



United Nations
Educational, Scientific and
Cultural Organization

Intangible
Cultural
Heritage

NGO accreditation

ICH-09 – Form

Reçu CLT / CIH / ITH

Le

23 MAI 2014

N°

0429

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REQUEST BY A NON-GOVERNMENTAL ORGANIZATION TO BE ACCREDITED TO PROVIDE ADVISORY SERVICES TO THE COMMITTEE

DEADLINE 31 MAY 2014

Instructions for completing the request form are available at:

[HTTP://WWW.UNESCO.ORG/CULTURE/ICH/EN/FORMS](http://www.unesco.org/culture/ich/en/forms)

1. Name of the organization

1.a. Official name

Please provide the full official name of the organization, in its original language, as it appears in the supporting documentation establishing its legal personality (section 8.b below).

Association for Natural Medicine in Europe e.V.

1.b. Name in English or French

Please provide the name of the organization in English or French.

Association for Natural Medicine in Europe e.V.

2. Contact of the organization

2.a. Address of the organization

Please provide the complete postal address of the organization, as well as additional contact information such as its telephone number, e-mail address, website, etc. This should be the postal address where the organization carries out its business, regardless of where it may be legally domiciled (see section 8).

Organization: ANME e.V.

Address: Waldstr. 21, D-61137 Schöneck

Telephone number: +49-6147-9928121

E-mail address: info@anme.info

Website: www.anme-ngo.eu

Other relevant information: ANME is listed in the EU Transparency Register:
<http://ec.europa.eu/transparencyregister/public/consultation/listlobbyists.do?locale=de&reset=>

2.b Contact person for correspondence

Provide the complete name, address and other contact information of the person responsible for correspondence concerning this request.

Title (Ms/Mr, etc.):	Ms.
Family name:	Laubstein
Given name:	Nora
Institution/position:	President
Address:	Waldstr. 21, D-61137 Schöneck
Telephone number:	+49-6147-9928121
E-mail address:	info@anme.info
Other relevant information:	

3. Country or countries in which the organization is active

Please identify the country or countries in which the organization actively operates. If it operates entirely within one country, please indicate which country. If its activities are international, please indicate whether it operates globally or in one or more regions, and please list the primary countries in which it carries out activities.

<input type="checkbox"/> national
<input checked="" type="checkbox"/> international (please specify:)
<input type="checkbox"/> worldwide
<input type="checkbox"/> Africa
<input type="checkbox"/> Arab States
<input type="checkbox"/> Asia & the Pacific
<input checked="" type="checkbox"/> Europe & North America
<input type="checkbox"/> Latin America & the Caribbean

Please list the primary country(ies) where it is active:
Austria, Germany, Switzerland, France, Latvia, Netherlands, Spain, Italy

4. Date of its founding or approximate duration of its existence

Please state when the organization came into existence.

May 2001

5. Objectives of the organization

Please describe the objectives for which the organization was established, which should be 'in conformity with the spirit of the Convention' (Criterion C). If the organization's primary objectives are other than safeguarding intangible cultural heritage, please explain how its safeguarding objectives relate to those larger objectives.

Not to exceed 350 words; do not attach additional information

ANME is an international coalition of organizations, manufacturers, foundations, professionals of health prevention and individuals in Europe who are active in the areas of naturopathy, traditional medicine, complementary and alternative medicine as well as in salutogenesis - health promotion for human beings and animals (grouped under the acronym "CAM"). The reason of founding ANME e.V. in 2001 has been the common sense to realize and promote Natural Medicine, Traditional Medicine and Naturopathy (=TM/CAM) as a cultural treasure and heritage of all mankind. Within the framework of the UNESCO Convention for the Safeguarding of the Intangible Cultural Heritage, ANME e.V. endeavours to identify and document traditional medicines which, through the legal situation, are in danger of being unable to retain or obtain the status of a medicinal product.

Most European members of ANME e.V. are daily working health practitioners and patients keeping the old traditions of healing methods. Considering in particular concerns of quality assurance, efforts need to be made to prevent traditional medicines from disappearing. As an NGO and Non-Profit Organisation,

- it identifies and describes the reality of TM/CAM - in daily working conditions and in political relations to legislation.
- it supports the initiative of specific therapies (e.g. the KNEIPP-therapy) and their representatives on regional, national and European level.
- it is the initiator of research projects, e.g. "Traditional Medicine and migrants" (please see: attached a confidential script in German)

6. The organization's activities in the field of safeguarding intangible cultural heritage

Sections 6.a to 6.c are the primary place to establish that the NGO satisfies the criterion of having 'proven competence, expertise and experience in safeguarding (as defined in Article 2.3 of the Convention) intangible cultural heritage belonging, inter alia, to one or more specific domains' (Criterion A).

6.a. Domain(s) in which the organization is active

Please tick one or more boxes to indicate the primary domains in which the organization is most active. If its activities involve domains other than those listed, please tick 'other domains' and indicate which domains are concerned.

