

Nepal country advocacy brief. Comprehensive sexuality education (CSE): The way forward

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Description:

Comprehensive Sexuality Education (CSE) emphasizes a holistic approach to human development and sexuality. UNESCO identifies the primary goal of sexuality education as that “children and young people become equipped with the knowledge, skills and values to make responsible choices about their sexual and social relationships in a world affected by HIV.” The International Planned Parenthood Federation (IPPF) defines a rights-based approach to CSE as “to equip young people with the knowledge, skills, attitudes and values they need to determine and enjoy their sexuality – physically and emotionally, individually and in relationships.” By both the definition we can see that the sexuality is not limited to the information that are provided to the young people. Indeed, it focuses on emotional and social development with proper opportunity provided on life skill with positive attitude and value. The Federal Democratic Republic of Nepal is a secular country of multi ethnic, linguistic, and cultural minorities with population of around 29 million. September 2015 marked the promulgation of Nepal’s constitution with unanimous decision on representation and federalism. A concerted effort of cross movements for democratic reforms, and inclusion of minorities group and the political contribution of young people recognised.

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