



Ministry of Education



# Health Literacy and Behaviour Change among Adolescents

in Kibera, Nairobi-Kenya


## STUDENT ARTWORKS



United Nations  
Educational, Scientific and  
Cultural Organization



Government of  
Azerbaijan



UNESCO Regional Office for Eastern Africa in partnership with the Ministry of Education (MoE), and with the support of Government of Azerbaijan implemented a project on “Health literacy and behavior change practices among adolescent girls in the Kibera informal settlement”.

Students from different schools in Kibera participated in art competition and illustrated messages inspired from the African proverbs utilized during the art competition.

Linking these materials to the life skills curriculum and dealt with six themes:

- HIV/AIDS and sexually transmitted infections
- Drug and substance abuse
- Negative children’s norms
- Stigma/discrimination
- Gender-based violence
- Life skills.

## List of Master Trainers, Health Literacy and Behavior Change among Adolescent Girls' project in Kibera

No	Name of the school	Name of Master Trainers
1.	Ayany Primary School	Josphine Moraa Oyabi
2.	Kibera Primary School	Moses Ochieng Oduru
3.	Lindi Friends Schools	Philip Karanja Lusasi
4.	Olympic Primary School	Isabella Wanjiku Asesa
5.	Raila Education Center	Jane Adhiambo Ochwedo
6.	Soweto Academy	Paul Kyalo Ndundu
7.	ACK Emmanuel Primary	Lucas Opiyo Ogoro
8.	Glory Primary	Stellah Mwendu Nthiani
9.	Jeremic Adventist School	Patrobas Onyango Otieno
10.	Toi Primary	Eunice Njeri Kuria
11.	Siloam Primary School	Denis Machakha Onyango
12.	Olympic Secondary School	Bethuel Wakufwa
13.	Raila Education Center	Monicah Akinyi Okumu
14.	Mashimoni Squatters	Jennifer Mbithe Kaniu
15.	P.C.E.A Silanga	Wasonga Daniel Ondiek
16.	Don Bosco Secondary	Purity Wavinya Mutua
17.	Kibera Girls School	Samuel Otieno Omondi
18.	Kibra Academy	Evans Otieno
19.	Star Rays Hope Community Secondary School	

Alphonse Musyoki  
Glory Primary School



#### **Gender-based violence**

- *When the knife falls on the melon or the melon on the knife, the melon suffers.*

Ashley Moraa

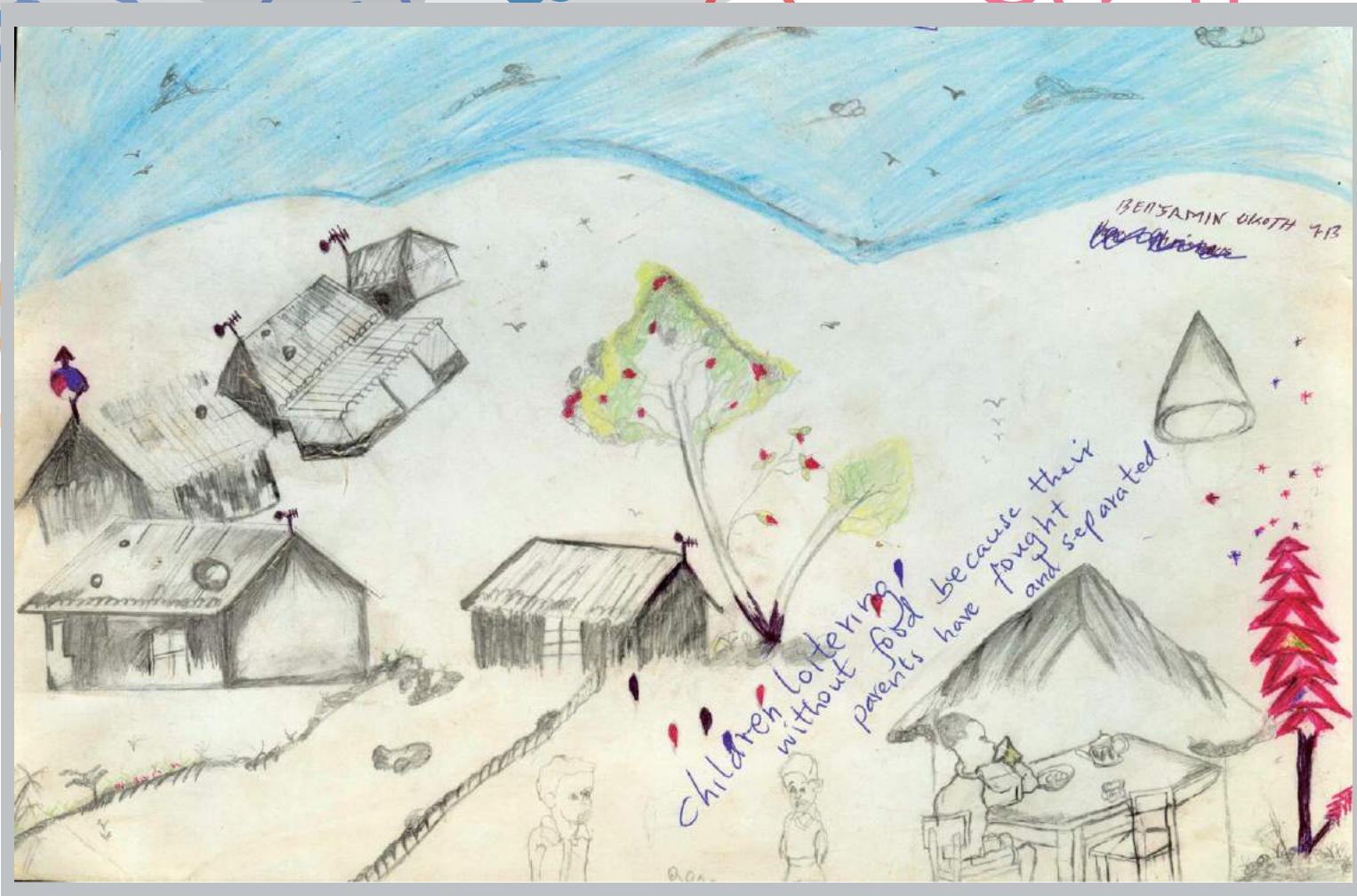
Jeremic Adventist Academy



#### Gender-based violence

- *When the knife falls on the melon or the melon on the knife, the melon suffers.*