- oral traditions and expressions
- performing arts
- social practices, rituals and festive events
- knowledge and practices concerning nature and the universe
- traditional craftsmanship
- other domains - please specify:

6.b. Primary safeguarding activities in which the organization is involved

Please tick one or more boxes to indicate the organization's primary safeguarding activities. If its activities involve safeguarding measures not listed here, please tick 'other safeguarding measures' and specify which ones are concerned.

- identification, documentation, research (including inventory-making)
- preservation, protection
- promotion, enhancement
- transmission, formal or non-formal education
- revitalization
- other safeguarding measures – please specify:

6.c. Description of the organization's activities

Organizations requesting accreditation should briefly describe their recent activities and their relevant experience in safeguarding intangible cultural heritage. Please provide information on the personnel and membership of the organization, describe their competence and expertise in the domain of intangible cultural heritage and explain how they acquired such competence. Documentation of such activities and competences may be submitted, if necessary, under section 8.c below.

Not to exceed 750 words; do not attach additional information

ANME's work concentrates on the following points:

- bringing together European and national specialized groups, professional organisations and associations as well as patient groups and biopharmaceutical manufactures, education institutes and committed individuals.
- non-profit and voluntary work which serves the well-being of all European citizens.
- supporting the work of specialized groups, patient groups, national and European institutes as well as groups whose work contributes to reinforce and promote the importance of complementary and alternative medicine.
- demanding to respect CAM as an intangible cultural heritage of all mankind as per the UNESCO Convention.
- representation of the interests of traditional natural healing and of natural medicine (TM/CAM) in the fields of health, nutrition, consumer protection and research at European, national and sub-regional level.

ANME supports the safeguarding and the recognition of TM/CAM by a number of activities and projects:

- it initiates and conducts research activities such as the collection of data on TM/CAM (e.g. EU-funded CAMBRELLA Research project 2009-2012, Member of the Advisory Board, www.cambrella.eu)
- as an interest group it takes stand on relevant political and legal decisions projects (e.g. EU-policies on patient's rights, Member of the European Public Health Alliance-EPHA www.eph.org)
- the ANME-Award promotes persons who have done excellent activities in the field of TM/CAM (www.anme-ngo.eu/de/anme/foerderpreis.html)
- the association regularly brings together all relevant actors in a diversity of symposia and meetings and awareness-raising projects (since 2004 ANME has organized four European TM/CAM Symposia: www.anme-ngo.eu/symposia)

- the 4th Symposium was held in Vienna together with the Austrian National Agency for Intangible Cultural Heritage in 2010 (please see attached file:4th EU-symposium in Vienna),
- the 5th ANME EU-Symposium in September 2013 in Brussels (“Legal practice of CAM”) brought together CAM-providers of all health professions in Europe. As a result of the meeting an European Committee for CAM profession was founded, which is to draft a common occupational profile for all CAM professions.

Our members have a profound knowledge and education in terms of knowledge and practices concerning nature and the universe. There are scientists too, working in the field of anthropology, pedagogic, pharmacy, medicine and research.

our Extended Board-members you can find under www.anme-ngo.eu/en/anme/board.html

ANME cooperates with some outstanding experts, e.g.

- Mag. Maria Walcher, former president Österreichische Nationalagentur der UNESCO-Austria, ANME member,
- Dr. Michaela Noseck-Licul, Dokuzentrum Wien (www.cam-tm.com), laureate of the ANME Award 2001, at present Director of CAM Documentation Center, Vienna, ANME member
- Dr. Mathias Schmidt, expert for herbal drug politics (www.herbresearch.de), President of ANME scientific advisory council, ANME member
- Marion Caspers-Merk, former governmental representative of patients, Germany, at present president of KNEIPP-worldwide (ANME member)

For a list of ANME supporters please see: <http://www.anme-ngo.eu/en/links.html>

ANME provides relevant information on CAM as intangible cultural heritage on its website, in order to inform the public and its members about the necessity and activities of safeguarding CAM methods and remedies. On the Website you will find e.g. a section on recent research on CAM methods, a documentation of studies on CAM related issues and up-to-date information about CAM related political discussions, e.g. “evidence based medicine”, “integrative medicine”. By means of this information, ANME seeks to contribute to the promotion and protection of CAM methods, CAM traditions and CAM traditions.

7. The organization’s experiences cooperating with communities, groups and intangible cultural heritage practitioners

The Committee will evaluate whether NGOs requesting accreditation ‘cooperate in a spirit of mutual respect with communities, groups and, where appropriate, individuals that create, maintain and transmit intangible cultural heritage’ (Criterion D). Please briefly describe such experiences here.

