

**HOW CAN SYSTEMS THINKING
HELP LEARNING CITIES
OVERCOME HEALTH
CHALLENGES?**



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**3RD INTERNATIONAL CONFERENCE ON
LEARNING CITIES
THEMATIC FORUM I: PROMOTING LEARNING
FOR GREEN AND HEALTHY CITIES**

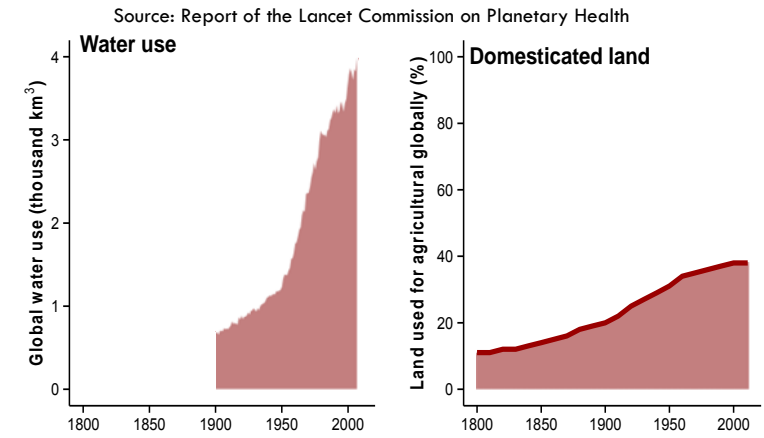
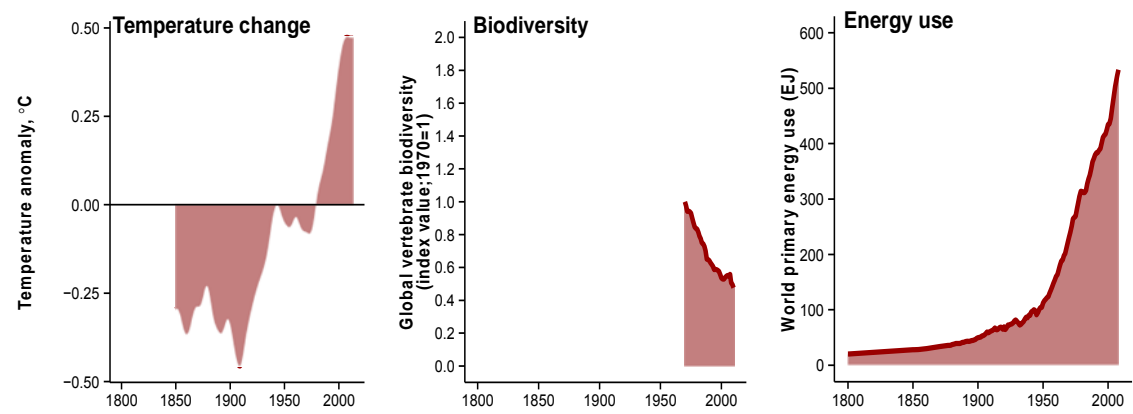
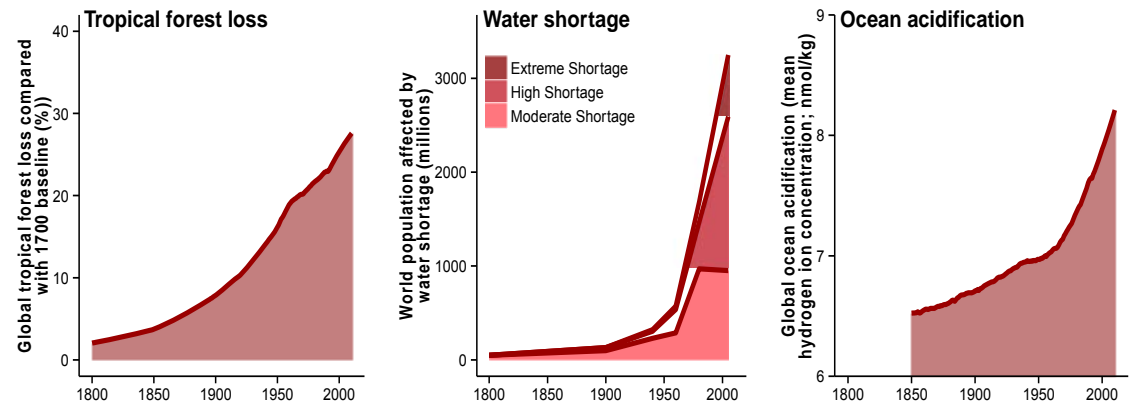
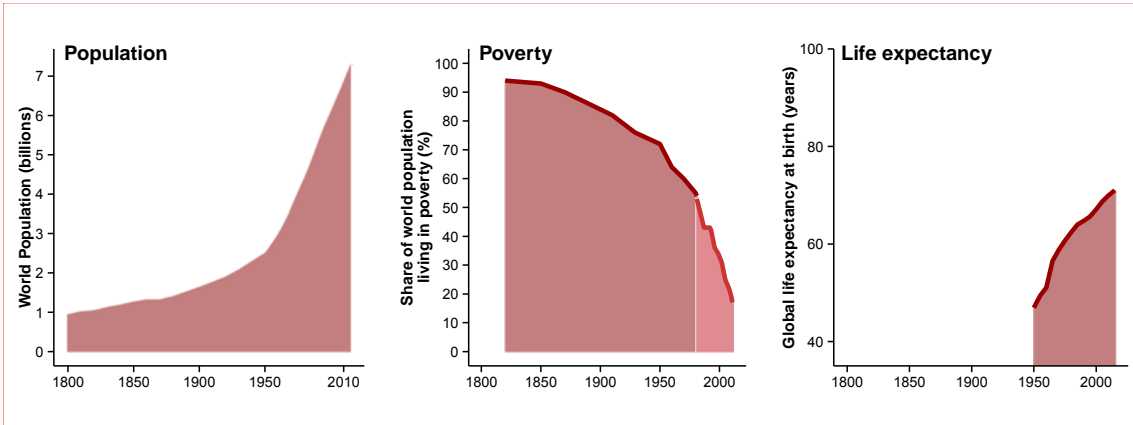
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JOSÉ SIRI, PHD, MPH

