



United Nations
Educational, Scientific and
Cultural Organization



Intangible
Cultural
Heritage

Reçu CLT / CIH / ITH
Le 24 AVR. 2019
N° 0298

NGO accreditation ICH-09 – Form

REQUEST BY A NON-GOVERNMENTAL ORGANIZATION TO BE ACCREDITED TO PROVIDE ADVISORY SERVICES TO THE COMMITTEE

DEADLINE 30 APRIL 2019

Instructions for completing the request form are available at:

<https://ich.unesco.org/en/forms>

1. Name of the organization

1.a. Official name

Please provide the full official name of the organization, in its original language, as it appears in the supporting documentation establishing its legal personality (section 8.b below).

Association for Natural Medicine in Europe e.V. (ANME e.V.)

1.b. Name in English or French

Please provide the name of the organization in English or French.

2. Contact of the organization

2.a. Address of the organization

Please provide the complete postal address of the organization, as well as additional contact information such as its telephone number, email address, website, etc. This should be the postal address where the organization carries out its business, regardless of where it may be legally domiciled (see section 8).

Organization: ANME e.V.

Address: Waldstrasse 21, D-61137 Schöneck, Germany

Telephone number: +49 (0) 61879928121

Email address: office@anme-ngo.eu

Website: <http://www.anme-ngo.eu>

Other relevant information: NGO and Non-Profit Organization

2.b Contact person for correspondence

Provide the complete name, address and other contact information of the person responsible for correspondence concerning this request.

Title (Ms/Mr, etc.): Ms.

Family name: Tuchman

Given name: Lauren

Institution/position: Vice President

Address: Waldstrasse 21, D-61137 Schöneck, Germany

Telephone number: +49 (0) 61879928121

Email address: tuchman@anme-ngo.eu

Other relevant information:

3. Country or countries in which the organization is active

Please identify the country or countries in which the organization actively operates. If it operates entirely within one country, please indicate which country. If its activities are international, please indicate whether it operates globally or in one or more regions, and please list the primary countries in which it carries out its activities.

local

national

international (please specify:)

worldwide

Africa

Arab States

Asia & the Pacific

Europe & North America X

Latin America & the Caribbean

Please list the primary country(ies) in which it is active:

Austria, Belgium, Czech Republic, France, Germany, Greece, Ireland, Italy, Netherlands, Spain, Switzerland

4. Date of its founding or approximate duration of its existence

Please state when the organization came into existence, as it appears in the supporting documentation establishing its legal personality (section 8.b below).

May 2001

5. Objectives of the organization

Please describe the objectives for which the organization was established, which should be 'in conformity with the spirit of the Convention' (Criterion C). If the organization's primary objectives are other than safeguarding intangible cultural heritage, please explain how its safeguarding objectives relate to those larger objectives.

Not to exceed 350 words; do not attach additional information

ANME's mission is based on preserving intangible cultural heritage (ICH), and we are committed to a multi-faceted, inter-cultural approach to the preservation and continuity of valuable forms of knowledge and practice in natural medicine. We encourage education, discussion, and action to aid in the continued and increased access to centuries-old forms of traditional and natural medicine and healing. We focus on the well-being of both humans and animals, and we do so with an interest to also maintain, sustain, and improve the safety of and standards for our environment, medicines, and planet.

Our members span many different professions and have diverse knowledge that adds to the success of ANME. We have scientists, practitioners, pharmacologists, educators and those working in research, pedagogy, and anthropology, etc. We all work as a collective lead by the board members to ensure that valuable facets of our cultural traditional medicine history are retained and safeguarded. We work to ensure understanding and accessibility to all of those individuals and communities who would like to benefit from such medicine and have been benefitting from it for centuries.

ANME is mindful of ecological threats and impact, of humane and animal-friendly agriculture, of good manufacturing practices, as well as of cultural anthropological aspects; ANME believes that this interdisciplinary approach and work both benefits and can help preserve and sustain and safeguard our planet.

We believe that traditional medicine and practices has both significant value and enormous potential for the future of health and healing in any society. We try to help this be understood by showing the historical-cultural and experience-based traditions of the past within the present-day national and global health systems.

ANME is committed to preserving a wide-variety of modalities, healing methods, and to ensuring each patient and or persons interested in health and healthcare options has ample choice in and education about the cultural significance and history of his or her options for therapy.

6. The organization's activities in the field of safeguarding intangible cultural heritage

Sections 6.a to 6.d are the primary place for establishing that the NGO satisfies the criterion of having 'proven competence, expertise and experience in safeguarding (as defined in Article 2.3 of the Convention) intangible cultural heritage belonging, inter alia, to one or more specific domains' (Criterion A).

6.a. Domain(s) in which the organization is active

Please tick one or more boxes to indicate the primary domains in which the organization is most active. If its activities involve domains other than those listed, please tick 'other domains' and indicate which domains are concerned.

<p>oral traditions and expressions</p> <p>performing arts</p> <p>social practices, rituals and festive events X</p> <p>knowledge and practices concerning nature and the universe X</p> <p>traditional craftsmanship X</p> <p>other domains - please specify: X. Acts of healing, healers, traditional healing methods and practices, acts of growth through generations of knowledge, cultural preservation through education</p>
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6.b. Primary safeguarding activities in which the organization is involved

Please tick one or more boxes to indicate the organization's primary safeguarding activities. If its activities involve safeguarding measures not listed here, please tick 'other safeguarding measures' and specify which ones are concerned.

<p>identification, documentation, research (including inventory-making) X</p> <p>preservation, protection X</p> <p>promotion, enhancement X</p> <p>transmission, formal or non-formal education X</p> <p>revitalization</p> <p>other safeguarding measures – please specify:</p>
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6.c. Description of the organization's activities

Organizations requesting accreditation should briefly describe their recent activities and relevant experience in safeguarding intangible cultural heritage, including those demonstrating the capacities of the organization to provide advisory services to the Committee. Relevant documentation may be submitted, if necessary, under section 8.c below.