Not to exceed 350 words; do not attach additional information

Regular activities of ANME e.V. encompass:

- working together with medical and non-medically oriented physicians to become a Think Tank with regard to the future of TM/CAM
- creation of a European-wide CAM community * (e.g.: EFCAM, EUROCAM, CAMDOC, REFORMED, ETCMA, EUAA, ECCH,ECH, IVAA a.o.)
- political support of national CAM-organizations (UDH, BDH, DNB, APA, ANH, FENACO, SIHEN, XUND a.o.)* and for the recognition of natural medicine systems TM/CAM in politics
- organization of five European ANME symposiums, see: <http://www.anme-ngo.eu/en/eu-symposia.html>

- giving data-input for EU-authorities (DG-SANCO, DG Internal Market+Services, EMA, EFSA and relevant committees)*
- support of TM/CAM projects like "CAMbrella" or "TM of migrant people"

*most abbreviations please see under www.anme-ngo.eu/Links

Since 2003, ANME is a member of EPHA-European Public Health Alliance. Several members of our extended board are attending meetings like the Annual Conference, PCM-Political Coordination Meeting or several Working Groups (esp. CAM-WG, Health Professionals-WG, Pharmaceutical-WG)

Since 2005, ANME is a member of ECHAMP-European Coalition for Homeopathic and Anthroposophical Medicinal Products.

Since 2009, ANME is a member in the CAM-Interestgroup of MEPs, EU-Parliament

In February 2009, ANME initiated a motion to implement a separate article regarding ICH in the new EU-Directive about "patient's rights": "Today and in future each patient in Europe and each member state has the right to claim traditional/CAM methods in its original context as an Intangible Cultural Heritage." ANME has contacted the EU-Commission, DG-Sanco and DG Education, national UNESCO authorities in Austria and Germany and national ministries for Health. In Austria, we are in close relationship with the Austrian Commission for UNESCO in charge of the national implementation of the ICH Convention. We have had a common European Symposium 2010 in the Austrian Ministry for Health. In Germany, we are also in contact with the National Commission for UNESCO and participated in some of their workshops on ICH together with other ICH practitioners. We support Kneipp-Worldwide and the Deutscher Naturheilbund.

8. Documentation of the operational capacities of the organization

The Operational Directives (paragraph 97) require that an organization requesting accreditation submit documentation proving that it possesses the operational capacities listed under Criterion E. Such supporting documents may take various forms, in light of the diverse legal regimes in effect in different States. Submitted documents should be translated whenever possible into English or French if the originals are in another language. Please label supporting documents clearly with the section (8.a, 8.b or 8.c) to which they refer.

8.a. Membership and personnel

Proof of the participation of the members of the organization, as requested under Criterion E (i), may take diverse forms such as a list of directors, list of personnel and statistical information on the quantity and categories of members; a complete membership roster usually need not be submitted.

Please attach supporting documents, labelled 'Section 8.a'.

8.b. Recognized legal personality

If the organization has a charter, articles of incorporation, by-laws or similar establishing documents, a copy should be attached. If, under the applicable domestic law, the organization has a legal personality recognized through some means other than an establishing document (for instance, through a published notice in an official gazette or journal), please provide documentation showing how that legal personality was established.

Please attach supporting documents, labelled 'Section 8.b'.

8.c. Duration of existence and activities

If it is not already indicated clearly from the documentation provided for section 8.b, please submit documentation proving that the organization has existed for at least four years at the time it requests accreditation. Please provide documentation showing that it has carried out appropriate safeguarding activities during that time, including those described above in section 6.c. Supplementary materials such as books, CDs or DVDs, or similar publications cannot be taken into consideration and should not be submitted.

Please attach supporting documents, labelled 'Section 8.c'.

9. Signature

The application must include the name and signature of the person empowered to sign it on behalf of the organization requesting accreditation. Requests without a signature cannot be considered.

Name: Nora Laubstein

Title: President

Date: 22.5.2014

Signature:

A handwritten signature in black ink, appearing to read "N. Laubstein". The signature is written in a cursive style with a large initial "N" and a distinct "Laubstein" following.

Annex 8a:

May 2014

Reçu CLT / CIH / ITH

Le 26 MAI 2014

N° 0434

ANME e.V.

Request to be Accredited to Provide Advisory Services to the UNESCO Committee 2014

additional information regarding **section 8a**

Membership and personnel

ANME has 58 member organizations and about 200 individual members, see attachment „ANME member organizations 2014“. Several member organizations are themselves umbrella organizations – the biggest one comprising more than 10,000 members, two member organizations count more than 5,000 members.

Members of board and extended board and their qualifications, please see <http://www.anme-ngo.eu/en/anme/board.html>

Members of the board are volunteers. ANME has no full-time employees.

The board usually meets four times a year, the extended board once a year, the General Assembly once every year.

Association for Natural Medicine in Europe e. V.

Modification: October 10th, 2012

Reçu GLT / CIH / ITH
Le 26 MAI 2014
N° 0434

§ 1

Objective

1. The Association for Natural Medicine in Europe e. V. is a coalition of organizations, manufacturers, foundations, professionals of health prevention and individuals in Europe who are active in the areas of naturopathy, traditional medicine, non-conventional medicine, complementary and alternative medicine as well as in health literacy and salutogenesis for human beings and animals. The mentioned units have been grouped under the acronym "CAM".
2. It is used for coordination and common safeguarding of interests of CAM in the European and national policy.

