

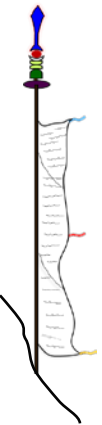


# Safe Return to School Mental Health and Psychosocial Support Services through Education – Bhutan’s Approach

Reena Thapa

Career Education and Counselling Division  
Department of Youth and Sports

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# School Reopening in 2022

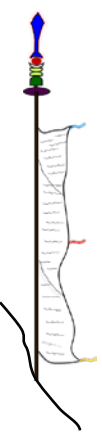
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- SoP for the opening of the schools for 2022 academic session
- Staggered reopening of the schools – ECCDs, PP-VI, VII – XII
- Rooms kept in provision to isolate sick students
- Staggered time for meals in the hostel for positive cases
- Public health and social measures – masks, handwashing, social distancing
- Established the process of informing the parents for their support
- Address mental health and psychosocial support needs in close coordination with the school counsellors



# Welcome Back Check in Session

	<b>Male</b>	<b>Female</b>	<b>Total</b>
<b>Number of teachers</b>	<b>1570</b>	<b>1612</b>	<b>3182</b>
<b>Number of students</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>
<b>1.Under 5 Years</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>2.5-9 years</b>	<b>6532</b>	<b>15226</b>	<b>21758</b>
<b>3.10-14 years</b>	<b>6936</b>	<b>9695</b>	<b>16631</b>
<b>4.15- 17 years</b>	<b>5052</b>	<b>9494</b>	<b>14546</b>
<b>5.18 and above years</b>	<b>632</b>	<b>528</b>	<b>1160</b>
<b>Total</b>	<b>19152</b>	<b>34943</b>	<b>54095</b>





# School Based Parenting Education Awareness Program (SPEA)

Parents			Parent's Occupation						
Males	Females	Total	Civil servant	Private	Home maker	Farmer	Labourer	Business	Others
2142	4770	6912	1589	446	1833	2019	142	521	362



# Peer Helpers Training on “I Support My Friends”

65 School Guidance Counsellors from ten Eastern Dzongkhags were trained and subsequently the program was rolled out to 1364 students comprising of 654 girls and 710 boys. September, 2021 with support from UNICEF.



# Entry Orientation and Planning Workshop

32 newly recruited counsellors, 16 females and 16 males attended 7 days Entry Orientation and Planning Workshop at Bumthang from 26 August to 1<sup>st</sup> September, 2021.



# Psychosocial Support Service training for School Focal Teachers

The training was provided to 562 teachers, 324 males and 238 females and it was conducted in October, 2021. The program was supported by Global Partnership for Education with Save the Children International, country office Bhutan as the grant agent.



# Adolescent Enrichment Camp

15 days Adolescents Enrichment Camp was conducted for 61 students from middle secondary schools in Sarpang Dzongkhag in December 2021.





# The National Strategic Framework on Comprehensive Sexuality Education

The Ministry of Education in collaboration with UNFPA, integrated CSE in the National School Curriculum Framework based on International Technical Guidance on Sexuality Education across seven subjects of English, Dzongkha, Biology, Science, Social Studies, Value education, and Health & Physical Education from pre-primary till class XII.



