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Yeonsu 2021
International Conference
on Learning Cities
제5차 유네스코 학습도시 국제 컨퍼런스

Learning For Health & Well Being – a new Paradigm: Perspectives from Cork

Lord Mayor of Cork, Councillor. Colm Kelleher

Chief Executive Cork City Council, Ms Ann Doherty





Cork Healthy Cities
a healthier city together



Cork 2005
European Capital of Culture



Comhairle Cathrach Chorcaí
Cork City Council



We are Cork.

Who are we as a city?



UNESCO Third International Conference on Learning Cities:



  **Cork2017** 

INTERNATIONAL CONFERENCE ON LEARNING CITIES
18-20 SEPTEMBER 2017 CORK CITY, IRELAND

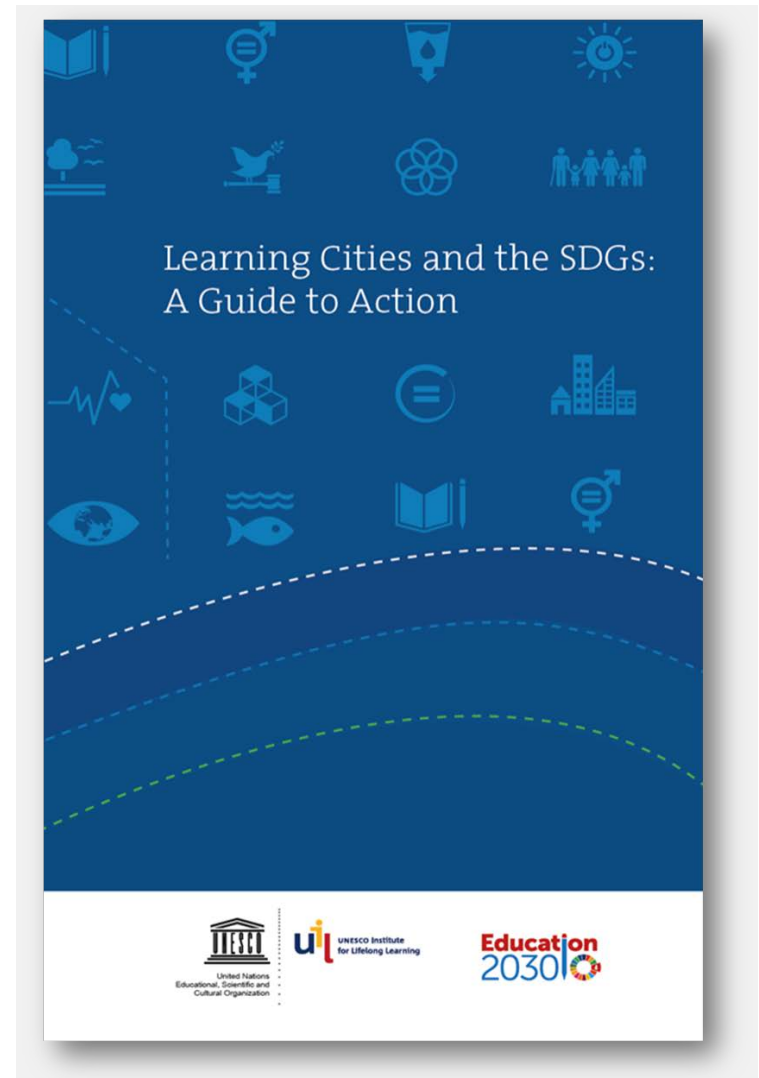
**GLOBAL GOALS, LOCAL ACTIONS:
TOWARDS LIFELONG LEARNING FOR ALL IN 2030**



UNESCO Cork Call to Action on Learning Cities

Calling on cities worldwide to deliver on the Sustainable Development Goals through developing their cities as:

- Green & Healthy Learning Cities,
- Equitable and Inclusive Learning Cities,
- Supporting decent work and entrepreneurship.



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Cork Learning City Structure

Cork Learning City Structure 2021



- Early Childhood Studies
- Primary & Secondary Education
- Tertiary / Further Education & Training
- Higher Education Providers & Learners
- Community Education
- Youth & Active Retired
- Inclusive Learning
- Private Sector



Cluster on Learning for Health and Well-being.