§ 2

Name, Seat, Legal Status

1. The association uses the name *Association for Natural Medicine in Europe – ANME*
2. *ANME* has its seat in Schöneck, Germany.
3. The working languages of the ANME are German and English.
4. The one and only purpose of the association is the pursuit of non-profit-aims as defined in § 51 Abgabenordnung (German Tax Code). This is especially achieved by:
 - a. the promotion and protection of the CAM for the common good
 - b. promoting autonomous holistic health care of the population in the countries of origin of the members
 - c. the collection, the increment and deepening of knowledge and experience in CAM
5. *ANME* acts selflessly and only pursues idealistic and non-profit goals. As a Non-Governmental Organization (NGO) and Non-Profit Organization she pursues exclusively non-material goals.
6. *ANME* may use its means solely for purposes in accordance with the terms of the statutes.
7. Members of *ANME* have no share of any profits or other allocations in connection with their membership from *ANME*'s funds.
8. No person or legal entity may benefit from expenses alien to the purposes of *ANME* or from disproportionate remuneration.

§ 3

Tasks

1. Within its objectives, *ANME* pursues the following central tasks:
 - a. promote, preserve and gain recognition of CAM in Europe,
 - b. encourage the cooperation of the member organisations and interested parties,
 - c. promotion of education and further training at European level
 - d. promotion of CAM research in Europe

- e. promotion of salutogenesis in Europe
 - f. The granting of the *ANME*-award will be made to persons who have made an exceptional manner earned the CAM. The price has been doted with 500,- Euro and is awarded on special occasions.
2. As long as its non-profit orientation as stated in § 2 is not endangered, *ANME* may, within its objectives, assume further tasks.

§ 4

Membership

1. Membership in *ANME* is open solely to organisations, foundations, manufacturers and individuals of the area of CAM that
 - a. are domiciled in a member state of the Council of Europe
 - b. by the laws of their home country can be subject of rights and duties.
2. Persons and organizations that promote CAM may obtain membership by resolution of the Executive Board.
3. There is no right to membership.
4. With his accession the member agrees that in connection with membership required personal data, taking into account the provisions of the Federal Data Protection ACT applicable to the association, will be processed and used. These are the following disclosures: name, first name, contact details and bank account. Without this consent, a member can not be justified. The personal data transmitted shall be used exclusively for club purposes. This specifically includes the management of members, conducting general meetings and events of the association and the proliferation of electronic mail. Any further processing or use (e.g. transfer to third parties) without the consent of the member is not allowed.

§ 5

Admission, Withdrawal, Expulsion

1. Applications for admission shall be addressed in writing to the Executive Board of *ANME* which decides about the admission.
2. A member may withdraw from *ANME* only at the end of the calendar year. Written notification shall be given to the committee of *ANME* at least three months previously. The withdrawal notice does not relieve the member of current obligations to *ANME*. Any claims of the withdrawing member against *ANME* originating in the membership shall be excluded.
3. For serious reasons, the board may approve the request for an immediate termination.
4. A member may be expelled for not meeting his obligations to *ANME* or for jeopardizing the goals of *ANME* or its non-profit constitution.
5. Before being expelled, the member shall be warned and be granted the opportunity to meet his obligations within a reasonable period of time.
6. The right of expulsion for good cause remains unaffected.

§ 6

Membership Fees

1. The Extended Board decides by resolution, requiring a two-thirds majority, a regulation that stipulates the nature, amount and due date of membership fees. Upon motion of a Board member, the general assembly of members decides by a simple majority.

2. The membership fees shall not exceed the funds needed for performing the proposed statutory functions of *ANME*.
3. All members contribute fees according to the regulation.
4. The application for a free associate membership may only be submitted by organizations and associations.

§ 7

Organs

1. The organs of *ANME* are:
 - a. the Executive Board
 - b. the Extended Board
 - c. the General Assembly of members
2. The Extended Board may decide to set up further associate organs or bodies, particularly special committees. These bodies are generally dependent.

§ 8

Executive and Extended Board

1. The Executive Board of *ANME* consists of a minimum of four and maximum of six members:
 - a. the president
 - b. at least one vice-president
 - c. the treasurer
 - d. the secretary
2. The Extended Board of *ANME* consists of a minimum of five and maximum of eleven members:
 - a. the Executive Board
 - b. and at least one adviser
3. The President and his/her vice-presidents are the legal representatives of *ANME* in litigation and for all other purposes according to § 26 of the German Civil Code (BGB).
4. The Executive Board manages the affairs of the association and performs all administrative tasks not assigned to other bodies of *ANME*. The Executive Boards duties include in particular the following:
 - a. to carry out the resolutions of the general assembly of members,
 - b. to convoke and prepare the general assembly of members, directed over by the president or his vice-president,
 - c. to keep the accounts and prepare the annual activity and financial report for each fiscal year,
 - d. to admit members and assist with their admission according to these statutes,
 - e. to conclude and terminate contracts and other legal relationships for *ANME*.
5. The Extended Board is elected for a period of three years.
6. The Extended Board may adopt its resolutions by written circulation.
7. If a director office is vacant, the Board may provisionally appoint another member to the Extended Board. The Board may also through personal union one of its members entrust the exercise of two offices.