# Anti Bullying Awareness Program

The Anti Bullying Awareness Program was conducted in schools from 4 April, 2022



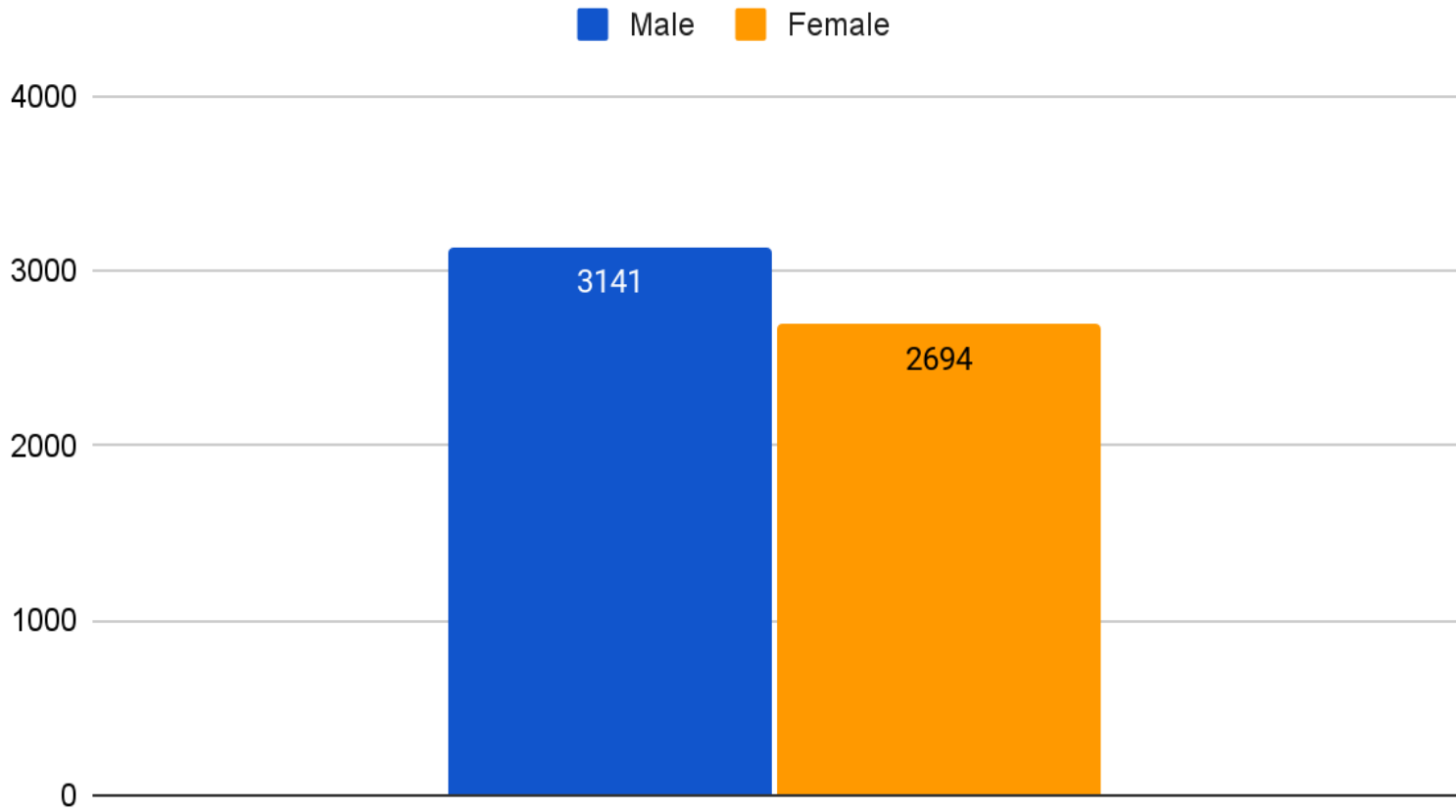
# Anti Bullying Awareness Program



# A Brief Insight on the School Counselling Services

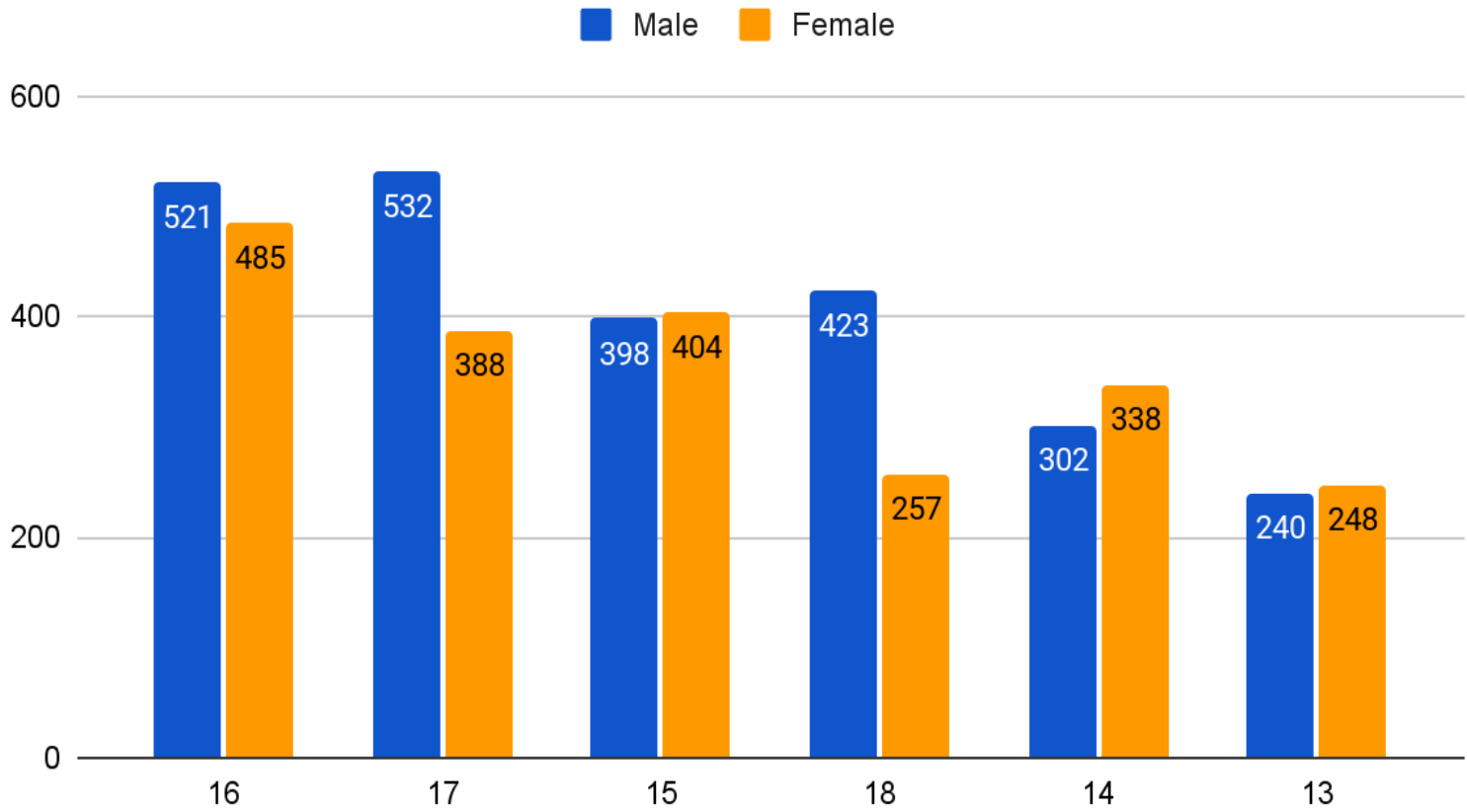
A total of 5835 students sought counselling support from their respective School Counsellors for various issues. 254 students met online with their counsellors, 870 students met in different groups for Counselling and 4568 students met with their counsellors face to face for individual sessions.

