

有一天，Rex在电脑上看电影。突然屏幕上出现了一个领取免费礼物的弹窗，Rex被深深地吸引了。那么，Rex应该点击弹窗上的按钮吗？弹窗中的信息安全吗？当我们不确定的时候又该怎么办呢？





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## FOREWORD

Today, young generations are growing up in an increasingly digitized world. The Internet and the media have undoubtedly become centers of information and opportunities, but also factories for disinformation, risks, and inequalities. 90% of young people under the age of 18 in China are Internet users. For them, as well as their parents and teachers, the necessary competencies to understand and interact with the media, information, and digital technologies become vital.

UNESCO's Media and Information Literacy (MIL) responds effectively and precisely to this need as a set of skills that enable people to search, access, use and contribute information and media content wisely.

Online learning platforms, powered by innovative measures in teaching and learning, and high quality educational resources, can be effective tools in educating the young and empower them to think critically, behave safely, and participate responsibly in digital societies.

The generous contribution of Rex & Friends made it possible for us to jointly develop a series of educational picture books and animation videos on MIL which have global and local relevance. They feature key elements of media and information literacy, such as online safety, cyber bullying, online privacy, do's and don'ts on social media, digital games and addiction.

It is our hope that these resources will help children and young people, as well as their parents and teachers, in advancing their knowledge and competencies of MIL, empowering them to better capitalize on the benefits offered by the digital age, and more importantly, contributing to create a safe, equal and resilient digital environment for all.

## 序言

今天的年轻一代正在日益数字化的世界中成长。互联网和媒介无疑已经成为信息和机会的中心，但同时也成为了虚假信息、不平等现象和危险隐患的制造厂。中国 18 岁以下的青少年中有 90% 为网民，对这一群体及其父母和教师来说，拥有必要的理解和使用媒介、信息和数字技术的能力变得至关重要。

联合国教科文组织的媒介与信息素养教育作为对这一需求的有效回应，旨在让每一个人掌握明智地搜索、获取、使用和发布信息与媒体内容的技能。

以创新的教学形式和高质量的教育资源为驱动力的在线学习平台，可以作为有效的教育工具，赋能于儿童和青少年，使其能够进行批判性的思考，安全负责地参与到数字社会中。

瓜瓜龙的慷慨支持使我们能够共同开发一系列具有全球和地域相关性的教育绘本和动画短片。这些资源涵盖媒介与信息素养中的关键要素，例如网络安全、反网络欺凌、在线隐私、社交媒体注意事项、反游戏成瘾等。

我们衷心希望这些资源能够帮助儿童和青少年，以及家长和教师们提高对媒介与信息素养的理解和应用能力，从而更好地把握数字时代为我们带来的福利，且更重要的是，能够为创造安全、平等且更具韧性的数字环境做出贡献。





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UNESCO thanks Mr. Zhang Haibo, expert on media and information literacy education for children, for his expertise and advice to the development of the series. 联合国教科文组织在此对儿童媒介与信息素养教育专家张海波先生在本出版物开发期间所提供的专业指导和宝贵建议表示感谢。

# Don't Click











Rex wants to watch  
the movie too.





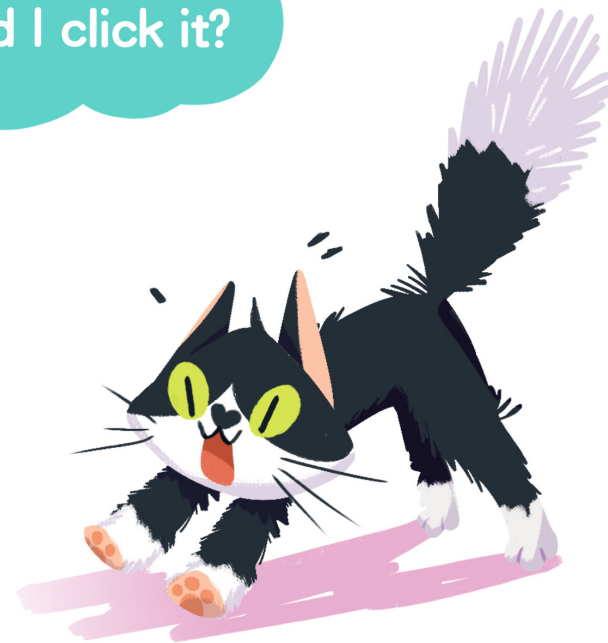








Should I click it?







Ask an adult  
to explain.





It's good that you  
think before you click.







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联合国教育、  
科学及文化组织



瓜瓜龙启蒙

## UNESCO Media and Information Literacy Tips

For children:

1. Learn to identify suspicious links or ads when browsing the Internet.
2. Don't open a link immediately if you are not sure of its source.
3. When not sure, ask your parents or teachers.

For parents:

1. Pay attention to the websites your children have access to.
2. Guide them to access reliable and safe websites.
3. Teach them about phishing attacks, potential consequences, and how to prevent them.

For more about media and information literacy, please visit <https://en.unesco.org/themes/media-and-information-literacy>

## 联合国教科文组织媒介与信息素养小贴士

小朋友请注意：

1. 上网时学习识别可疑链接或广告。
2. 不要直接点开来源不清楚的链接。
3. 不确定时，问一问家长或老师。

家长请注意：

1. 关注孩子访问的网站。
2. 引导孩子访问安全可靠的网站。
3. 给孩子讲解网络钓鱼攻击，可能后果，以及如何防范。

更多媒介与信息素养相关知识，请访问 <https://en.unesco.org/themes/media-and-information-literacy>（部分资料提供中文版）