



Promoting health and sexuality education Denise McMorrow & Emer Murphy



What is Comprehensive Sexuality Education (CSE)?

Comprehensive Sexuality Education (CSE) is a curriculum-based process of teaching and learning about the cognitive, emotional, physical and social aspects of sexuality. When delivered well, CSE empowers young people to make informed decisions about relationships and sexuality and navigate a world where gender-based violence, gender inequality, early and unintended pregnancies, HIV and sexual exploitation still pose serious risks to their health and well-being.





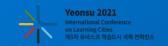






(UNESCO,2017)

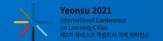




Aspects of Comprehensive Sexuality Education

- 1. Relationships
- 2. Values, Rights, Culture and Sexuality
- 3. Understanding Gender
- 4. Violence and Staying Safe
- 5. Skills for Health and Well-being
- 6. The Human Body and Development
- 7. Sexuality and Sexual Behaviour
- 8. Sexual and Reproductive Health





Situating CSE within Different Contexts

Regional Commitments to CSE



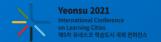


Adaptability of CSE content



Working with communities and parents





Case Study 1: Using mobile technologies to reach vulnerable young people





Nigeria

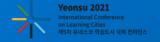
Education as a vaccine (EVA)

Challenges: Strong religious influence, limited sexuality education at policy level

- EVA uses Information and Communication Technology (ICT) and cyber cafes to deliver CSE through e-learning.
- 10,000 texts received each month.
- Bridges the gap between education and services by mapping youth-friendly sexual and reproductive health services.

Source: https://www.evanigeria.org/about-us/history/





Case Study 2: A GENDER-FOCUSED APPROACH

Bangladesh

BALIKA Study (Council Initiative)

Challenges: Child/early forced marriage

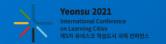
- The BALIKA study explores values and attitudes regarding gender and rights.
- Key findings enabled the programme to improve teacher training and support, involve parents and roll out complementary counselling programmes for both girls and their teachers.



Source:

https://www.popcouncil.org/research/balika-bangladeshi-association-for-life-skills-income-and-knowledge-for-ado





Case Study 3: Active Consent Programme





Ireland

Active Consent Toolkit

Challenges: Sexual harassment

- Supports young people from 16-24.
- Work across third-level, secondary schools and sports organisations.
- Adapted in 22 Higher Education Institutes to date.
- Supported by Dublin Learning City

Source:

http://www.nuigalway.ie/student-life/student-support/active-consent/inde





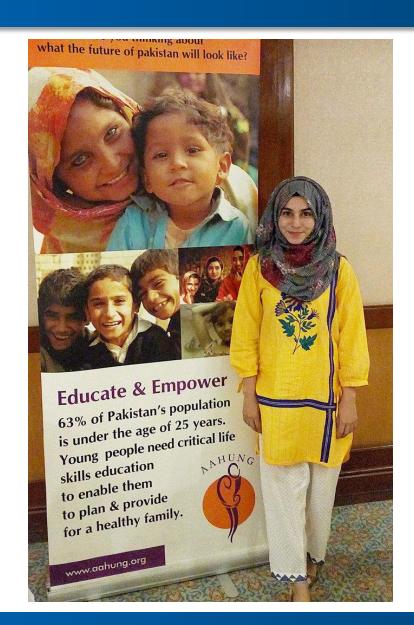
Case Study 4: Engaging Parents

Pakistan

Aahung NGO

Challenges: Strong religious influence, limited sexuality education at policy level

- Aahung's NGO has developed a Life Skills Based Education (LSBE)
- Aahung works closely with the school administration and community members
- Engages with the youth through partnerships with community-based organizations.

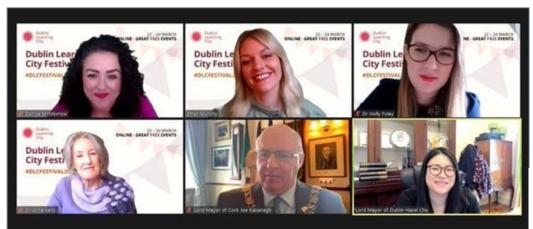


Source: https://www.aahung.org/site/about/About









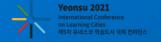
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