**RESEARCH FELLOW
UNU INTERNATIONAL INSTITUTE
FOR GLOBAL HEALTH (UNU-IIGH)**

TWITTER/IG: @JOSEGSIRI

PLANETARY HEALTH





(UN)HEALTHY CITIES?

- ▶ Better health in cities & yet...
 - ▶ Obesity/overweight & NCDs
 - ▶ Climate-related risks
 - ▶ Mental health issues
 - ▶ Pollution-related illness
 - ▶ Tobacco/substance use
 - ▶ Road traffic accidents
 - ▶ Crime and safety
 - ▶ Antibiotic resistance
 - ▶ Dengue
 - ▶ Influenza and others...
 - ▶ Inequities

SYSTEMS PROBLEMS

▶ Characteristics

- ▶ Detail and dynamic complexity
- ▶ Multiple stakeholders
- ▶ Multiple scales
- ▶ Cross-sectoral/related to other problems
- ▶ Resistance to change
- ▶ Unanticipated outcomes

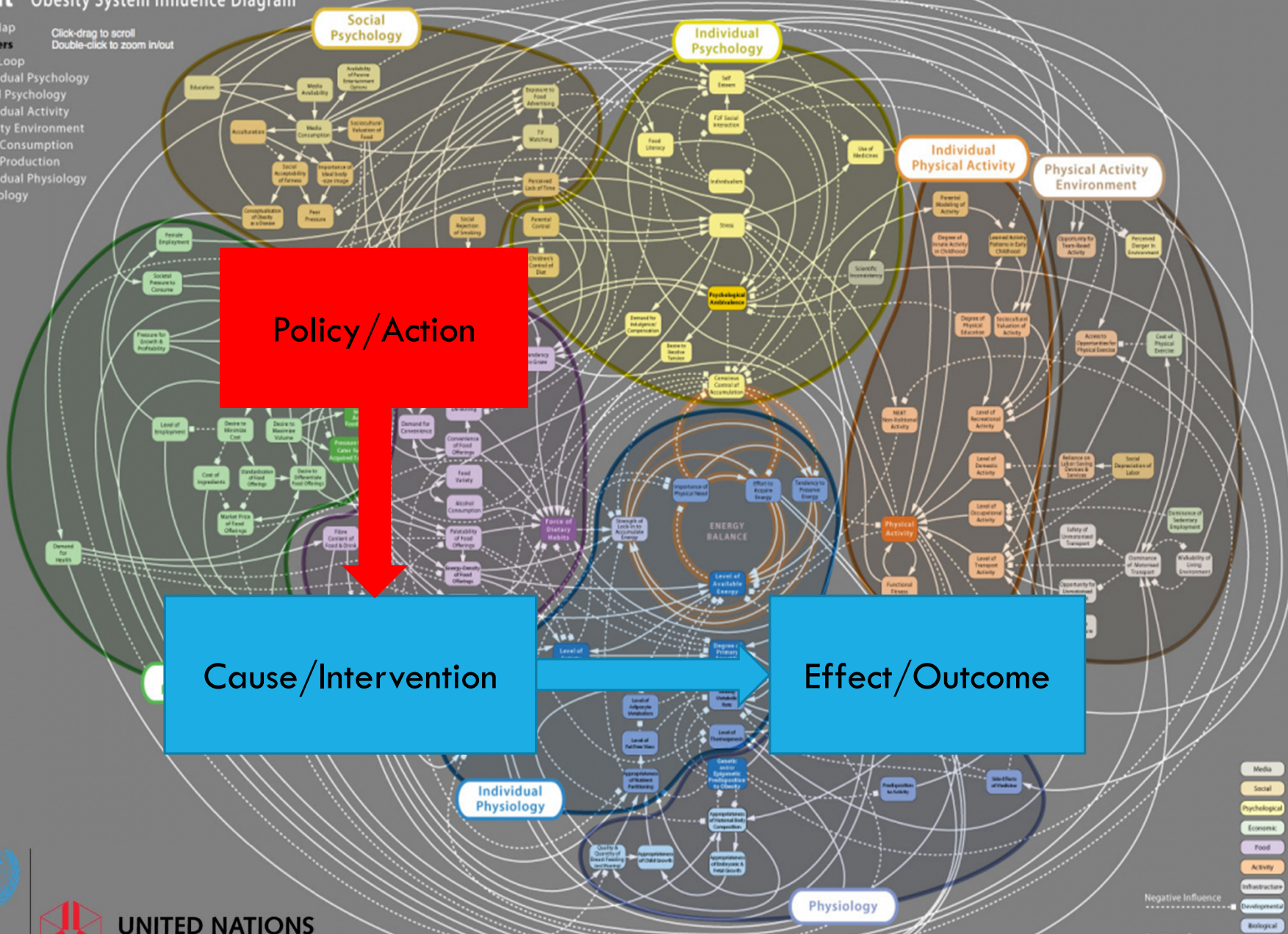


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Source: <http://www.innovationmanagement.se/2010/06/14/complexity-science-and-innovation/>

shift^D Obesity System Influence Diagram

- Full Map
 Clusters Click-drag to scroll
 Double-click to zoom in/out
 Core Loop
 Individual Psychology
 Social Psychology
 Individual Activity
 Activity Environment
 Food Consumption
 Food Production
 Individual Physiology
 Physiology



Policy/Action

Cause/Intervention

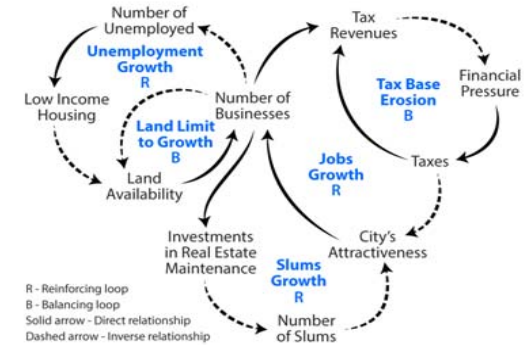
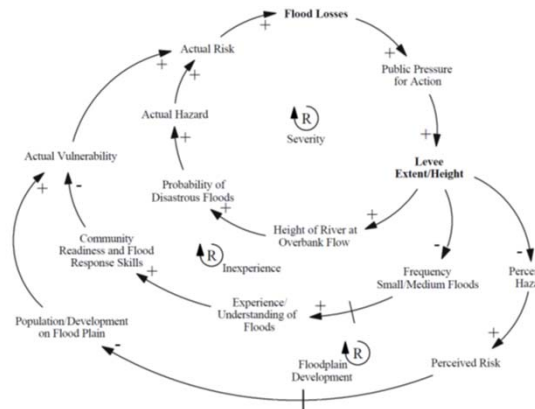
Effect/Outcome