Not to exceed 550 words; do not attach additional information

ANME strongly believes in the importance of safeguarding intangible cultural heritage. We are an organization that is made up of many members from many different backgrounds-culturally and professionally, and we work for the common goal of upholding long-standing, historically significant, traditional practices within the fields of health and well-being. We focus on education and on the significance of these important traditions for the preservation of humankind and our important diverse history and traditional practices. We place importance on living kindly and using medicine and therapies that are sustainable and can help preserve our planet, not hinder our animals, and stand soundly for future generations.

We engage with society, and we have an understanding of the current climate of change on both national and international levels. We bring together and support the work of professional organisations, educational institutes, patient groups, etc., to bring about this common goal. We represent the interests of traditional natural healing and natural medicine as it relates to consumer and human protection and research on the European, national levels, and sub-regional levels.

We are a member of the advisory board for CAMBRELLA, which initiates and conducts research activities on traditional medicine.

We are a member of EPHA (European Public Health Alliance) www.epha.org, and we regularly attend meetings, their annual symposium, as well take part in two of their working groups on behalf of public health and health awareness.

We have hosted several national and international symposiums. All of our members (300+) as well as educators etc. are invited to these. Our last national symposium was in October 2018 in Berlin, the next international symposium is projected for Prague 2020. Our symposium in 2010, which was held in Vienna, was a collaboration with the Austrian National Agency for Intangible Cultural Heritage (see attached file for 4th EU Symposium).

We try to promote the importance of cultural heritage in all of our work; we believe that it is important to spread awareness, which we do through our attendance and work at conferences, as members of discussion groups, and other EU events year-round.

We cooperate with KNEIPP worldwide, which is approved as Intangible Cultural Heritage in Germany.

We give an award "foerderpreis" to promote people, persons, or organizations who have done excellent activities in the field of natural and traditional medicine and their related disciplines (www.anme-ngo.eu/de/foerderpreis.html). This past year 2018 we have given the award to Peter Germann, who runs PhytAro Medicinal Plant Garden of Gudrun, Germany. This garden has worked for decades to cultivate and provide access to plants that are culturally important and useful in healing in natural medicine.

We offer updates, educational materials, and provide background to ICH on our website to inform both the public and our members about the necessity of taking action and preserving and safeguarding the methods, remedies, and the tradition of natural medicine in its various forms. We provide information (links, research articles, etc.) on the promotion and protection of natural healing, which has benefited millions of people for thousands of years.

We fully intend to support the UNESCO committee as advisors to our greatest ability and due to the breadth of our expertise. Our strong backgrounds and work is further aided by our ability to communicate clearly in English (as we have a native speaker on our board). We can additionally provide a high level of competence writing about Intangible Cultural Heritage. It is our joy to work promoting natural health in ways that we see as fruitful for a diverse and sustained future for people and nature.

6.d. Description of the organization's competence and expertise

Please provide information on the personnel and members of the organization, describe their competence and expertise in the domain of intangible cultural heritage, in particular those that demonstrate the capacities of the organization to provide advisory services to the Committee, and explain how they acquired such competence. Documentation of such competences may be submitted, if necessary, under section 8.c below.

Not to exceed 200 words; do not attach additional information

ANME's Scientific Advisory Board Members:

Mag. Maria Walcher, former president Österreichische Nationalagentur der UNESCO-Austria,

Dr. Michaela Noseck-Licul, laureate of the ANME Award 2001, and Director of Complementary Alternative Medicine Documentation Center, Vienna

Dr. Mathias Schmidt, expert for herbal drug politics (www.herbresearch.de), President of ANME scientific advisory council

Marion Caspers-Merk, former governmental representative for patients rights in Germany, and president of KNEIPP-worldwide

ANME's Executive Board Members:

Nora Laubstein, our president and founder has worked tirelessly to educate and promote the importance and preservation of natural therapies. Nora founded ANME to give a voice and to account for important cultural heritage traditions that should be continued to be passed down from generation to generation.

Dr. Uwe Peters coordinates many of ANME's ICH-activities related to traditional medicine and he participates in UNSECO seminars to help implement ICH in Germany. He is an official stakeholder of "Töpfertradition Westerwälder Steinzeug" and was instrumental for its approval as ICH in Germany. He is also the contact point for ANME to the German Commission for UNESCO (ICH).

Lauren Tuchman is an Eastern Medicine and Herbology practitioner. She additionally has an advanced degree in Medical Anthology, which allows for her vital approach to understanding and preserving culture and its traditional medicine systems as they were intended. She works to protect and bring awareness and continued recognition to the importance of cultural heritage as a deep-woven thread behind our behaviors and health choices.

A list of ANME supporters and our board members is available here: <http://www.anme-ngo.eu/en/links.html>, <https://anme-ngo.eu/en/anme/board.html>

7. The organization's experiences in cooperating with communities, groups and intangible cultural heritage practitioners

The Committee will evaluate whether NGOs requesting accreditation 'cooperate in a spirit of mutual respect with communities, groups and, where appropriate, individuals that create, practise and transmit intangible cultural heritage' (Criterion D). Please briefly describe such experiences here.

Not to exceed 350 words; do not attach additional information

We believe it is important to cooperate with many types of people and organizations to help safeguard and ensure that communities can educate their young people, and can continue many traditions that are in routinely in jeopardy. We give advice on this in our attendances at conferences, through our newsletter mailed to all of our members, and as agenda items in discussion meetings. This is a common thread that accompanies almost all of our work. We believe that there is a reason natural healing traditions have been used successfully for centuries, and we believe it is paramount to keep these traditions alive and protected.