Webinar and Meeting of the
UIL Cluster of
Learning Cities
for Health and Well-being



LEARNING FOR WELL-BEING 2020

SUPPORTING RESILIENCE IN LEARNING CITIES

3 & 4 DECEMBER 2020

CORK
IRELAND

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. presentations . well-being . innovations . networking . workshops . inspiration . support .

Presenting and investigating innovative and transferrable examples of best practice in UNESCO UIL Learning Cities across the world in supporting the health & well-being of their citizens.



Learning City Cluster on Learning for Health and Well-being.

Looking back – Looking forward

Responding to Covid-19

2020 -

Learning city responses in support of the Health and Well-being of citizens

2021 -

The role that Learning for Well-being can play in supporting the resilience of city populations



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Cluster on Learning for Health and Well-being.



The Role of Citizen Activists

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RECOMMENDATION – 1 The Role of Citizen Activists

The Involvement and Empowerment of Citizens as activists, to co-design, co-create and co-deliver initiatives is key to successfully including all members of the public.

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'The great lesson we want to learn from this crisis is that we need absolutely to find the way, and better ways, to succeed in the empowerment of everyone; the audience, the public, the students, the youngsters.'

Empowerment, involvement and engagement of each inhabitant to co-build these programs from the individual needs up to the highest levels.'

M. Philippe Bohelay – Claremont Ferrand, France

'We have partnered with a nonprofit private group to operate a lifelong learning program for growing citizens gardens and eco-activists.'

Mayor Kwak, Sang-Wook, Osan



A Renewed Focus on Youth

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RECOMMENDATION – 2 A Renewed Focus on Youth

Our Youth deserve a special focus as we recover from the pandemic, as a group in society that have been particularly affected by the lockdowns, and as young citizen leaders who can promote Health, Well-being, and Resilience among their peers, families and communities.



'Youth are providing peer-based prevention and advice. Their mission was to mix music with prevention and health messages, thus becoming health ambassadors to their peers'

Alexandra Lion - Evry-Courcoronnes, France



'We brought people with disabilities together with other youth to formulate a theatre to show people how we should deal with people with disabilities and how we should include them'
- Raghda Hesham, Aswan

'In Ireland, the promotion of well-being for all of our children and young people is central to our mission to enable our young people to achieve their full potential and be the best they can be.'

Prime Minister: An Taoiseach Micheál Martin

Integration across the sectors

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RECOMMENDATION – 3 Integration across the Sectors

An Integrated, Cross Sectoral Approach has been key to tackling the health crisis.

This learning and approach needs to be applied to other global issues.

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- 'Global Knowledge generation in a matrix with local actions';
- 'A holistic approach complementing a vertical systems approach'
- 'Not cross-over, total integration'
- 'A Whole of Society Approach'
- 'Cross sectoral collaboration is key'

- Views from the Expert Panel



'If we aspire to build a culture of lifelong learning, then health and well-being need to be core components. Courses in health, often become gateways to further learning, and the learning cities model offers a means of achieving more effective local collaboration across both sectors and disciplines.'

- Trevor Neilands, Belfast



Learning is good for Well-Being

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RECOMMENDATION – 4 Learning is good for well-being

A positive experience of involvement in Learning contributes to the Well-being of individual citizens, of communities and can strengthen the Resilience of Cities.

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“Our theme was healthy learning, healthy lives, with the idea that any learning is good for our mind and body.” Diane Tabbagh - Wyndham

‘It’s a very, very happy place.’ You meet lots of different people and new people,.. It’s very uplifting and very stimulating to be learning. I find it very good to be doing something, very good for the mind... and it’s brilliant.’

Learners, Lante@ Project, Cork



Community Response Forum



Cork City Community Response Forum

- Inter Agency & Cross Sectoral
- Flexible Membership of 30 + Organisational representatives
- Focusing on providing essential services to vulnerable individuals and families during Covid-19
- Building on existing services and strengths
- Avoiding duplication

Cork City Area Response Teams

- 16 Areas defined across the city
- Flexible Area Teams assembled including volunteers
- City Council and HSE Community Work Dept as co-leads
- Community Gardaí
- TUSLA
- Local Community and Voluntary, and Sporting Group leaders



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Cork City COVID-19 Community Call Helpline



Here for you if you need ...