Benjamin Okoth  
Kibera Primary School



**Stigma / discrimination**

- *It is the one who lives in the house who knows where the roof leaks.*

Brian Victor

Raila Educational Centre

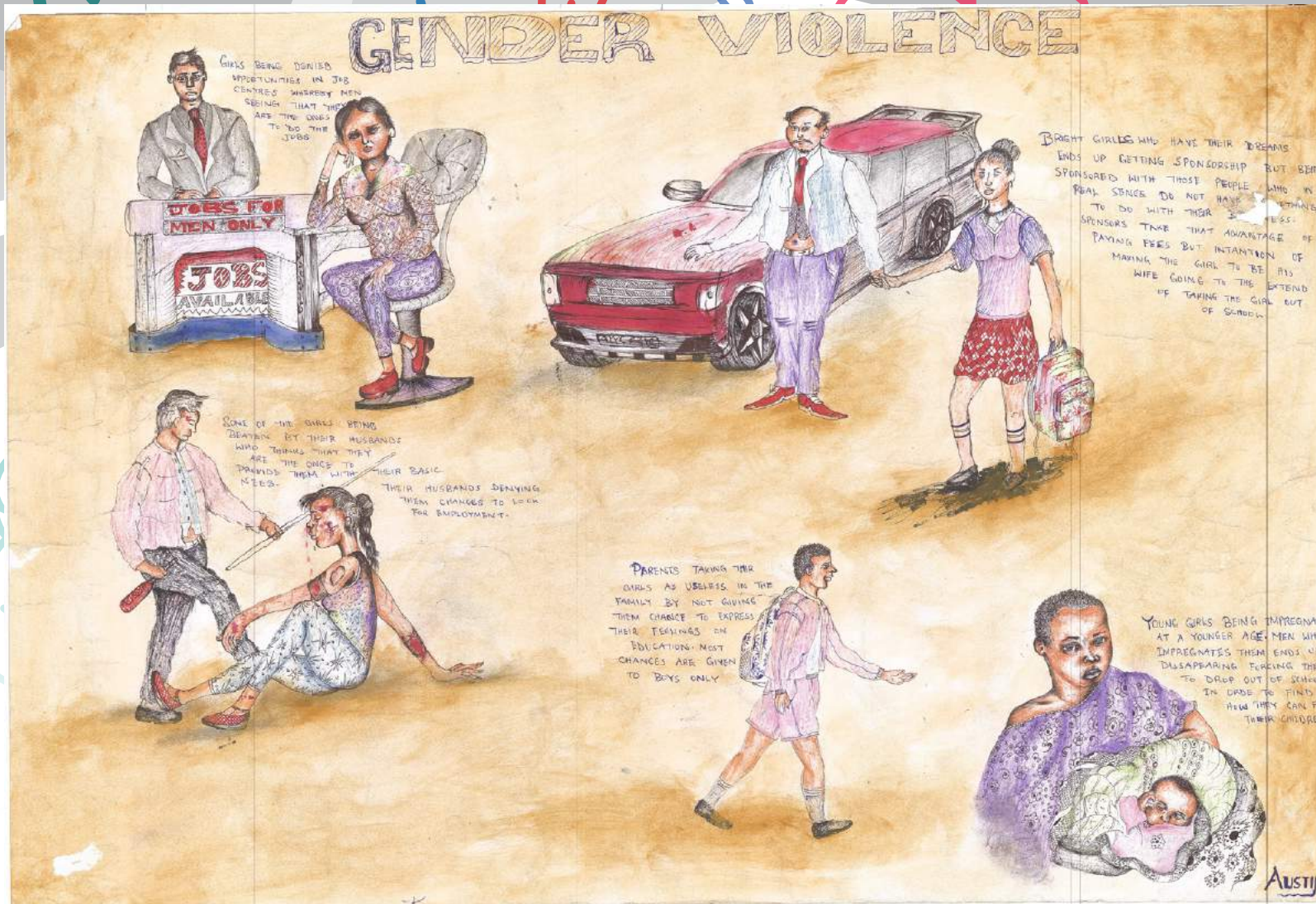


### Stigma / discrimination

- *It is the one who lives in the house who knows where the roof leaks.*

Austine Otieno Okello

Raila Education Centre Secondary School







