	DO	
DO	17 <sup>th</sup> July,09	Fumba	DO	
DO	24 <sup>th</sup> July,09	Dimani	DO	
DO	1 <sup>st</sup> August,09	Maungani	DO	
DO	15 <sup>th</sup> August	Bweleo	DO	

**Note: Surveys will be carried out before and after each activity to ensure understanding of the participants**