We believe in the idea of the collective— that when healing takes place, and when people are healthy, greater good can come to the whole. We see natural and traditional medicine as something that mirrors our inter-connected nature as humans.

ANME has been a member of the European Coalition for Homeopathic and Anthroposophical Medicinal Products since 2005, where we provide input and help promote the cultural significance and Intangible Heritage of natural medicine.

In February 2009, ANME initiated a motion to implement a separate article regarding ICH in the new EU-Directive about "patient's rights".

In Austria, we are in close relationship with the Austrian Commission for UNESCO in charge of the national implementation of the ICH Convention.

In Germany, we are also in contact with the National Commission for UNESCO and participated in some of their workshops on ICH together with other ICH practitioners.

We are a member of the discussion group on emerging risks within the European Food Safety Authority EFSA. Here we are able to work on behalf of the millions of people that are affected by choices made for our food and soil and land and air. We work to be the voice that can help these diverse communities, and we work to breed understanding of the necessity of preservation and awareness of natural and traditional medicine and healing.

8. Documentation of the operational capacities of the organization

The Operational Directives require that an organization requesting accreditation submit documentation proving that it possesses the operational capacities listed under Criterion E. Such supporting documents may take various forms, in light of the diverse legal regimes in effect in different States. Submitted documents should be translated, whenever possible, into English or French if the originals are in another language. Please label supporting documents clearly with the section (8.a, 8.b or 8.c) to which they refer.

8.a. Members and personnel

Proof of the participation of the members of the organization, as requested under Criterion E (i), may take diverse forms such as a list of directors, a list of personnel and statistical information on the quantity and categories of the members; a complete membership roster usually need not be submitted.

Please attach supporting documents, labelled 'Section 8.a'.

8.b. Recognized legal personality

If the organization has a charter, articles of incorporation, by-laws or similar establishing documents, a copy should be attached. If, under the applicable domestic law, the organization has a legal personality recognized through some means other than an establishing document (for instance, through a published notice in an official gazette or journal), please provide documentation showing how that legal personality was established.

Please attach supporting documents, labelled 'Section 8.b'.

8.c. Duration of existence and activities

If it is not already clearly indicated in the documentation provided under section 8.b, please submit documentation proving that the organization has existed for at least four years at the time it requests accreditation. Please provide documentation showing that it has carried out appropriate safeguarding activities during that time, including those described above in section 6.c. Supplementary materials such as books, CDs, DVDs or similar publications cannot be taken into consideration and should not be submitted.

Please attach supporting documents, labelled 'Section 8.c'.

9. Signature

The application must include the name and signature of the person empowered to sign it on behalf of the organization requesting accreditation. Requests without a signature cannot be considered.

Name: Nora Laubstein

Title: President

Date: 20.4.2019

Signature:



anme

Association for Natural Medicine in Europe
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mail: office@anme-ngo.eu

internet: www.anme-ngo.eu



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Section 8-a /Anme-request /attachment

2019

List of the Extended ANME-Board:

Nora Laubstein Chair „Deutscher Naturheilbund e.V.“	President
Uwe Peters, Dr.rer.nat. Spokesman “AK Mikrobiologische Medizin”	Vicepresident
Lauren Tuchman Practitioner	Vicepresident
Christina Blank Board Member „Bund Deutscher Heilpraktiker“	General Secretary
Renate Köchling-Dietrich Head of “Steinbeis-Transfer-Institute,” Traditional Medicine	Treasurer
Alena Dudakova Secretary “Sanator-Union of Biotronics”	Advisor
Ricarda Dill, Dr.jur. Board Member „Kooperation Deutscher Tierheilpraktiker“	Advisor
Ralf Dissemond Board Member “European Coalition and Council of Homeopaths”	Advisor
Zeynep Sayman „Deutsche Qi-Gong-Gesellschaft“	Advisor
Maria-Leoni Georgopoulou „Flower-Essence-Therapist“	Advisor

2019-List of our members:

- ACON-Arbeitsgemeinschaft für Chiropraktik/Osteopathie und Neuraltherapie /
- Deutscher Heilpraktiker e.V.
- Arbeitsgemeinschaft Anthroposophischer Heilpraktiker-AGAHP
- Arbeitskreis Mikrobielle Therapie-AMT
- AGTCM-Arbeitsgemeinschaft Traditionelle Chinesische Medizin e.V.
- Association Professionnelle des Heilpraktiker en France
- Ausbildungsinstitut für Heilpraktiker
- BDH-Bund Deutscher Heilpraktiker