**Stigma / discrimination**

- *It is the one who lives in the house who knows where the roof leaks.*

Bonface Makhoka

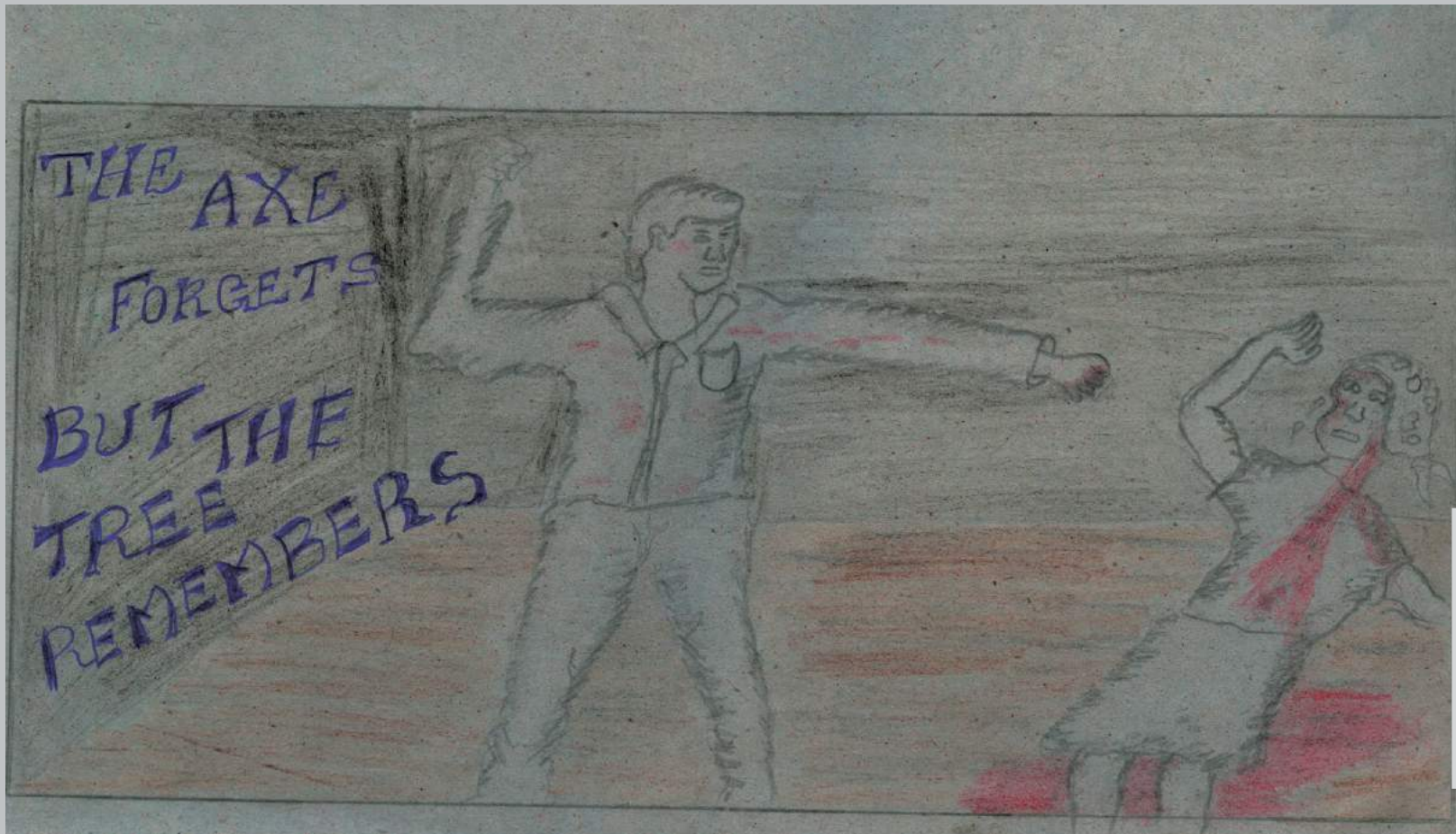


**Stigma / discrimination**

- *It is the one who lives in the house who knows where the roof leaks.*

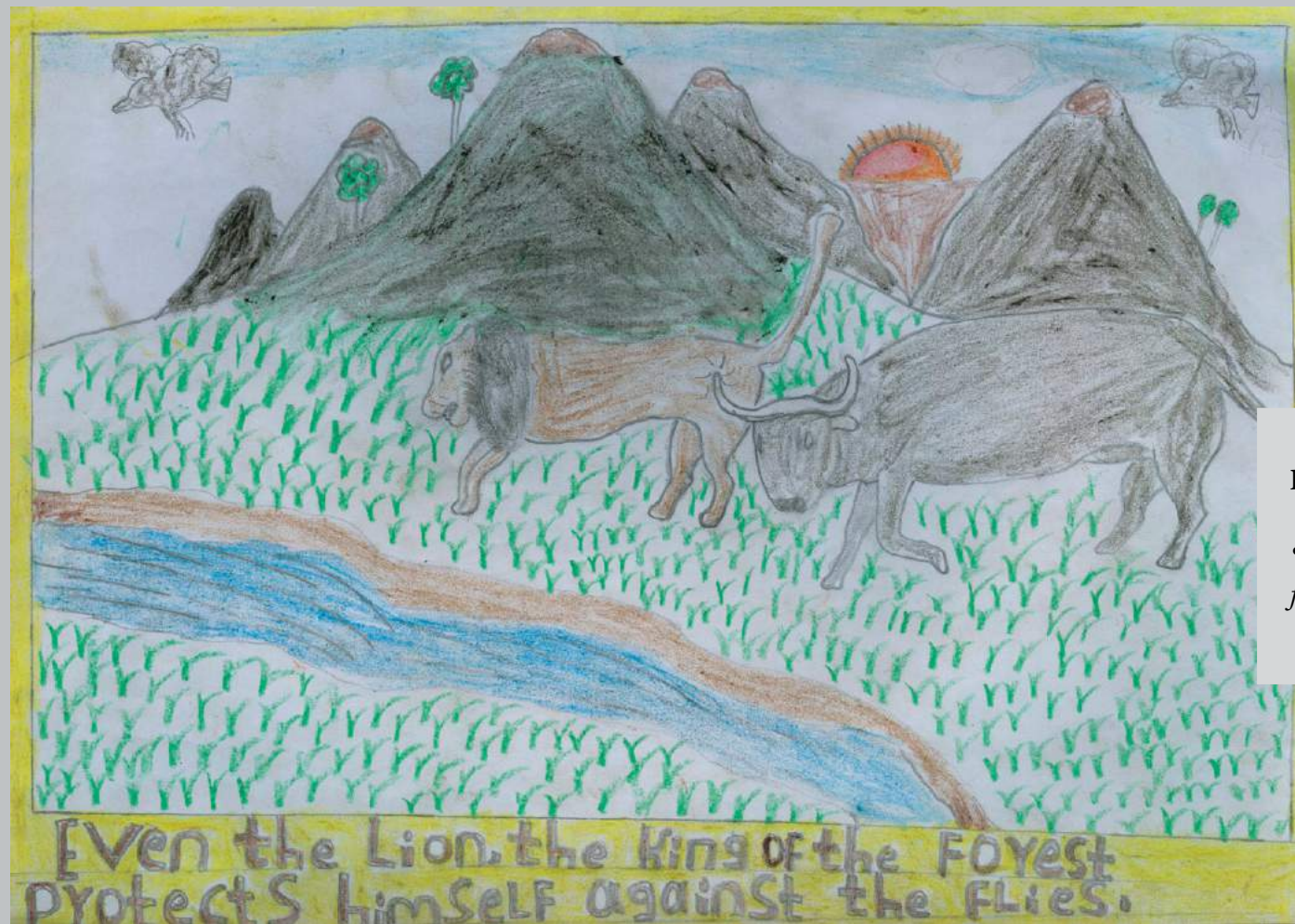
Charles Okindo

Jeremic Adventist Academy