### Total Students who sought Counselling

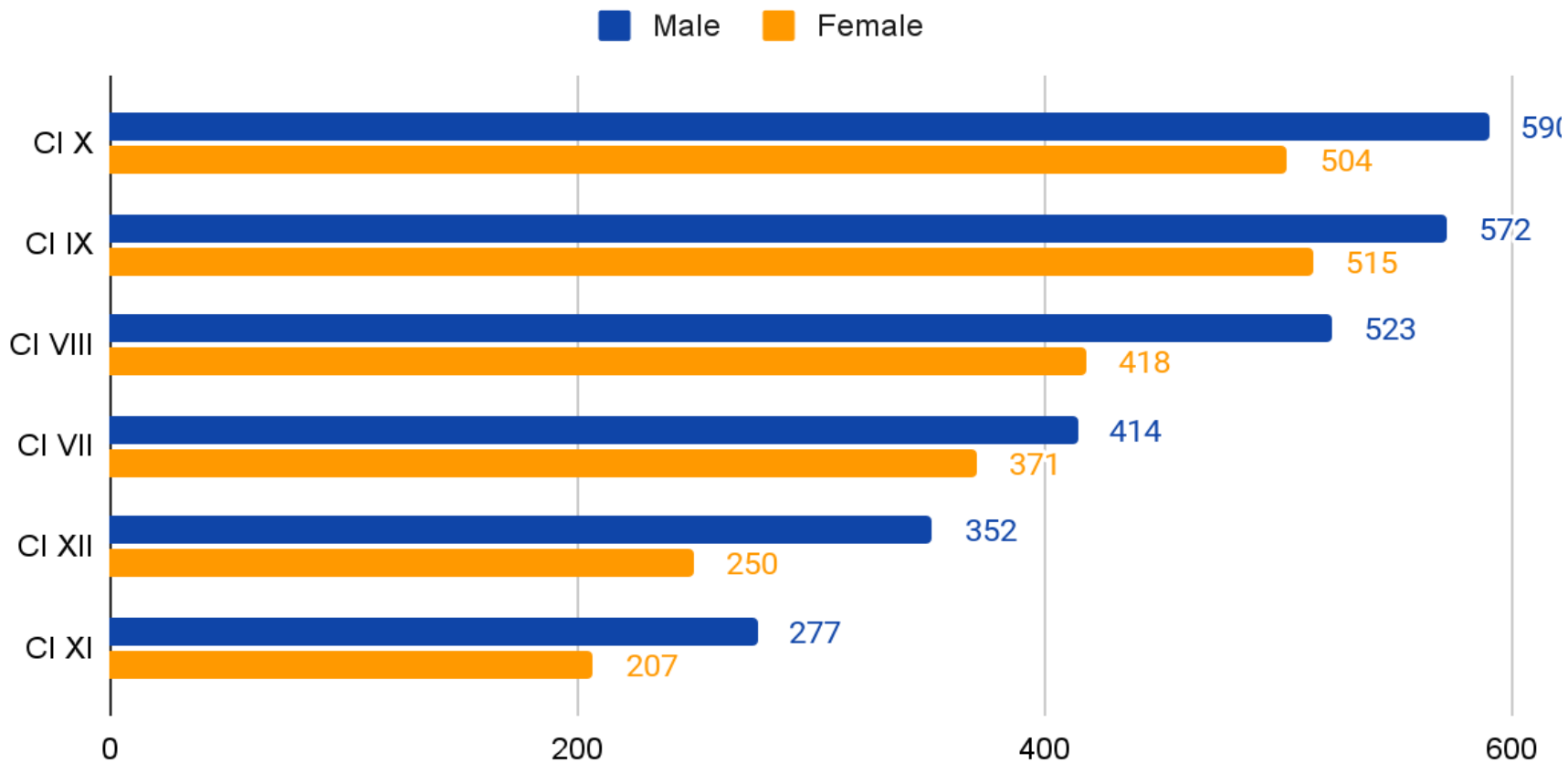


The School Counsellors had provided counselling to children as young as 6 years and to adults as old as 57 years old adult in 2021. However, the average age of children who sought counselling was in between 13-18 years.