- Dachverband Freie Gesundheitsberufe e.V.
- Dansk Heilpraktiker Forening
- DNB_Deutscher Naturheilbund e.V.
- Die Heilpraktiker-Schule
- Dokumentationszentrum für traditionelle und komplementäre Heilmethoden, Wien
- Europäischer Verband für Kinesiologie
- EUAA-European Ayurveda Association e.V.
- FDH-Fachverband Deutscher Heilpraktiker - Bundesverband e.V.
- Gesellschaft für biologische Krebsabwehr
- Heilnetz-Anwenderorganisation
- Heilpraktikerschule Düsseldorf
- Heilpraktikerverband Bayern
- Heilpraktikerschule Bierbach
- HEVERT- Arzneimittel GmbH
- Homöopathie ohne Grenzen
- IFAAET- International Federation of Anthroposophic Arts and Eurythmy Therapies
- I.F.P.B. - International Federation for Proprioceptive- and Biomechanical Therapies e.V.
- ISN-International Shiatsu Network
- INUS-Natures'own
- Kneipp Worldwide
- Kooperation deutscher Tierheilpraktiker Verbände e.V.
- Lachesis e.V.
- Laves-Arzneimittel GmbH
- Lehrinstitut Podoposturaltherapie-Chiropraktik
- Medizinische Sektion am Goetheanum
- Medizinisches Lehr+Fortbildungsinstitut Heilpraktiker
- Nambudripad's Allergy Elimination Techniques
- Naturgeneeskunde-Institut
- Naturheilverein Bad Nauheim-Bad Vilbel e.V.
- nutrimmun - Darmgesundheit und Immunsystem-GmbH
- Österreichische Akademie für Kinesiologie und Gesundheit
- PEKANA Naturheilmittel GmbH
- PFLÜGER GmbH + Co. KG
- Phönix Laboratorium GmbH
- QuintaMed, Akademie für ganzheitliche Medizin
- REFORMED-Regroupement Européen pour la Formation et la Reconnaissance des Medecines non conventionnelles
- SHZ Stiftung Homöopathie Zertifikat
- Symbiopharm GmbH
- UDH-Union Deutscher Heilpraktiker - Bundesverband e.V.
- UDH - Hessen e.V.
- VKHD-Verband Klassischer Homöopathen Deutschland
- Warnborough College
- Yoga-Vidya-Berufsverband der Yogalehrer

**How many individual members do our organizations have?
See the list here:**

AGTCM e.V.	1.637
ACON e.V.	490
Associacion Professionelle des HP en France	67
AG anthroposophischer Heilpraktiker e.V.	71
FDH-Bundesverband	7.500
Berufsverband Yoga-Vidya e.V.	367
UDH Bundesverband	3.100
Bund Deutscher Heilpraktiker e.V.	1.300
DNB-Deutscher Naturheilbund	9.500
Europäischer Verband f. Kinesiologie e.V.	381
ISN Int. Shiatsu Network	1.245
UDH Hessen e.V.	450
SHZ-Stiftung Homöopathie Zertifikat	1.371
EUAA	312
I.F.P.B.	253
Dansk Heilpraktiker Forening	187
NHV-Bad Nauheim-Bad Vilbel	1.006
VKHD e.V.	1.093
AMT	324
REFORMED	856
IFAEET	15.000
Koop. Dt.Tierheilpraktiker	587
KNEIPP-worldwide	11.357
Wamborough College-Dublin	81
Heilnetz OWL	450

Section 8-b / Anme-request /attachment

2019

This statute replaces the version of 20th July 2009

These statutes are verified by
Amtsgericht Hanau/Germany, Registergericht,
Nussallee 17 D - 63450 Hanau,
Geschäfts-Nr. VR 1758

Statutes

Association for Natural Medicine in Europe e. V.Modification: October 10th, 2012**§ 1****Objective**

1. The Association for Natural Medicine in Europe e. V. is a coalition of organizations, manufacturers, foundations, professionals of health prevention and individuals in Europe who are active in the areas of naturopathy, traditional medicine, non-conventional medicine, complementary and alternative medicine as well as in health literacy and salutogenesis for human beings and animals. The mentioned units have been groped under the acronym "CAM".
2. It is used for coordination and common safeguarding of interests of CAM in the European and national policy.

§ 2**Name, Seat, Legal Status**

1. The association uses the name *Association for Natural Medicine in Europe – ANME*
2. *ANME* has its seat in Schöneck, Germany.
3. The working languages of the *ANME* are German and English.
4. The one and only purpose of the association is the pursuit of non-profit-aims as defined in § 51 Abgabenordnung (German Tax Code). This is especially achieved by:
 - a. the promotion and protection of the CAM for the common good
 - b. promoting autonomous holistic health care of the population in the countries of origin of the members
 - c. the collection, the increment and deepening of knowledge and experience in CAM
5. *ANME* acts selflessly and only pursues idealistic and non-profit goals. As a Non-Governmental Organization (NGO) and Non-Profit Organization she pursues exclusively non-material goals.
6. *ANME* may use its means solely for purposes in accordance with the terms of the statutes.
7. Members of *ANME* have no share of any profits or other allocations in connection with their membership from *ANME*'s funds.
8. No person or legal entity may benefit from expenses alien to the purposes of *ANME* or from disproportionate remuneration.

§ 3

Tasks

1. Within its objectives, *ANME* pursues the following central tasks:
 - a. promote, preserve and gain recognition of CAM in Europe,
 - b. encourage the cooperation of the member organisations and interested parties,
 - c. promotion of education and further training at European level
 - d. promotion of CAM research in Europe
 - e. promotion of salutogenesis in Europe
 - f. The granting of the *ANME*-award will be made to persons who have made an exceptional manner earned the CAM. The price has been dotted with 500,- Euro and is awarded on special occasions.
2. As long as its non-profit orientation as stated in § 2 is not endangered, *ANME* may, within its objectives, assume further tasks.

§ 4

Membership

1. Membership in *ANME* is open solely to organisations, foundations, manufacturers and individuals of the area of CAM that
 - a. are domiciled in a member state of the Council of Europe
 - b. by the laws of their home country can be subject of rights and duties.
2. Persons and organizations that promote CAM may obtain membership by resolution of the Executive Board.
3. There is no right to membership.
4. With his accession the member agrees that in connection with membership required personal data, taking into account the provisions of the Federal Data Protection ACT applicable to the association, will be processed and used. These are the following disclosures: name, first name, contact details and bank account. Without this consent, a member can not be justified. The personal data transmitted shall be used exclusively for club purposes. This specifically includes the management of members, conducting general meetings and events of the association and the proliferation of electronic mail. Any further processing or use (e.g. transfer to third parties) without the consent of the member is not allowed.