§ 9

General Assembly of Members

1. The general assembly of members is competent for all tasks that are not assigned to the Extended Board or other bodies of *ANME*. It holds the exclusive competence for the following affairs:
 - a. receive the annual report with the activity and financial report and to give formal approval to the actions of the Executive Board,
 - b. regulate membership dues,
 - c. elect and remove members of the Extended Board,
 - d. alter the statutes,
 - e. closure of *ANME*.
2. The ordinary general assembly of members is held at least once a year. An extraordinary general assembly of members is to be convoked when
 - a. the committee decides the convocation for urgent reasons,
 - b. 1/10 of the members demand the convocation of the Board, stating the reasons in writing.
3. The general assembly of members is summoned by the president or his vice-president by written invitation, stating the agenda, giving at least four weeks' notice. The annual activity report and the financial report of the Board have to be attached to this notice. The term commences the day after the invitations are sent out.
4. The invitation is deemed to be received by the member if the Board sent it to his last known address or e-mail-address.
5. Up to two weeks prior to the general assembly of members, any member may request in writing to supplement the agenda. Any motion proposed after that date or during the general assembly must be approved by a two-thirds-majority of the assembly.
6. The general assembly of members is conducted by the president, in his absence by one of the vice-president and in their absence by the treasurer. If no member of the Board is present, the assembly appoints a chairman for the meeting.
7. For the election of the Extended Board, the general assembly of members appoints an official in charge, an election worker and a recording secretary who are not members of the Extended Board. Before starting the procedure the actual number of votes must be detected.
8. Each present individual member has one vote.
9. Members that are organizations with up to 50 individual members, producers and foundations have one vote. To reflect the strength of organizations, organizations receive per started another 50 members one more vote to a maximum of 20 votes.
10. Associated members have no voting rights.
11. Members of the Extended Board will be elected one by one in the order stated in § 8 by acclamation. The right to apply for a secret ballot shall remain unaffected. The candidate who receives more than half of the valid votes cast shall be considered elected. If none of the candidates receives the required number of votes, there will be a runoff election between the two candidates who received the most votes. In the case of a tie, the returning officer of the assembly decides by drawing a lot.
12. After the election of the members of Extended Board the cash auditor will be elected corresponding to clause 11.
13. As a general rule, resolutions are adopted by simple majority if these statutes or regulations that are based on them do not expressly provide otherwise.
14. The following matters can only be put to vote with a two-thirds-majority:
 - a. Changes of these statutes, name and objective of the association (also in accordance with § 3 clause 2).
 - b. Changes of the legal structure.
15. To dissolve *ANME*, a four-fifth-majority of the submitted votes is needed (see below §11, clause1)

§ 10

Office

1. *ANME* runs an office in order to fulfill its functions and to handle current business.
2. Letters, motions to the assembly of members and to the committee and all kinds of correspondence concerning *ANME*, are to be sent to the office. The office is to examine all correspondence and documents as well as, if required, document and file them.
3. Every member has the right to inspect the business documents of *ANME* at the seat of office, to make copies or have them made at cost. This right expires upon termination of membership.
4. For tasks of the office and the association may be completed full-time employment.
5. Travel expenses and reimbursement of expenses may be granted to the Extended Board and members under tax packages (tax code, volunteering). In addition a flat-rate daily allowance is granted. The amount is determined by the Extended Board.

§ 11

Dissolution

1. The general assembly of members decides about the dissolution of *ANME*. The motion for the dissolution must be put on the agenda by at least 1/4 of the members no less than three months prior to a specially convoked assembly of members.
2. In case of dissolution of *ANME*, it shall be liquidated according to §§ 47 ff. of the German Civil Code (BGB), if necessary. The committee is in charge of the liquidation. Any remaining assets are to be converted into EURO and to be donated to another acknowledged non-profit organisation in Germany.

§ 12

Board of Arbitration

A board of arbitration is elected every three years by the assembly of members. It consists of three persons who are not members of the committee. The board of arbitration may be applied to by every single member or by the Board.

§ 13

Final Provision

1. The place of jurisdiction shall be Frankfurt-on-Main, Germany. This jurisdiction shall also apply to disputes about matters for which the laws of other states of the European Union or private international law provide other jurisdictions.
2. The first statute of *ANME* has been drawn up in German, English and French. It has taken effect upon signature by the founding members.
3. Any clause of the forgoing statutes which is found invalid has no effect on the validity of any other clause of the statutes.