- ✓ Food, household items, fuel, medications collected or delivered
- ✓ Someone to talk to or other social supports
- ✓ Meals delivery
- ✓ Response to Garda related concerns
- ✓ Help with other medical or health needs
- ✓ Library books

1800-222-226

covidsupport@corkcity.ie



Community Response Task Groups

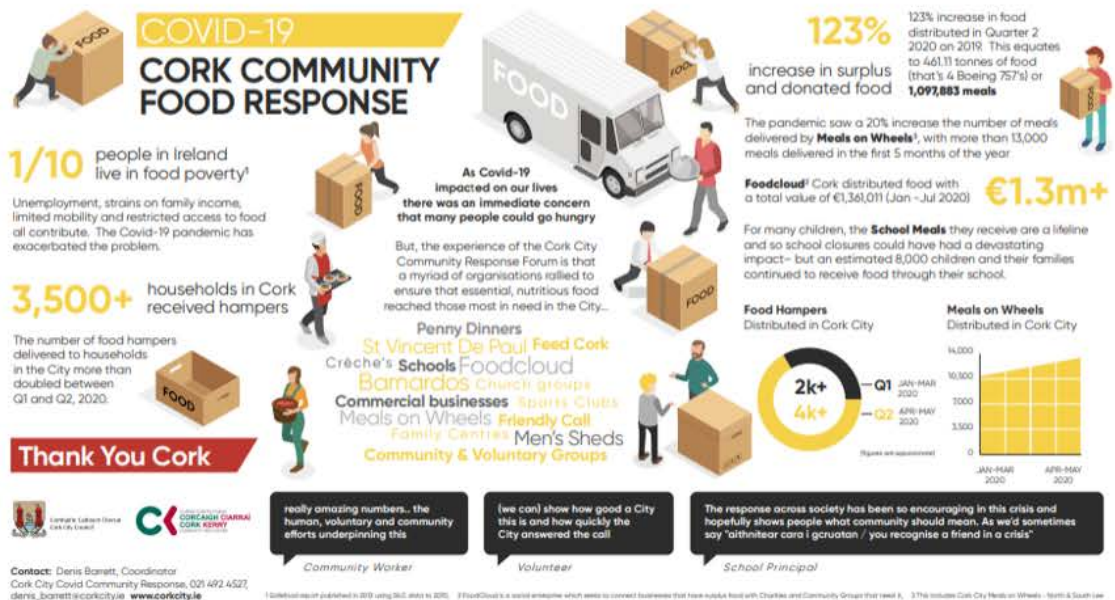
Community Response Forum Task Groups

- Food Distribution
- Bridging the Digital Divide
- Youth Response
- Wellbeing

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New: On-the-Green Activities Summer Youth Programmes Urban Outdoors We Are Cork LORD MAYORS Youth Challenge



Learners share their stories and work

Watch confidence and creativity flourish as your learners share authentic videos based on your Topics.

From the back row to the front, every learner shares upon the diverse voices of their peers.



Community Call : Learning for the future

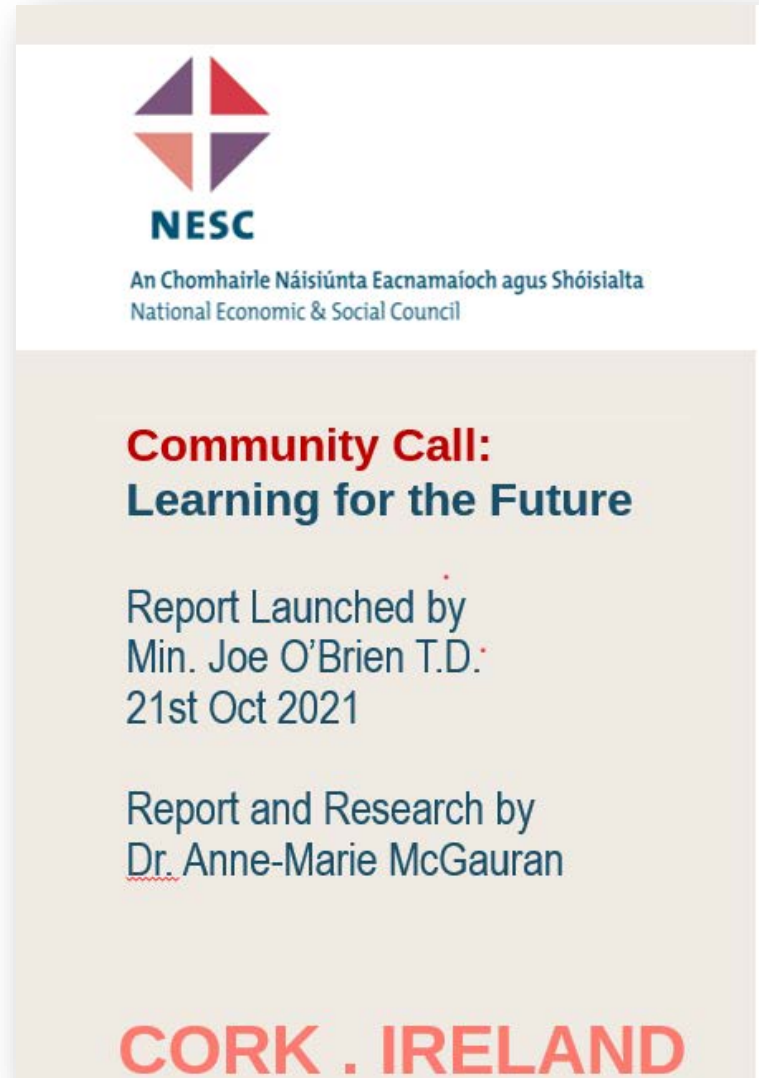
Lesson 1: The more granular and cross-cutting way of identifying the vulnerable and their needs in Community Call delivered better services and highlighted gaps;