### **Bullying**

- *The axe forgets but the tree remembers.*



**Protection against risky behaviour**

- *Even the lion, the king of the forest protects himself against the flies.*

Daniel Odongo

Chrisco Educational Centre



**Bullying**

- *Talk with your mouth, not with your hands.*

Felix Mureithi

Don Bosco Primary School

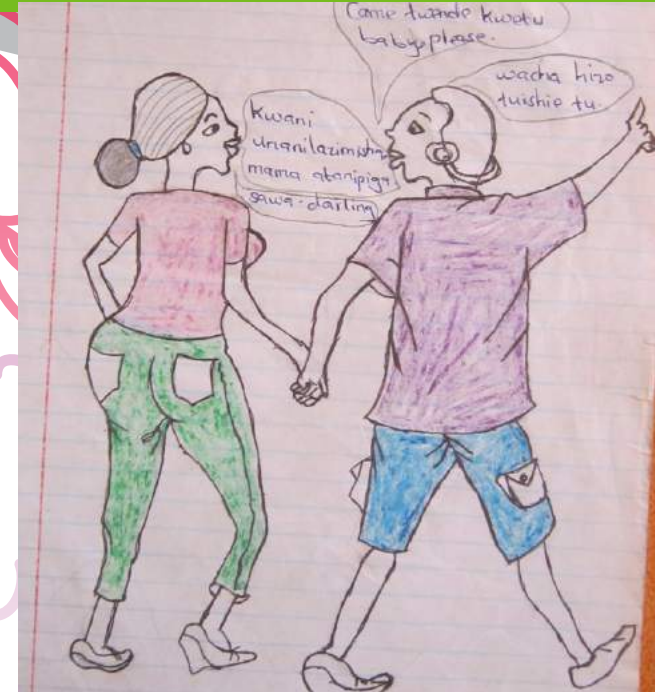
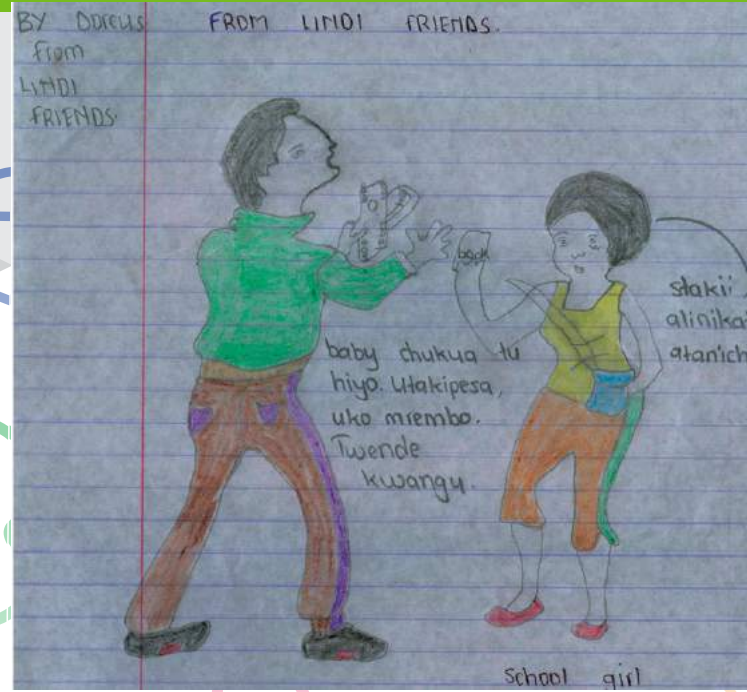