### Age Range of Children who sought Counselling

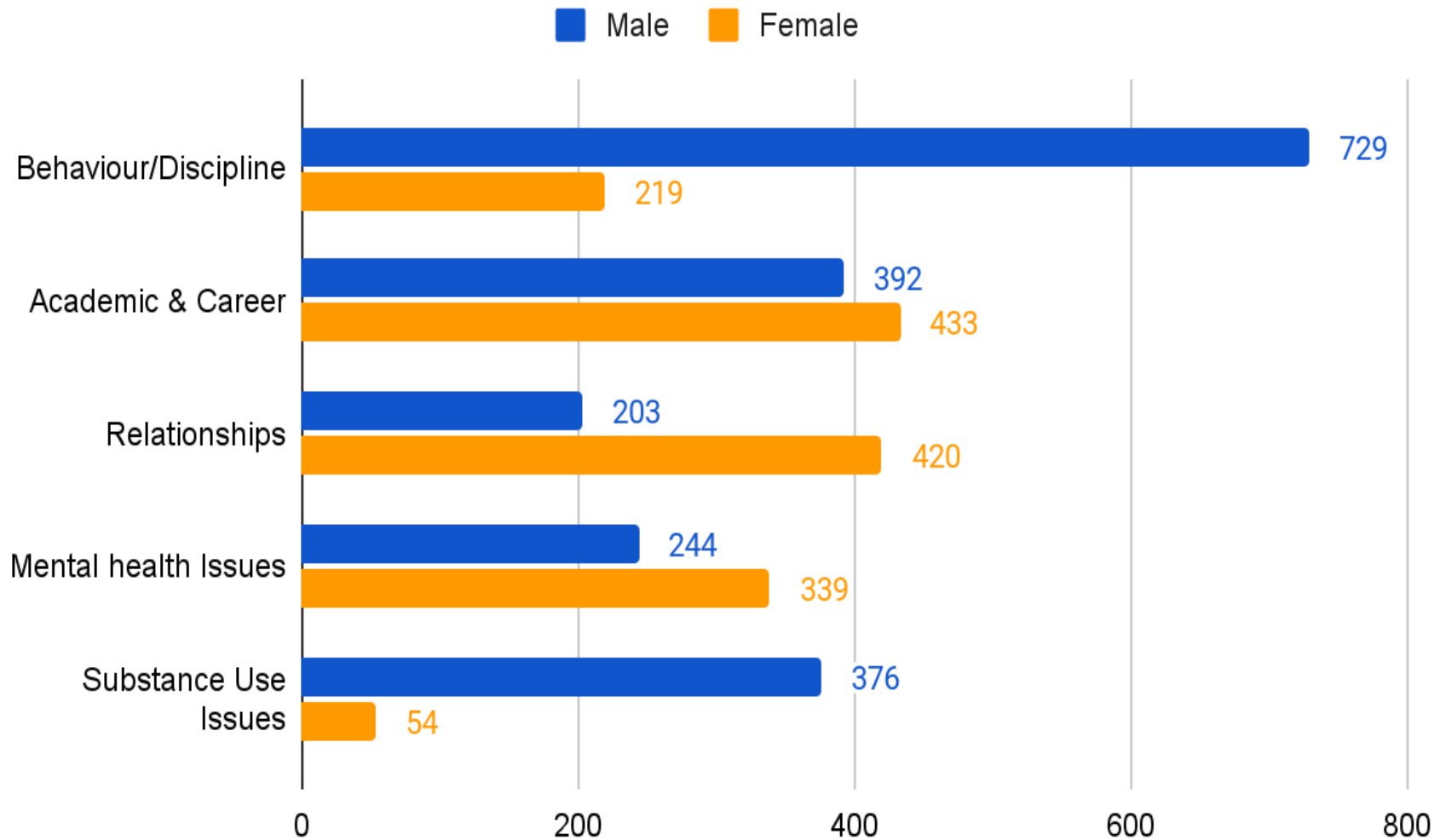


## Class range of Children who sought Counselling



The maximum number of Children who sought counselling in 2021 were from classes 7-12.

## Common Issues/Concerns for Counselling (2021)



A total of 185 students were identified as requiring further care and support. The School Counsellors were able to provide further information and support and refer these children to the relevant service providers and agencies for for further interventions.