- Media
- Social
- Psychological
- Economic
- Food
- Activity
- Infrastructure
- Development
- Biological
- Medical

Negative Influence
 Positive Influence

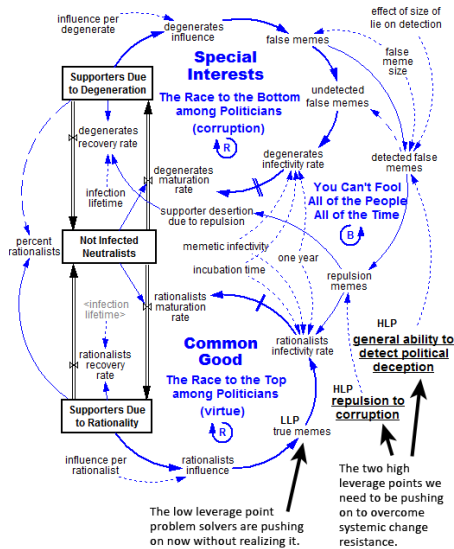


FEEDBACK



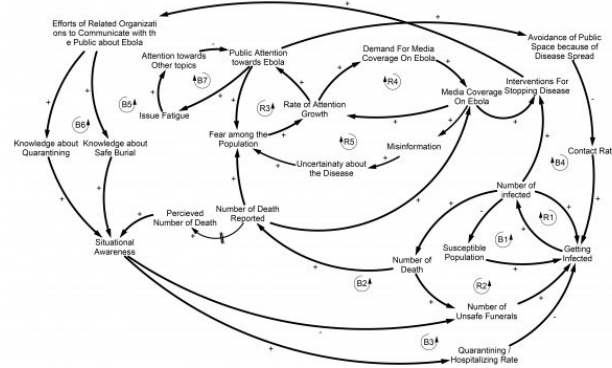
Source: <http://www.thwink.org/sustain/glossary/SystemDynamics.htm>, originally published in *The Systems Thinker*, v4 (7), 1993, drawing on work from Forrester, *Urban Dynamics*, 1969.

The Basic Dueling Loops of the Political Powerplace

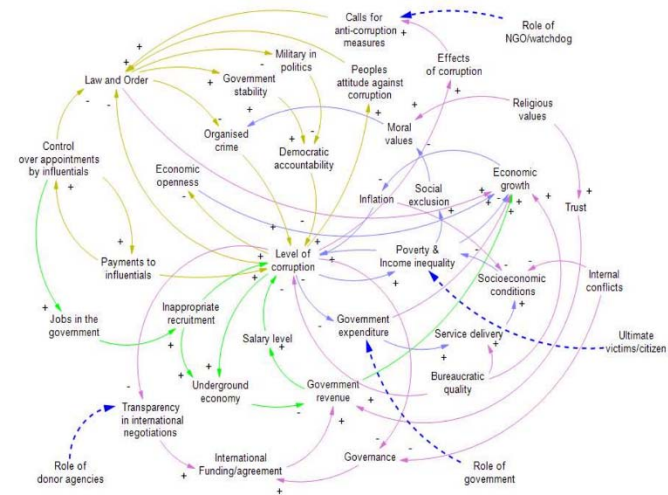


Source: Harich, 2012, <http://www.thwink.org/sustain/articles/005/DuelingLoops.pdf>

Source: Newell and Wasson (2002), *Social System vs Solar System: Why Policy Makers Need History*.



Source: Sharareh et al., <http://currents.plos.org/outbreaks/article/the-ebola-crisis-and-the-corresponding-public-behavior-a-system-dynamics-approach/>



Source: Ullah et al., <https://www.semanticscholar.org/paper/Enhancing-the-Understanding-of-Corruption-through-Ullah-Arthanari/251fd59ba9ff371a46f6d749a5c148647eb5c918>