#### Peer pressure

- *Only your real friends will tell you that your face is dirty.*

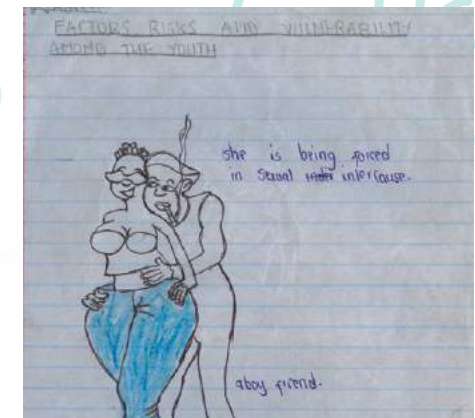
Dorcus Ambasa

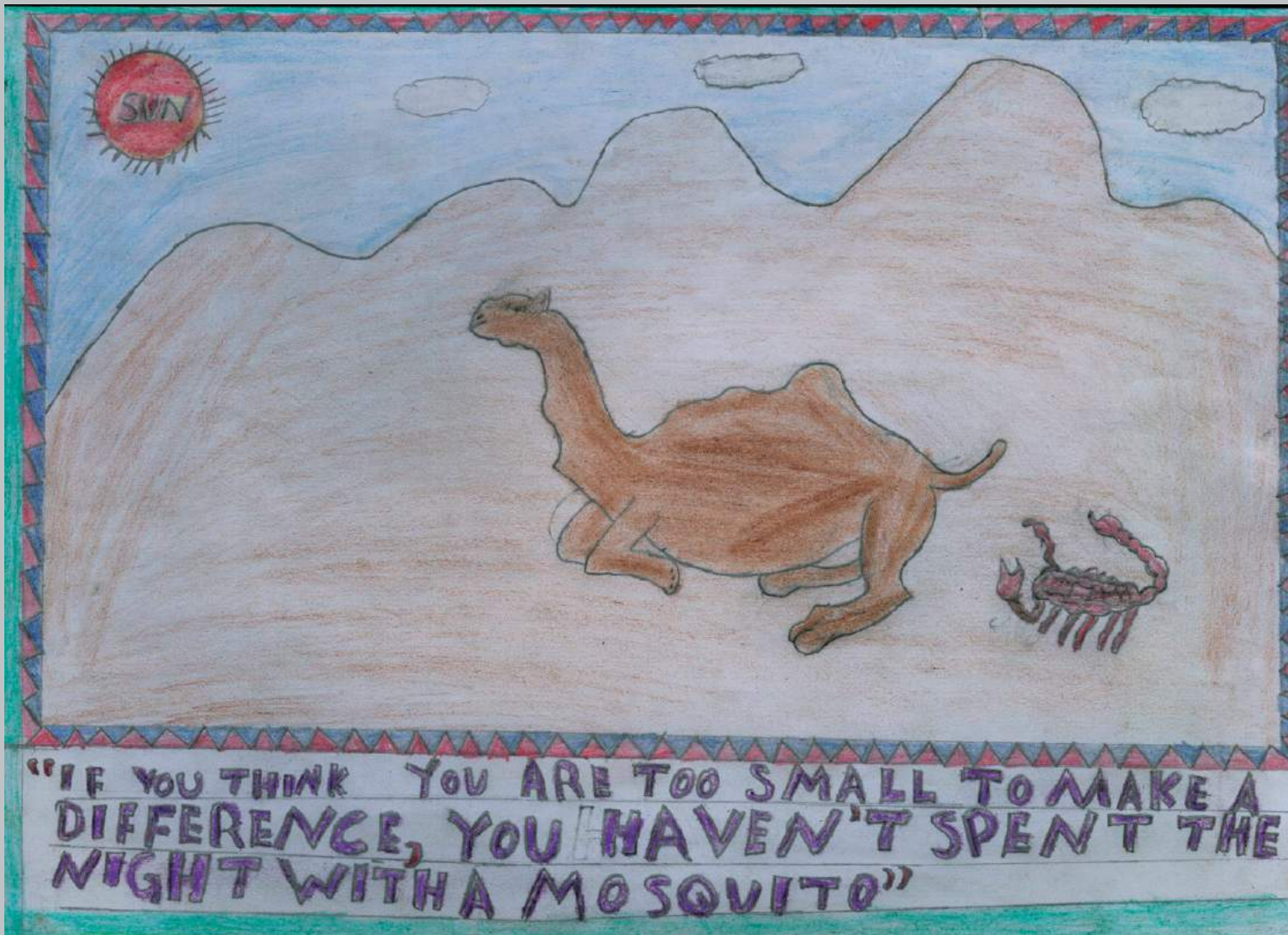
Lindi Friends School



### Gender-based violence & Protection against risky behaviour

- *A man who uses force is deficient in reasoning (a man who uses his hands to harm is not using his brain).*
- *Not to know is bad; not to want to know is worse.*