This statute replaces the version of 20th July 2009

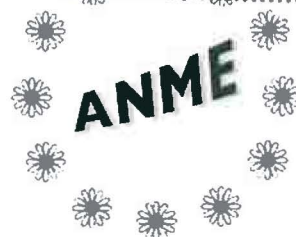
Annex 8:

Association for Natural Medicine in Europe e.V.

8c
Reçu CLT / CIH / ITH

Le 26 MAI 2014

N° 0434



Borderless folk medicine as a part of cultural heritage

A project of ANME
to preserve folk medicinal traditions

Projekträgerin/Executing organisation

ANME Association for Natural Medicine in Europe e.V.
Waldstr. 21, D-61137 Schöneck

Projektbeauftragte für Nordrhein-Westfalen **Representative of the project for North-Rhine Westfalia**

Dipl. Päd. Zita Wienecke-Höfer
Salubritate – Institut für ganzheitliche Gesundheitsbildung
Salubritate – Institute for holistic health education
Hauptstr. 1-7, D-50226 Frechen

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1. Preliminary remark

Folk medicine has a long tradition. In popular usage it is associated with naturopathy and so-called *homespun remedies*. Not long ago people mildly smiled at it. But just a lot of homespun remedies meanwhile are recognized and developed as basis of complementary and alternative medicine (CAM-Complementary and Alternative Medicine) at a progressive rate.

The investigation of CAM, the recognition of its roots in the folk medicine and the preservation of traditional knowledge and methods of healing are central requests of ANME. Folk medicine as an original part of CAM is entitled not only to be preserved, but also to be recognized as *intangible cultural heritage* according to the UNESCO-convention.

Under the mentioned aspects the following project has been developed under the sponsorship of **ANME - Association for Natural Medicine in Europe e.V.** with administrative seat in 61137 Schöneck (near Frankfurt/M). **Representative of the project for North-Rhine Westphalia is Dipl. Päd. Zita Wienecke-Höfer.**

ANME (founded in 2001) is an NGO. The protection of interests of traditional naturopathy and natural medicine (CAM) is among its duties in the scopes health, food, consumer protection, service and research on European and national level.

A constantly enlarged network built up by ANME also serves this purpose. It includes European and national experts societies, professional guilds and associations, patients organisations, biological-pharmaceutical manufacturers, education institutes and engaged individuals for the support and the research of CAM

In advisory function ANME has taken part in a first triennial European research project to CAM. CAMBRELLA, so the name of this research project, has been occupied with a comprehensive stocktaking of CAM. It has ended in december 2012 with the production of a *Roadmap for European CAM Research*. Here further priorities of CAM research and demands on representatives of European and national policy have been formulated belonging to the scope of health and customer protection. The participation of different organisations in this project has been a contribution to an interdisciplinary interchange of knowledge which is not to underrate.

2. Project description

2.1. Project reasons

Traditionally proved medicines, remedies and manners of therapies are a treasure of knowledge and experience gained in many centuries. They are a valuable cultural heritage, which has to be preserved for all human beings.

Traditionally approved remedies also include, like mentioned above, the so called *homespun remedies*. They are part of the traditional folk medicine. *Homespun remedies* is a term in the German speaking area. Numerous of these remedies, in particular of the herbal sector or of hydrotherapy are just well known.

In contrast *homespun remedies* of natural folk medicinal traditions of foreign fellow citizens are widely unknown. This should not remain so.

With its aspiration to preserve traditional knowledge and healing manners ANME directs its interest also to these naturopathic folk medicinal traditions, which migrants bring and already have brought from their own countries into our society .

2.2. Project aim

Project aim is the collection and categorisation of traditional folk medicinal remedies (*homespun remedies*) and their classification into the cultural connections of the particular country where the migrants come from. Aspects of the different definition of the term *culture* and aspects of ethnomedicine will be considered during the collection as well as the long term objective to make this collection and categorisation accessible to research.

2.3. Formal approach

With its project ANME enters new territory. For this reason and based on the working intensity, such a project can be tackled and realised at first only in small steps and within regional borders. Our plan has a distinctive interactive approach. We enter into a dialogue with members of different cultures and different backgrounds of experience. This will have the character of a living process and so this dialogue will have consequences on the contents of the project.

Our parameters form a flexible working frame which is defined by an aim whose contents however are substantially formed by the answers and ideas of the participants in this project. Therefore the questionnaire included in the attachment will have an essential position.

2.3.1. Regional limitation and selection of the region

It is depending on the location of the representative of the project of ANME: In this case North Rhine-Westphalia.

This province with its mining tradition in large parts is traditionally impressed by the influx of labourers from German regions and from abroad. There are good connections at local government level. Therefore the investigation is limited at the Rhein-Erft-Kreis, here first at the city of Kerpen.

Members of 116 nations are living in Kerpen. About a quarter of the population has a migration biography. In 2011 the city council has adopted an integration concept.