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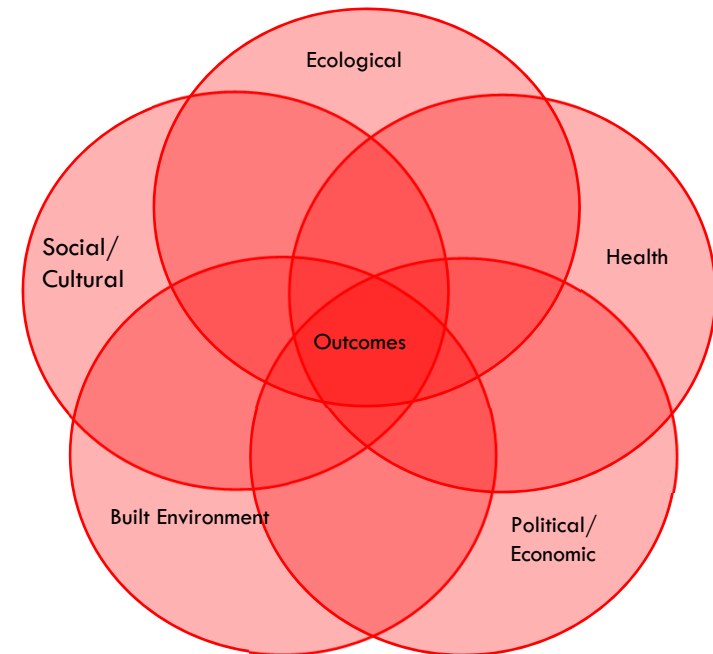
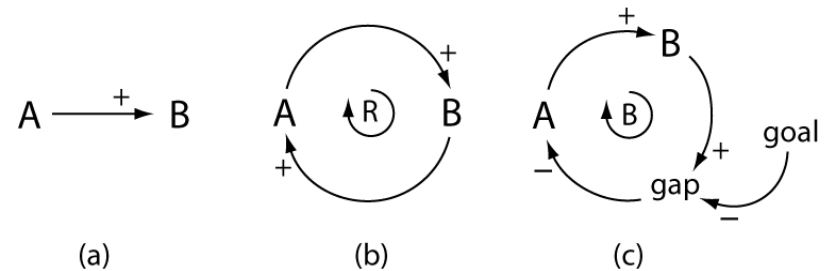
HEALTH IS CENTRAL TO SUSTAINABLE DEVELOPMENT



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SYSTEMS APPROACHES

- ▶ Systems methods to:
 - ▶ Characterize and measure feedback
 - ▶ Identify leverage points for action
 - ▶ Forecast likely outcomes and compare policy scenarios
- ▶ Broad engagement to:
 - ▶ Improve communication
 - ▶ Provide more complete understanding of systems
 - ▶ Assess feasibility of actions
 - ▶ Promote stakeholder ownership



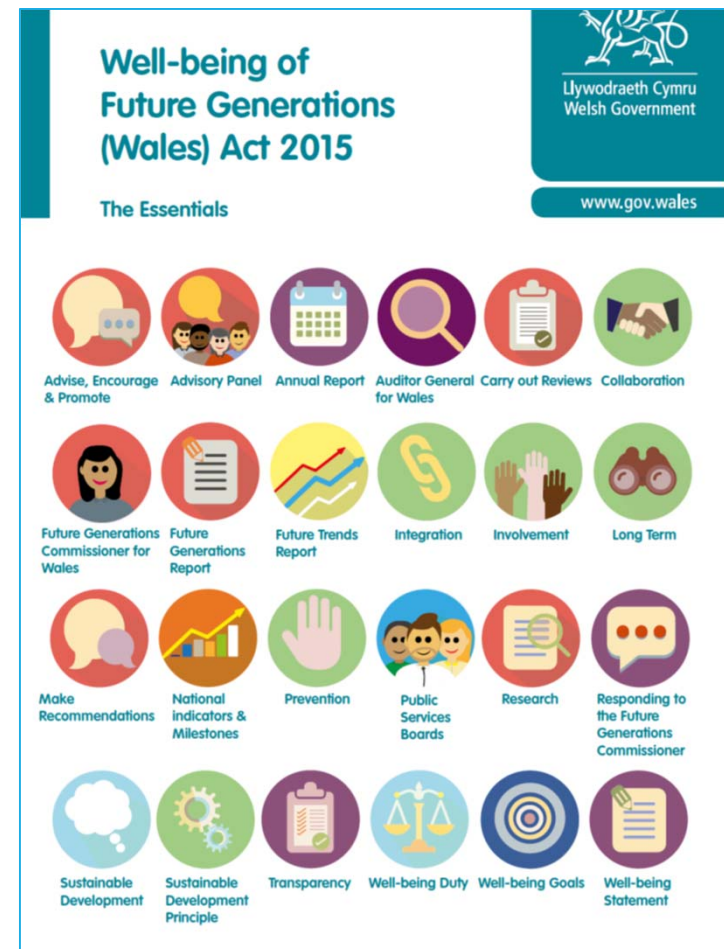
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HOW CAN LEARNING CITIES OVERCOME HEALTH AND SUSTAINABILITY CHALLENGES?