§ 5

Admission, Withdrawal, Expulsion

1. Applications for admission shall be addressed in writing to the Executive Board of *ANME* which decides about the admission.
2. A member may withdraw from *ANME* only at the end of the calendar year. Written notification shall be given to the committee of *ANME* at least three months previously. The withdrawal notice does not relieve the member of current obligations to *ANME*. Any claims of the withdrawing member against *ANME* originating in the membership shall be excluded.
3. For serious reasons, the board may approve the request for an immediate termination.
4. A member may be expelled for not meeting his obligations to *ANME* or for jeopardizing the goals of *ANME* or its non-profit constitution.
5. Before being expelled, the member shall be warned and be granted the opportunity to meet his obligations within a reasonable period of time.
6. The right of expulsion for good cause remains unaffected.

§ 6

Membership Fees

1. The Extended Board decides by resolution, requiring a two-thirds majority, a regulation that stipulates the nature, amount and due date of membership fees. Upon motion of a Board member, the general assembly of members decides by a simple majority.
2. The membership fees shall not exceed the funds needed for performing the proposed statutory functions of *ANME*.
3. All members contribute fees according to the regulation.
4. The application for a free associate membership may only be submitted by organizations and associations.

§ 7

Organs

1. The organs of *ANME* are:
 - a. the Executive Board
 - b. the Extended Board
 - c. the General Assembly of members
2. The Extended Board may decide to set up further associate organs or bodies, particularly special committees. These bodies are generally dependent.

§ 8

Executive and Extended Board

1. The Executive Board of *ANME* consists of a minimum of four and maximum of six members:
 - a. the president
 - b. at least one vice-president
 - c. the treasurer
 - d. the secretary
2. The Extended Board of *ANME* consists of a minimum of five and maximum of eleven members:
 - a. the Executive Board
 - b. and at least one adviser
3. The President and his/her vice-presidents are the legal representatives of *ANME* in litigation and for all other purposes according to § 26 of the German Civil Code (BGB).
4. The Executive Board manages the affairs of the association and performs all administrative tasks not assigned to other bodies of *ANME*. The Executive Boards duties include in particular the following:
 - a. to carry out the resolutions of the general assembly of members,
 - b. to convoke and prepare the general assembly of members, directed over by the president or his vice-president,
 - c. to keep the accounts and prepare the annual activity and financial report for each fiscal year,
 - d. to admit members and assist with their admission according to these statutes,
 - e. to conclude and terminate contracts and other legal relationships for *ANME*.
5. The Extended Board is elected for a period of three years.
6. The Extended Board may adopt its resolutions by written circulation.
7. If a director office is vacant, the Board may provisionally appoint another member to the Extended Board. The Board may also through personal union one of its members entrust the exercise of two offices.

§ 9

General Assembly of Members

1. The general assembly of members is competent for all tasks that are not assigned to the Extended Board or other bodies of *ANME*. It holds the exclusive competence for the following affairs:
 - a. receive the annual report with the activity and financial report and to give formal approval to the actions of the Executive Board,
 - b. regulate membership dues,
 - c. elect and remove members of the Extended Board,
 - d. alter the statutes,
 - e. closure of *ANME*.
2. The ordinary general assembly of members is held at least once a year. An extraordinary general assembly of members is to be convoked when
 - a. the committee decides the convocation for urgent reasons,
 - b. 1/10 of the members demand the convocation of the Board, stating the reasons in writing.
3. The general assembly of members is summoned by the president or his vice-president by written invitation, stating the agenda, giving at least four weeks' notice. The annual activity report and the financial report of the Board have to be attached to this notice. The term commences the day after the invitations are sent out.
4. The invitation is deemed to be received by the member if the Board sent it to his last known address or e-mail-address.
5. Up to two weeks prior to the general assembly of members, any member may request in writing to supplement the agenda. Any motion proposed after that date or during the general assembly must be approved by a two-thirds-majority of the assembly.
6. The general assembly of members is conducted by the president, in his absence by one of the vice-president and in their absence by the treasurer. If no member of the Board is present, the assembly appoints a chairman for the meeting.
7. For the election of the Extended Board, the general assembly of members appoints an official in charge, an election worker and a recording secretary who are not members of the Extended Board. Before starting the procedure the actual number of votes must be detected.
8. Each present individual member has one vote.
9. Members that are organizations with up to 50 individual members, producers and foundations have one vote. To reflect the strength of organizations, organizations receive per started another 50 members one more vote to a maximum of 20 votes.
10. Associated members have no voting rights.
11. Members of the Extended Board will be elected one by one in the order stated in § 8 by acclamation. The right to apply for a secret ballot shall remain unaffected. The candidate who receives more than half of the valid votes cast shall be considered elected. If none of the candidates receives the required number of votes, there will be a runoff election between the two candidates who received the most votes. In the case of a tie, the returning officer of the assembly decides by drawing a lot.
12. After the election of the members of Extended Board the cash auditor will be elected corresponding to clause 11.
13. As a general rule, resolutions are adopted by simple majority if these statutes or regulations that are based on them do not expressly provide otherwise.
14. The following matters can only be put to vote with a two-thirds-majority:
 - a. Changes of these statutes, name and objective of the association (also in accordance with § 3 clause 2).
 - b. Changes of the legal structure.
15. To dissolve *ANME*, a four-fifth-majority of the submitted votes is needed (see below §11, clause1)

§ 10

Office

1. *ANME* runs an office in order to fulfill its functions and to handle current business.

2. Letters, motions to the assembly of members and to the committee and all kinds of correspondence concerning *ANME*, are to be sent to the office. The office is to examine all correspondence and documents as well as, if required, document and file them.
3. Every member has the right to inspect the business documents of *ANME* at the seat of office, to make copies or have them made at cost. This right expires upon termination of membership.
4. For tasks of the office and the association may be completed full-time employment.
5. Travel expenses and reimbursement of expenses may be granted to the Extended Board and members under tax packages (tax code, volunteering). In addition a flat-rate daily allowance is granted. The amount is determined by the Extended Board.