This forum is called *Kerpen gelingt gemeinsam* (*Kerpen succeeds together*). Under this title the city council presents at its homepage themes belonging to foreigners policy and integration. (source: Kerpen, Familien- und Einkaufsführer 2013)

2.3.2. Approach to members of a cultural region

The search occurs by contacts to the suitable organisations and committees at municipal level. Here in particular by contact to the integration representative of the city of Kerpen. After a short image of the project, she promised her support and she also will take part in establishing contacts with migrants organisations and with other organisations, institutions and committees occupied with the interests of migrants. Another short image of the project within the scope of a discussion to the double citizenship which has taken place in the rooms of the local mosque community, has found there unequivocal acceptance. The project has been considered as an esteem of the folk medicinal traditions of another cultural regions and as another form of contribution to integration.

2.4. Approach with regards to contents

In the areas of naturopathic traditions, differences have to be supposed concerning the rural, urban and regional origin of the interviewees.

Therefore it seems to make sense to use these criteria as main criteria for registration of *homespun remedies* and to associate homespun remedies in front of this background for example to the particular diseases where they are used.

Besides this, attention has to be bestowed on traditional supporters, on folk medicinal methods of healing, on the particular culturally impressed concept of disease and on the spiritual backgrounds of origins and roots of diseases which are adjudicated by the prevailing ethnos. Another attention is turned to possible aspects of prevention in the folk medicinal traditions.

Therefore it is important to discuss the question to what extent traditional *homespun remedies* are still used or wether they exist only as a memory of traditions. If living traditions are still existing at the present settlement, the question of the intercultural combination of different manners of healing has to be discussed (own traditional manners of healing are combined and/or are completed with medicinal therapies of the new surrounding).

All data will be collected by interviews of migrants who are interested in this project (oral history).

2.5. Duration of the project

Currently not exactly to be determined. At least twelve months can be assumed.

3. Finance plan

At the moment a finance plan is compiled.

4. Publication of the results

It occurs after the end of the project. Intermediate results will be published only on legitimated demand.

5. Concluding remark

The enclosed questionnaire is the basis of this special project which serves the collection and preservation of cultural traditions belonging to the sector of folk medicine. Coincidental the project provides a contribution to integration. At its beginning the project, its objects and the questionnaire will be explained at length to all interested fellow citizens with migration background and the project will be presented as a process which flow into a living dialogue to which the questionnaire offers the basis. Because: Lived intangible cultural heritage promotes the contact with cultural diversity ***Gelebtes immaterielles Kulturerbe fördert den Umgang mit kultureller Vielfalt*** . (German UNESCO-Kommission e.V., 31.08.2012)

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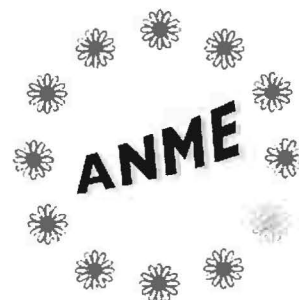
E-Mail: info@salubritate.de

Annex

Questionnaire with covering letter

The enclosed questionnaire constitutes the basis of the project and, as already explained at the beginning, it also constitutes the basis to enter into an intercultural dialogue whose result we expect with eagerness.

Association for Natural Medicine in Europe e.V.



Borderless folk medicine as a part of intangible cultural heritage

**A project of ANME
to preserve folk medicinal traditions**
(Questionnaire with covering letter for all interested persons)

Projektträgerin/Executing organisation

ANME Association for Natural Medicine in Europe e.V.
Waldstr. 21, D-61137 Schöneck

Projektbeauftragte für Nordrhein-Westfalen Representative of the project for North Rhine Westphalia

Dipl. Päd. Zita Wienecke-Höfer
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Who we are

ANME – Association for Natural Medicine in Europe e.V has been founded in 2001 . It is an Non-Governmental-Organisation (NGO). Among its duties is the preservation of traditional healing manners and natural medicine.

One central interest of ANME is applied to the preservation of naturopathic and folk medicinal traditions and their recognition as an intangible cultural heritage for the purposes of the UNESCO-Convention.

The request of this convention is the preservation of cultural forms, which are carried and transmitted directly by communication and knowledge. Among this also are the traditions of folk medicine with different origins. The communicated knowledge has to be considered as important cultural resources which have to be preserved.

What we want

Traditionally proved remedies include also the so-called *homespun remedies*. They are part of the traditional folk medicine and a firm concept in the German speaking region. In contrast *homespun remedies*, belonging to the naturopathic and folk medicinal tradition of foreign fellow citizens with their different cultural backgrounds, are widely unknown. Because we regard these traditions as an enrichment and supplement of our own traditions, we would like to contribute to their preservation with a detailed and comprehensive documentation.

With our project we enter new territory and so and as a start regional limitation is necessary. We have chosen the city of Kerpen situated in the Rhein-Erft-Kreis.

In Kerpen members of 111 nations are living. The urban administration doesn't treat this number only as an statistical information. It is considered as a request and an obligation to a lived cooperation.