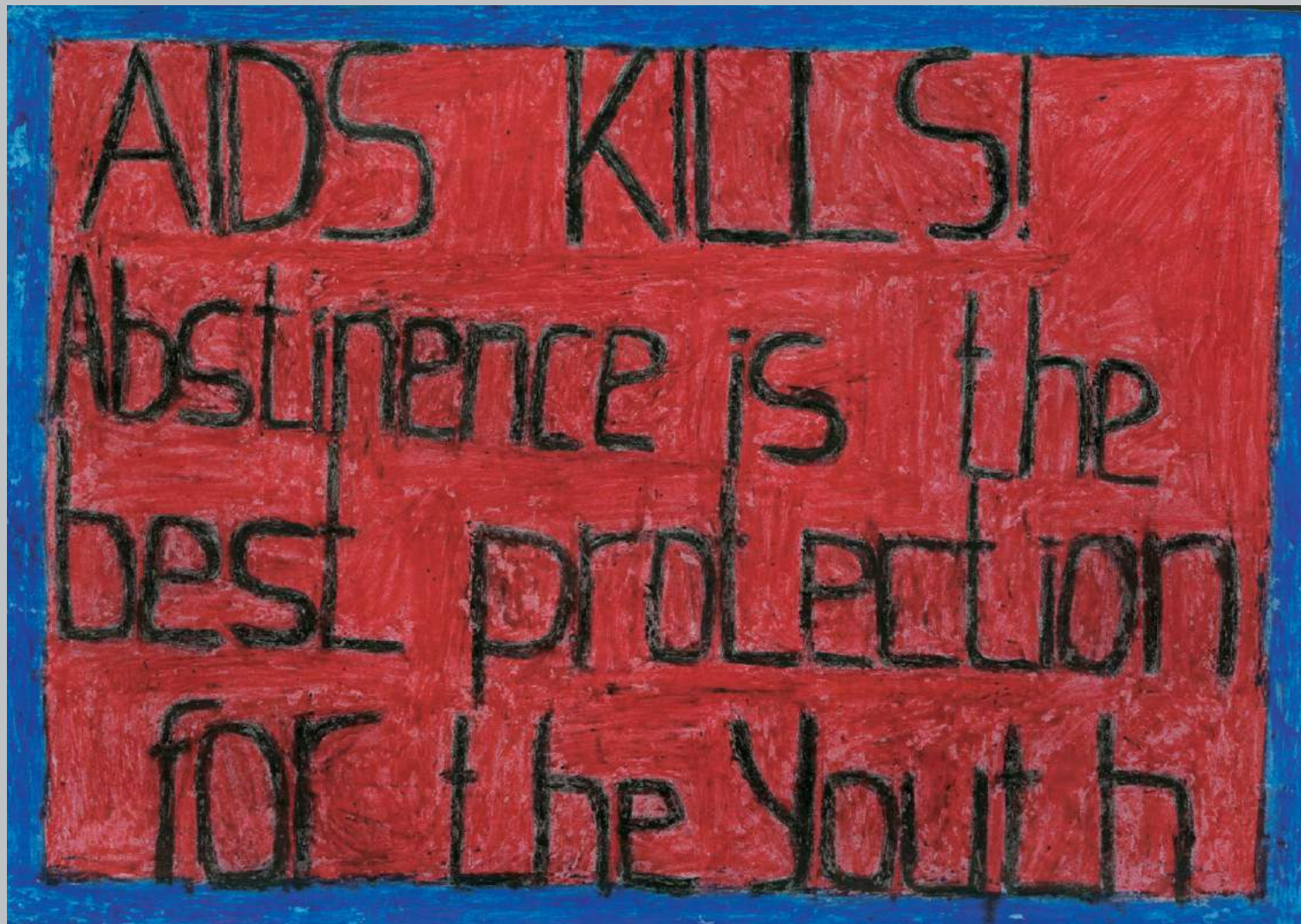


### Self esteem

- *If you think you are too small to make a difference, you haven't spent the night with a mosquito*