§ 11

Dissolution

1. The general assembly of members decides about the dissolution of *ANME*. The motion for the dissolution must be put on the agenda by at least 1/4 of the members no less than three months prior to a specially convoked assembly of members.
2. In case of dissolution of *ANME*, it shall be liquidated according to §§ 47 ff. of the German Civil Code (BGB), if necessary. The committee is in charge of the liquidation. Any remaining assets are to be converted into EURO and to be donated to another acknowledged non-profit organisation in Germany.

§ 12

Board of Arbitration

A board of arbitration is elected every three years by the assembly of members. It consists of three persons who are not members of the committee. The board of arbitration may be applied to by every single member or by the Board.

§ 13

Final Provision

1. The place of jurisdiction shall be Frankfurt-on-Main, Germany. This jurisdiction shall also apply to disputes about matters for which the laws of other states of the European Union or private international law provide other jurisdictions.
2. The first statute of *ANME* has been drawn up in German, English and French. It has taken effect upon signature by the founding members.
3. Any clause of the forgoing statutes which is found invalid has no effect on the validity of any other clause of the statutes.

24 AVR. 2019

N° 0298

Section 8-c / Anme-request / attachment

2019

At the beginning in 2001, it seemed to be a big illusion to assemble many people and organizations affected in a Europe - wide network . Even today we do not receive the massive support, that would be needed to award a firm voice for Traditional Medicine in Europe.

What could ANME reach until now?

- ANME helped to build up an EU-wide community
- In 2017 we supported the 130-years-old people`s organization "Deutscher Naturheilbund" in safeguarding their values and traditions in an existential crisis
- All main traditional therapy forms are represented on a European level
- ANME carried out five European symposia and two national (3 x in Germany, in Belgium, in Latvia , in Austria and in Athens) so far
- We helped to increase the quality of the Traditional medicine discourse within the European institutions and representations
- ANME has coined the concept - of Traditional Medicine as an immaterial cultural heritage
- Doctors+ non-doctors cooperate within ANME
- We are an advocate of the recognition of Traditional Medicine to be looked at as a health system of its own right in national and European politics
- In 2011 ANME helped to safeguard "Qigong" within the Latvian Health System
- ANME has installed a promotion prize for persons, who made an outstanding contribution towards safeguarding traditional herbal use: Award 2018 to the herbal`s garden of PhyTaro in Dortmund, Germany
- We supported the VET-petition in Germany: It was successful and the German Government will suggest the availability of homeopathic medicines in the new VET-directive
- ANME is still advocating for a reversed directive about Herbal medicinal products - THMPD

Our challenges:

Today, the demands for science and evidence based research makes it difficult for Traditional Medicine and its cultural surrounding. Healing rituals, the rhythms of life, a healthy nature without water- or air pollution, all this means the term holistic.

The implementation of Sustainable development goals have to respect the cultural heritage as a framework or inspiration. This is our mission, our vision and inspiration.

Our core competences:

The Europe wide network „ANME“ is to this day the only organization which really brings ALL human beings involved into Traditional Medicine together: Active people, patients, therapists,

educational institutions, scientist and family-based biological manufacturers.

Our goal is to have traditional methods being appreciated as an immaterial cultural heritage according to the UNESCO convention of 2003.

This perspective would open up the chance for Traditional Medicine to make its spiritual and intellectual components visible to be recognized as a special value.

ANME is based on voluntary work and financed exclusively by membership dues and is therefore independent politically and economically.

Zeitschrift für

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1

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Seite 1–48
40. Jahrgang

Im Porträt: Das Edelweiß

- Cranberry-Extrakt moduliert Freisetzung des Tamm-Horsfall-Proteins
- Übersicht Schwarzkümmel: Experimentell nachgewiesenen Wirkungen
- Fingerwurz – eine thailändische Heilpflanze
- Blutzuckerkontrolle mit Walnussblattextrakt?
- Teemischungen in der Apotheke



Thieme

Ehrendoktorwürde für Prof. Dr. Matthias F. Melzig



► Abb. 1 Prof. Dr. Dr. h. c. Matthias F. Melzig

Prof. Dr. Matthias F. Melzig, Geschäftsführender Direktor des Instituts für Pharmazie der FU Berlin und Mitherausgeber dieser Zeitschrift, ist am 14. Dezember vergangenen Jahres mit einem Festakt die Ehrendoktorwürde der Medizinischen Universität Warschau feierlich verliehen worden. 1997 hat Prof. Melzig die Zusammenarbeit mit der dortigen Pharmazeutischen Fakultät initiiert und stetig ausgebaut. Im Mittelpunkt stehen die Analytik von Naturstoffen und deren Pharmakologie. Inzwischen herrscht ein reger Austausch von Doktoranden, cand. Master und Gastwissenschaftlern zwischen Berlin und Warschau, u. a. abzulesen an einer Vielzahl gemeinsamer Publikationen. Wir gratulieren Herrn Prof. Dr. Melzig sehr herzlich!