Kerpen has an own representative for integration. By her the urban administration maintains an active and engaged interchange with organisations of migrants and with the local mosque association. Beside this exists an sustainable network with organisations, committees and institutions, which are directly or indirectly concerned with interests of integration.

The interest and the willingness to support our project and its conception, which we have got by the municipal authority during our primary talks, has moved us to choose Kerpen for starting the project.

How you can support us

We want to know and to archive the traditional folk medicine of your generator countries and the homespun remedies which belong to it. So we will preserve and save them to be buried in oblivion. For us they belong to the intangible cultural heritage in accordance with the above mentioned convention of the UNESCO.

Therefore we ask you to answer the questions performed in the following questionnaire as far as it is possible for you.

We will inform you in detail about the evaluation of the questionnaire.

If you have got a questionnaire in German, but it is easier for you to answer the questions in your mother tongue, this will be no barrier. We will have your answers translated.

We already thank you now for your trouble and we would be glad if you would deliver the complete sheets of paper up to at

The information about your full name is not mandatorily needed. This information doesn't serve any other purpose as to be listed as a supporter in the publication of our results.

Thank you very much.

ANME – Association für Natural Medicine in Europe e.V.

**Zita Wienecke-Höfer, Projektbeauftragte für Nordrhein-Westfalen
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If you have further questions or if you want further informations, please contact us.

Thank you.

Questionnaire

Personal data and generator country

Name

Forename

Gender

Age

Generator country

Region/province

Place of residence in the generator country

city

provincial town

village

Surrounding of the place of residence in your generator country

industrial formed

rather rurally formed

Informations about traditional homespun remedies and treatment manners

Which traditional healing manners do you know?

Please name

Which traditional practices and/or homespun remedies do you use?

Please name

Do you know plants, which are used as homespun remedies only in your home region and which also are cultivated only there?

Please name

Which qualities have been awarded or are awarded to these plants?

Please name

Have been used or are often used parts of the mentioned plants

YES

NO

or is the whole plant used?

YES

NO

If one or both questions have been answered with YES please go to the next question.

Which parts or components of the plants or which whole plants have been used or are used by making homespun remedies? By using whole plants please only declare the name of the plant.

Please name

For which disease or diseases the so got homespun remedies are used?

Please name

Have been awarded or are awarded special effects on special disease symptoms to the mentioned homespun remedies?

YES

NO

If so: On which?

Please name

Are plants or parts of plants also preventively used, as for example within the scope of daily food preparation?

YES

NO

If so: In which form?

uncooked

boiled

Are they used every day

YES

NO

or

only at certain occasions? (for example during the preparation of religious feasts or alike)

YES

NO

If so: At which occasions?

Please name

Are determined plants, which are used in the folk medicine of your generator country standing in spiritual connections, i.e. may plants harvested and treated only at specific times or only at special occasions?

YES

NO

If so: Please list times and occasions

May plants or part of plants harvested and or treated only under observance of certain rules (rituals)?

If so: Which are these rules (rituals)?

Please name

Which background and/or which tradition do have these rules (rituals)?

Please name

Are there plants or parts of plants, which are not dangerous, but in spite of generally known effectiveness they have to be harvested and treated only by certain persons? The reasons may be traditional, religious or another ones.

YES

NO

If so: Are these persons

female

male

Must they have a particular age?

YES

NO

If so:

child

adult

adolescent

old age

Are specific competences or energies adjudicated to these persons?

YES

NO

If so:

Please name

Informations about not material linked applications

Are there in the folk medicine of your generator country uses, which are not based on remedial plants, for example treatment with a pendular, treatment with speaking, trance and others?

YES

NO

If so:

Please name

May these applications be carried out by any person or need persons specific abilities and/or specific knowledge ?

YES

NO

If so: Are these persons

female

male

From whom these persons get the authorisation to carry out the applications?

By a special education?

YES NO

From the prevailing community where they are living?

YES NO

From religious authorities?

YES NO

If no special education is necessary, how the communication of these knowledge and competences does take place?

- within the family YES NO

If so: Is this person

female male

and at whom the knowledge is communicated ? (for example at son or daughter)

Please name

Does the transmission of competences and knowledge take place under specific exactly determined rules (initiation)?

YES NO

If so : By whom?

Please name

Is thereby a specific age a precondition?

YES NO

If so:

Please name age data

Does play the religion or the world view you belong to, an essential role concerning the use of non material applications (uses which are not based on remedial plants)?

YES NO

If so: Are thereby specific rules?

Please name

If you belong to a confession, which is your religion?

Many thanks for your cooperation.

We enter new territory with this questionnaire.

- If we have forgotten some important by your opinion,
- if you want to express yourself to particular matters,
- or if you want to give ideas,
- if you want to list homespun remedies belonging to specific diseases,

we would be glad to be contacted.

For this purpose we have enclosed the following pages.

Your personal opinion, further versions and ideas