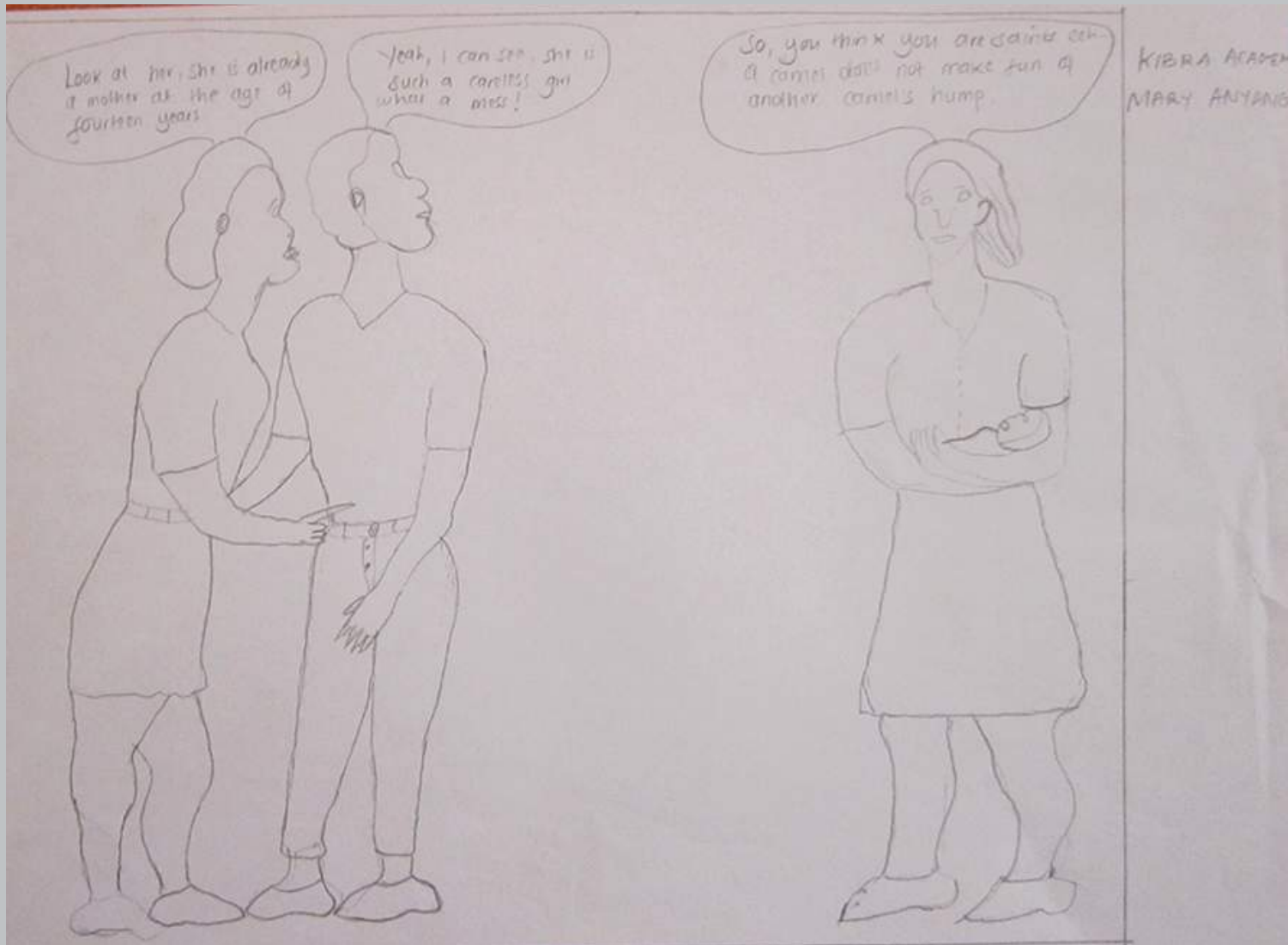


Kevin Musangala  
Glory Primary School



Protection against risky behaviour

Mary Anyango  
Kibera Primary School



### **Bullying**

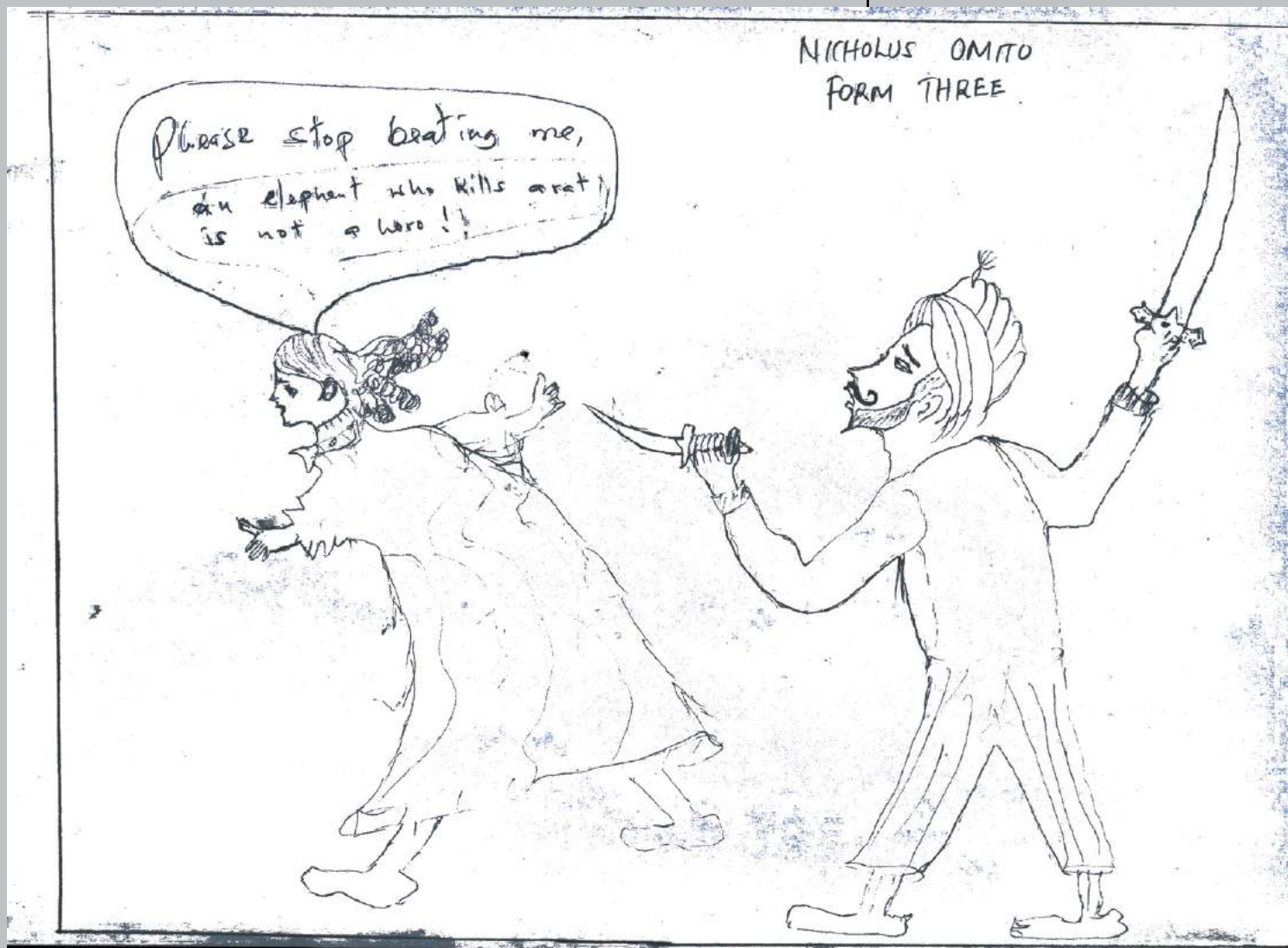
- *One camel does not make fun of another camel's hump*

Nelson Onyango  
Kibera Primary School



### Gender-based violence

*A man who uses force is deficient in reasoning (a man who uses his hands to harm is not using his brain).*



### Gender-based violence

- *An elephant who kills a rat is not a hero.*



**Gender-based violence**

- *When the knife falls on the melon or the melon on the knife, the melon suffers.*



### Gender-based violence

- *A man who uses force is deficient in reasoning (a man who uses his hands to harm is not using his brain).*
- *Anger and madness are brothers.*
- *An elephant who kills a rat is not a hero.*

### Stigma / discrimination

- *People who have bread to eat do not appreciate the harshness of the famine.*
- *It is the one who lives in the house who knows where the roof leaks.*