Georg Thieme Verlag

Anthrachinon-Workshop zum 70. Geburtstag von Prof. Dr. Beat Meier

Am 11. April findet im Rahmen des „Day of Life Sciences“ an der ZHAW in Wädenswil/Schweiz ein Workshop zum Thema Hydroxyanthracenglykoside enthaltende Drogen statt. Im Fokus stehen die als Laxantien gebrauchten Drogen, die in der europäischen Pharmakopöe (Ph. Eur.) monografiert sind. Diese Monographien sind derzeit in Bearbeitung, wobei die Analytik modernisiert werden soll. Wirksamkeit und Sicherheit werden ebenfalls diskutiert. Der Anlass steht auch im Zeichen des 70. Geburtstages von Prof. Dr. Beat Meier, der

sich zum Abschluss seiner wissenschaftlichen Karriere intensiv mit den analytischen Problemen rund um die im Arzneibuch monografierten Laxantien beschäftigte. Programm und Anmeldetool:

www.zhaw.ch/icbt/day-of-lifesciences

Neue ESCOP-Monografie Brennnessel

Die European Scientific Cooperative on Phytotherapy (ESCOP) hat die Monografie „Urticae folium / herba“ veröffentlicht und beleuchtet die Eignung hinsichtlich der klassischen Indikationen Arthritis/Arthrose, rheumatische Erkrankungen und Entzündungen der ableitenden Harnwege. Die ESCOP-Sammlung umfasst aktuell 54 Monografien. Für Mitglieder der ESCOP-Mitgliedsgesellschaften, wie die GPT, ÖGPhyt und SMGP, sind die Monografien online frei zugänglich, der Download kostet ermäßigt je 12 €.

www.escop.com

Das Edelweiß dreifach im Fokus

Auf den Seiten 39 ff dieser Ausgabe findet sich ein Porträt von *Leontopodium alpinum*. Die wohl bekannteste Alpenpflanze ist 2019 auch Arzneipflanze des Jahres in Österreich, das entschied die Herbal Medicinal Products Platform Austria (www.hmp.pa.at). Und nicht zuletzt steht das Edelweiß am 25.4. im Mittelpunkt eines Vor-Symposiums zur diesjährigen Tagung der Österreichischen Gesellschaft für Phytotherapie in Graz (Edelweiss: Phytochemical, Pharmacological and Clinical Evidence. <https://oe.phgraz-kongress.uni-graz.at>).

Das Alpenedelweiß wird seit Jahrhunderten in der traditionellen Volksmedizin verwendet. „Extrakte aus verschiedenen Pflanzenteilen wurden zur Behandlung von Bauchschmerzen, Erkrankungen des Respirationstraktes, Herzkrankheiten, vor allem aber gegen Ruhr und Durchfall eingesetzt“, sagt Univ.-Prof. Dr. Hermann Stuppner, Präsident der HMPPA, Institut für

Pharmazie / Pharmakognosie, Universität Innsbruck und ausgewiesener Kenner der Species.

HK

Förderpreis an den PhytAro Heilpflanzengarten in Dortmund

Die ANME (Association for Natural Medicine in Europe) vergibt europaweit alle zwei Jahre einen Förderpreis für Projekte, die besonders unterstützungswürdig sind. Sie hat sich auf die Fahne geschrieben, den Dialog mit Politikern, Herstellern von pharmazeutischen Produkten, Therapeuten, Schulen, Instituten und Stiftungen sowie Gesellschaften aus Forschung und Wissenschaft zu suchen. Es geht um die Gestaltung eines europäischen Gesundheitsprogramms.

2018 ging die Ehrung an den PhytAro Heilpflanzengarten, welcher von Gudrun und Peter Germann betrieben wird. Angegliedert an die PhytAro Heilpflanzenschule, ist auf 800 Quadratmetern der Heilpflanzengarten angelegt. Optisch ist er dem Garten des Walahfrid von der Reichenau aus dem 9. Jahrhundert nachempfunden. In Gefachen, gegliedert nach Indikationen, sind 300 Heilpflanzen angebaut. Auch alter Baumbestand mit phytotherapeutischer Bedeutung ist vorhanden. PhytAro möchte damit die ganze Palette der heilpflanzlichen Anwendung in Garten und Unterricht weitergeben: die rationale und traditionelle Phytotherapie, die Volkshelkunde und die bei uns etablierte Ethnomedizin. Alle vier Säulen der Heilpflanzenkunde werden nach kritischer Sichtung einbezogen. So reichen zum Verständnis nicht allein die chemischen Inhaltsstoffe aus, sondern ebenfalls Kenntnisse der Humoralpathologie, Elementelehre und Signatur.

Peter Germann nahm den ANME Preis Ende Oktober beim ANME Symposium in Berlin entgegen. Die Förderung ist mit 500 Euro dotiert und fließt in den Erhalt des Gartens. „Ich möchte mich an dieser Stelle auch im Namen meiner Frau für die Ehrung bei der ANME



► Abb. 2 ANME-Förderpreis 2018 für den PhytAro Heilpflanzengarten in Dortmund.
Foto: Peter Germann

bedanken. Es ist ein zusätzlicher Ansporn für uns, das Projekt weiterhin zu erhalten und auszubauen“, so Germann.

www.phytaro.de

Weleda wächst

Die Weleda AG, Weltmarktführerin für ganzheitliche Naturkosmetik und anthroposophische Arzneimittel, hat 2018 ihren Umsatz um 2,7 % gesteigert. Ohne Wechselkurseffekte lag das Wachstum bei 4,7 %. Der Umsatz betrug rund 412 Mio. Euro (Vorjahr 401 Mio. Euro). Das Wachstum kommt aus dem Bereich Naturkosmetik (+ 5,2 %). Die Internationalisierung ist hier wesentlicher Wachstumstreiber. Bei den Arzneimitteln lag der Umsatz mit rund 105 Mio. Euro 3,5 % unter Vorjahresniveau. Sowohl die D-A-CH Region als auch Westeuropa verzeichneten leichte Umsatzrückgänge. Die Region Südamerika wuchs ohne Wechselkurseffekte zweistellig.