- ▶ Adopt a systems thinking framework for decision-making
 - ▶ Consider feedbacks/complexity
 - ▶ Foster connections
- ▶ Improve the data
 - ▶ Conduct health impact assessments
 - ▶ Seek knowledge from all stakeholders
 - ▶ Experiment and document rationale/outcomes

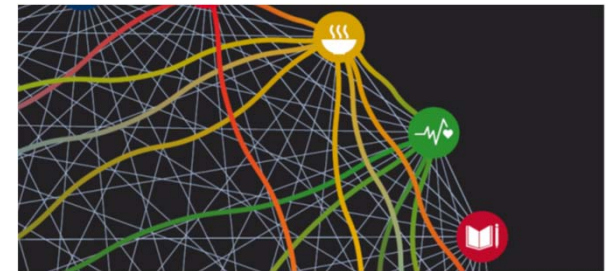
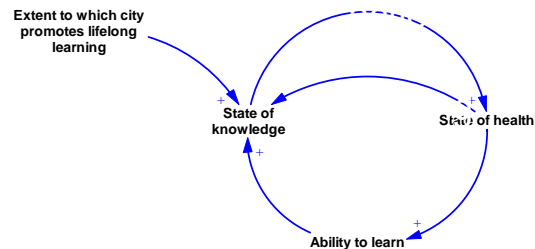


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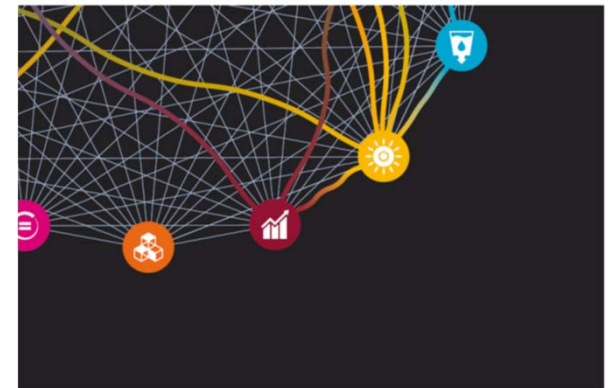


HOW CAN LEARNING CITIES OVERCOME HEALTH AND SUSTAINABILITY CHALLENGES?

- ▶ Identify important local linkages
- ▶ Disseminate insights through lifelong learning
 - ▶ Teach learners to conceptualize simple feedback
 - ▶ Promote complementary learning
 - ▶ Develop interdisciplinary ambassadors
- ▶ Ensure that learning loops work
 - ▶ Evaluate cross-sectoral engagement and transdisciplinary processes
 - ▶ Evidence of adaptation



A GUIDE TO
SDG INTERACTIONS:
FROM SCIENCE
TO IMPLEMENTATION



<https://www.icsu.org/publications/a-guide-to-sdg-interactions-from-science-to-implementation>



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HOW CAN LEARNING CITIES OVERCOME HEALTH AND SUSTAINABILITY CHALLENGES?

- ▶ Implement well-understood interventions
 - ▶ Green/public space
 - ▶ Public/active transport
 - ▶ Mixed use development
 - ▶ Renewable energy
 - ▶ Participatory governance



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SOME BENEFITS OF SYSTEMS THINKING

- ▶ Can **improve accuracy** of policy models
- ▶ Provides for **assessment where data is limited** or in new contexts
- ▶ Allows for **evaluation of simultaneous interventions** by many actors
- ▶ Illuminates **long-term outcomes** which are otherwise invisible
- ▶ Fosters **relationships** between policy-makers and researchers, allowing simpler and more effective communication
- ▶ Builds **linkages across sectors**, allowing more relevant expertise to be applied
- ▶ Ensures that research addresses **real problems, feasible interventions**
- ▶ Generates **accountability** among involved decision-makers
- ▶ Makes for **good narratives**



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