Lesson 2: Changed working practices in, and between, statutory and community and voluntary organisations delivered improved outcomes, and this has important longer term implications for ways of working and funding;

Lesson 3: Interagency structures made a significant difference to the ability to coordinate and deliver rapid responses;

Lesson 4: The community and voluntary sector played a key role in identifying and supporting the vulnerable, and there is a need to look at how such work can be sustained;

<https://www.nesc.ie/publications/community-call-learning-for-the-future/>






New research perspectives for Cork




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3 & 4 DECEMBER 2020



Webinar Report

UNESCO
Global Network of Learning
Cities Cluster of Learning Cities
for Health and Well-being

*Eamon Nash
Dr. Siobhan O'Sullivan
Denis Barrett
Siubhán Mc Carthy*

**CORK
IRELAND**

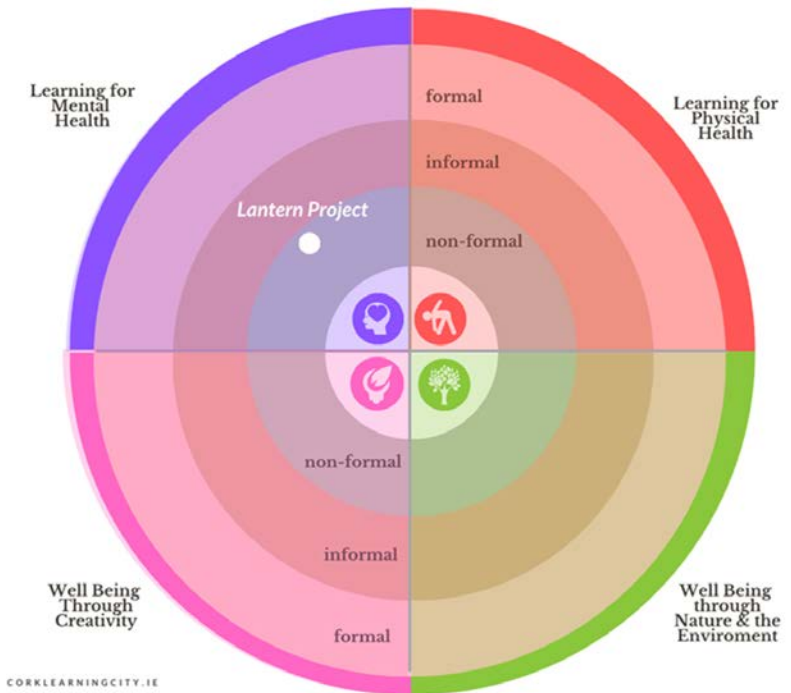


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Learning for Health & Well Being



'Keeping Well in the Community' Learning for Wellbeing Campaign

Integrated into the Wellbeing webpage on the City Council Website.

To Support and help communicate local programmes, initiatives and projects that support Health and Wellbeing;

- **Keep Active,**
- **Stay Connected;**
- **Be Creative:** eg. Sports and Creative activities 'on the Green'; Older Persons Playful Packs
- **Keep learning**

<https://www.corkcity.ie/en/council-services/services/community/keep-well-in-the-community/learning-for-wellbeing/>



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Thank you

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Education
2030 