Weleda AG, 15.2.2019

BfArM: 79 Bieter für Cannabisanbau

79 Bieter bzw. Bietergemeinschaften haben im Ausschreibungsverfahren des Bundesinstituts für Arzneimittel und

Medizinprodukte für den Anbau von Cannabis zu medizinischen Zwecken Angebote abgegeben. Die Zuschlagserteilung soll im 2. Quartal 2019 erfolgen. Das BfArM erwartet die erste Ernte für das 4. Quartal 2020. Der Anbau in Deutschland soll zur Versorgung schwer kranker Patienten beitragen. Derzeit wird Cannabis aus dem Ausland nach Deutschland importiert. Der Import wird auch künftig möglich sein.

Die Ausschreibung umfasst 10 400 kg Cannabis, verteilt auf vier Jahre mit jeweils 2600 kg. Es wird 13 Lose zu je 200 kg / Jahr geben. Bei der Festlegung der Ausschreibungsmenge musste auch berücksichtigt werden, dass Hersteller, Händler und Apotheken medizinisches Cannabis künftig nicht ausschließlich bei der Cannabisagentur, sondern weiterhin auch bei Importeuren kaufen können.

BfArM, 28.1.2019

Aromatherapie hilft Senioren mit Depressionen

Xiong M, Li Y, Tang P et al. Effectiveness of aromatherapy massage and inhalation on symptoms of depression in Chinese community-dwelling older adults. *J Altern Complement Med* 2018; 24: 717–724

Therapien mit Aromaölen könnten Senioren mit Depressionen helfen. Das zeigte

eine chinesische Studie. Die Wissenschaftler teilten depressive ältere Menschen in drei Gruppen ein: Eine Behandlungsgruppe erhielt Aromatherapie-Massagen, eine weitere -inhalationen, und die Kontrollgruppe bekam keine Behandlung. Das verwendete Aromaöl bestand aus Lavendel-, Orangen- und Bergamottöl im Verhältnis 2:1:1. Ein Tropfen der Mischung wurde entweder für die Massagen einem Mandelöl zugefügt oder zur Inhalation mit Wasser vermischt. Bei der Massage wurde das aromatisierte Öl mit traditionellen chinesischen Techniken in Kopf, Nacken, Schultern, Arme und Hände einmassiert. Zum Inhalieren verteilte ein Vernebler die Öl-Wasser-Mischung im Raum. Beide Aromatherapieanwendungen verbesserten signifikant die Stimmung der Senioren. Das hielt auch sechs und zehn Wochen nach dem Ende der Behandlung an. In der Massagegruppe waren die Ergebnisse noch etwas besser gegenüber der Inhalationsgruppe, wenn auch nicht signifikant. Es gab keine unerwünschten Nebenwirkungen.

www.carstens-stiftung.de/RN

Mit Kaffeeduft leistungsfähiger?

Madzharov A, Ye N, Morrin M et al. The impact of coffee-like scent on expectations and performance. *Journal of Environmental Psychology* 2018; 57: 83–86

Studenten, die einen Mathetest in einem Raum mit Kaffeeduft absolvierten, schnitten bei analytischen Aufgaben deutlich besser ab als ihre Kommilitonen in einem duftfreien Raum. Die Forscher befragten die 200 Teilnehmer zu verschiedenen Düften und ihrer potenziellen Wirkung auf die Leistung. Im Ergebnis glaubten diese, dass Kaffeeduft sie leistungsfähiger mache und sich generell positiv auf ihre geistige Leistungsfähigkeit auswirken würde. Die Forscher schließen daraus auf einen Placebo-Effekt des Kaffeegeruchs. Durch die Erwartungshaltung der Probanden hat allein der Duft einen ähnlichen Effekt erzeugt wie Kaffee zu trinken.

„Phyto-Extrakt“ Ausgabe 110 vom 11.9.2018

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Stuttgart, den 26.03.2019 / HK

Z Phytotherapie 1-2019: Belegexemplar

Lieber Herr Germann,

Sie erhalten heute ein Belegexemplar der Z Phytotherapie mit Ihrem Bericht zur Verleihung des ANME-Förderpreises (s. S. 35). **Wir gratulieren!**

Mit schönen Grüßen
Georg Thieme Verlag



Hanno Kretschmer

Redaktion Zeitschrift für Phytotherapie
Redaktion Ernährung & Medizin
Mo.–Do. 9:00–15:30 Uhr

Vielen Dank!

Anlage



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Nehmen Sie teil

Diese Informationsschrift gibt Ihnen einen Einblick in das vielfältige Spektrum der Naturheilkunde und eine erste Begegnung mit dem Deutschen Naturheilbund.

Entdecken Sie darüber hinaus auf unserer Webseite

www.naturheilbund.de

viele detaillierte Informationen, zum Beispiel

- eine Arzt- und Therapeutensuche,
- aktuelle Veranstaltungen von Naturheilvereinen,
- Naturheilkundliche Ratgeber-Artikel zu vielerlei Krankheits-symptomen,
- Kontakt zu unseren Naturheilvereinen,
- über die Ausbildung zum Naturheilkunde-Berater DNB,
- zu den jährlichen Aktionstagen für die Naturheilkunde,
- zur Gesundheitswochen an der Prießnitz-Wirkungsstätte Gräfenberg
- über die bewegte und spannende Geschichte des Verbandes und vieles mehr.

Mit dem wachsenden Interesse der Bürger an Naturheilkunde und ihren Erfolgen wird unsere Arbeit in Zukunft noch wertvoller und noch mehr an Bedeutung erfahren. Schließen Sie sich dieser wachsenden Bewegung an – Ihre Mitgliedschaft macht Sinn!

Naturheilkunde hat Lösungen – auch für Sie!



**Deutscher
Naturheilbund eV**

(Prießnitz-Bund) gegr. 1889
Dachverband
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