Sofia Hamid

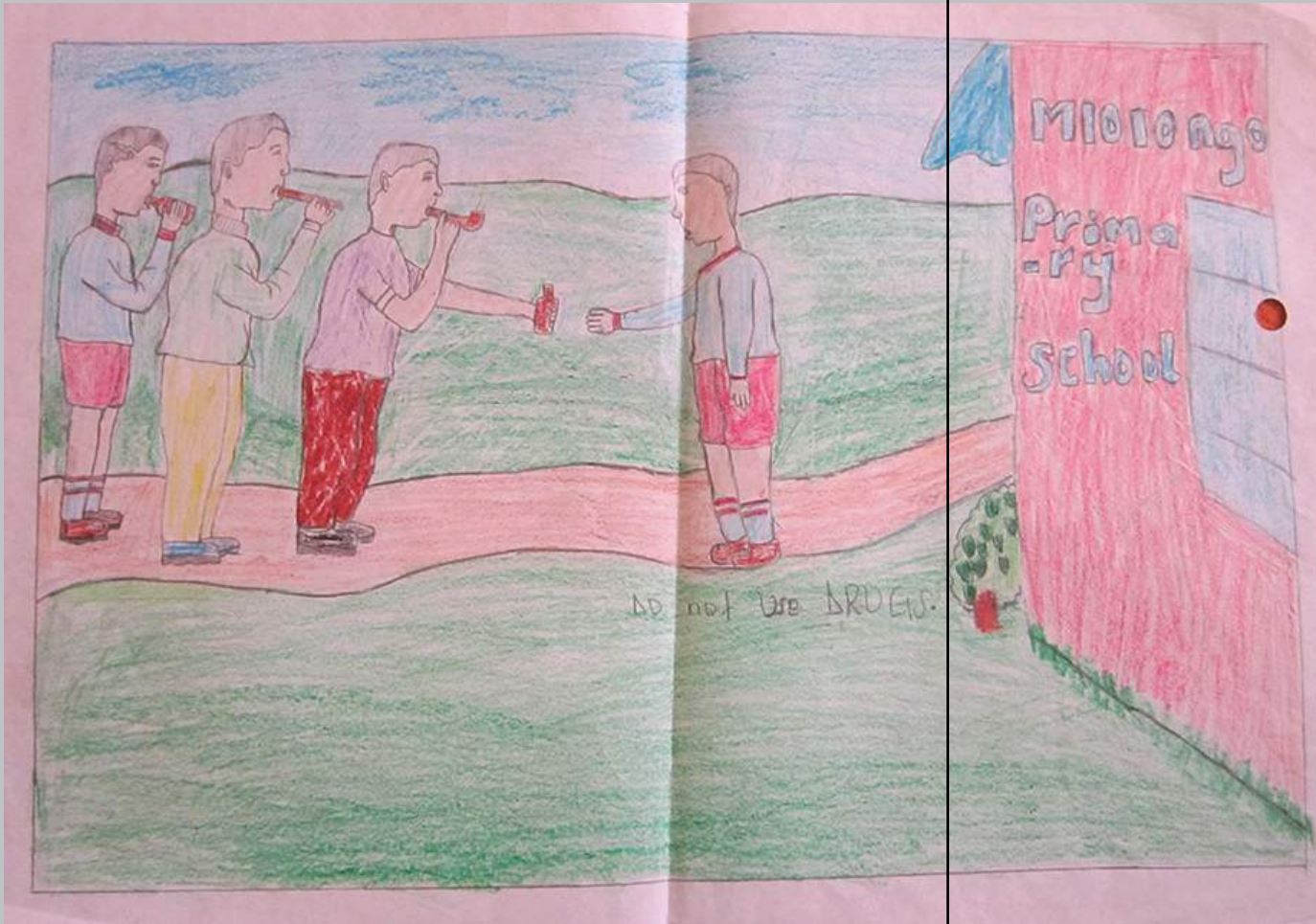
Raila Educational Centre



### Stigma / discrimination

- *It is the one who lives in the house who knows where the roof leaks.*

Ulfat Ramadhan  
Ayany Primary School

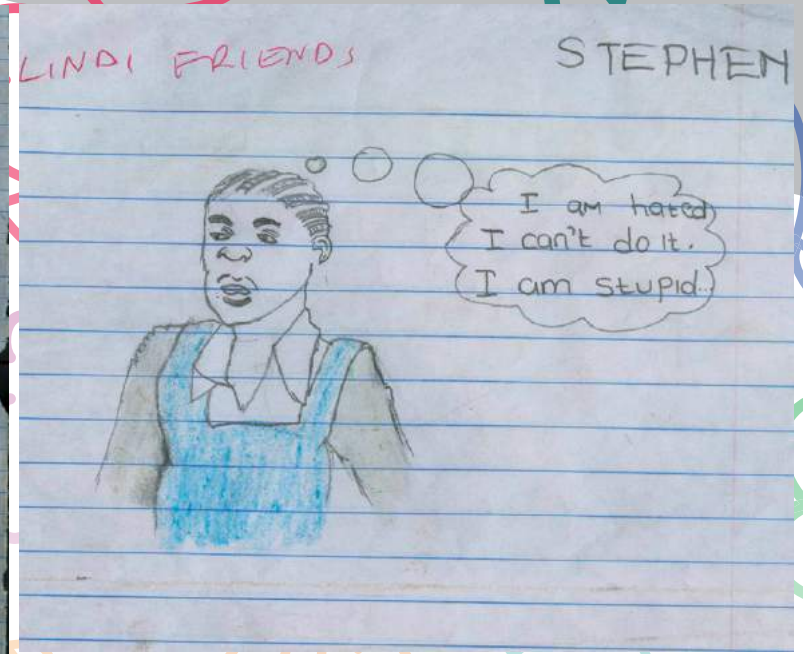
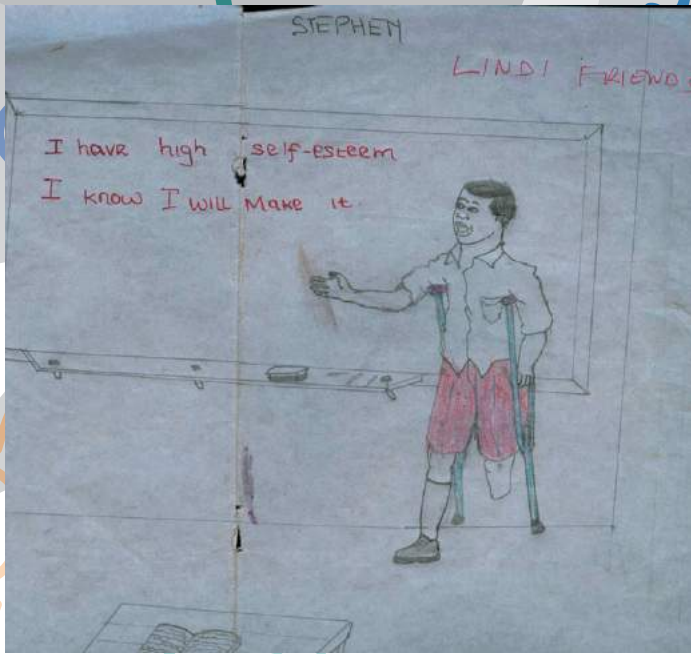


**Peer pressure**

- *Copying everybody else all the time - the monkey one day cut his throat.*



Stephen Kuta  
Lindi Friends



- 1) Self Esteem
- 2) Gender based Violence
- 3) self Esteem
- 4) Early Marriage

Washington Ochieng  
Don Bosco Primary School



### Bullying

- *The axe forgets but the tree remembers.*

William Ochieng

Ayany Primary School



### Peer pressure

- *If you don't stand for anything, you will fall for everything.*

Yvonne Warmka

Chrisco Educational Centre



### Bullying

- *One camel does not make fun of another camel's hump.*