Agencies	Total Students referred for further support
Hospitals	134
Drop in Centers	11
NCWC	11
REHAB Centers	4
BNCA	7
School Relocations	4
RBP	11
RENEW	3

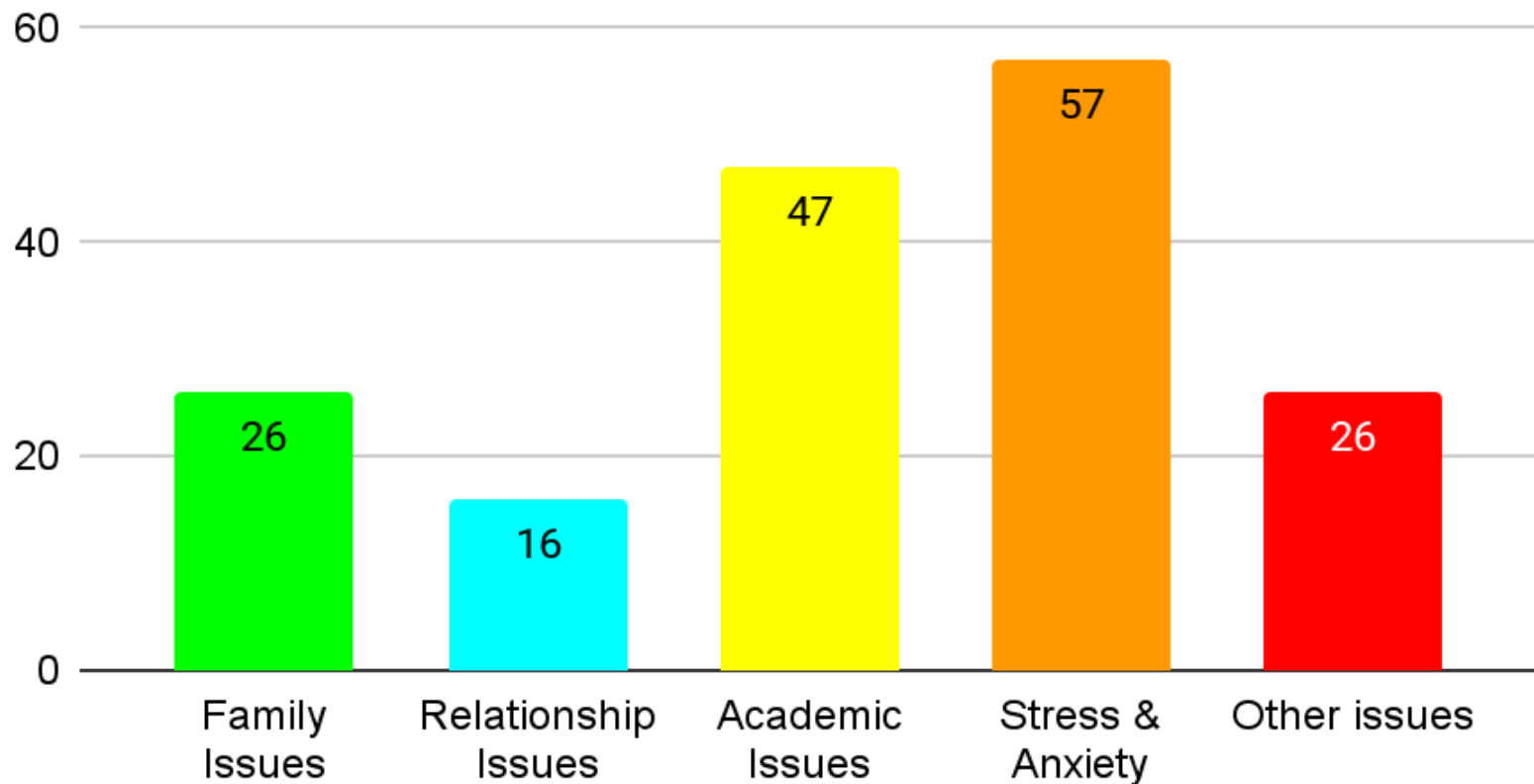




# Caseloads of Counsellors at the Division for 2021

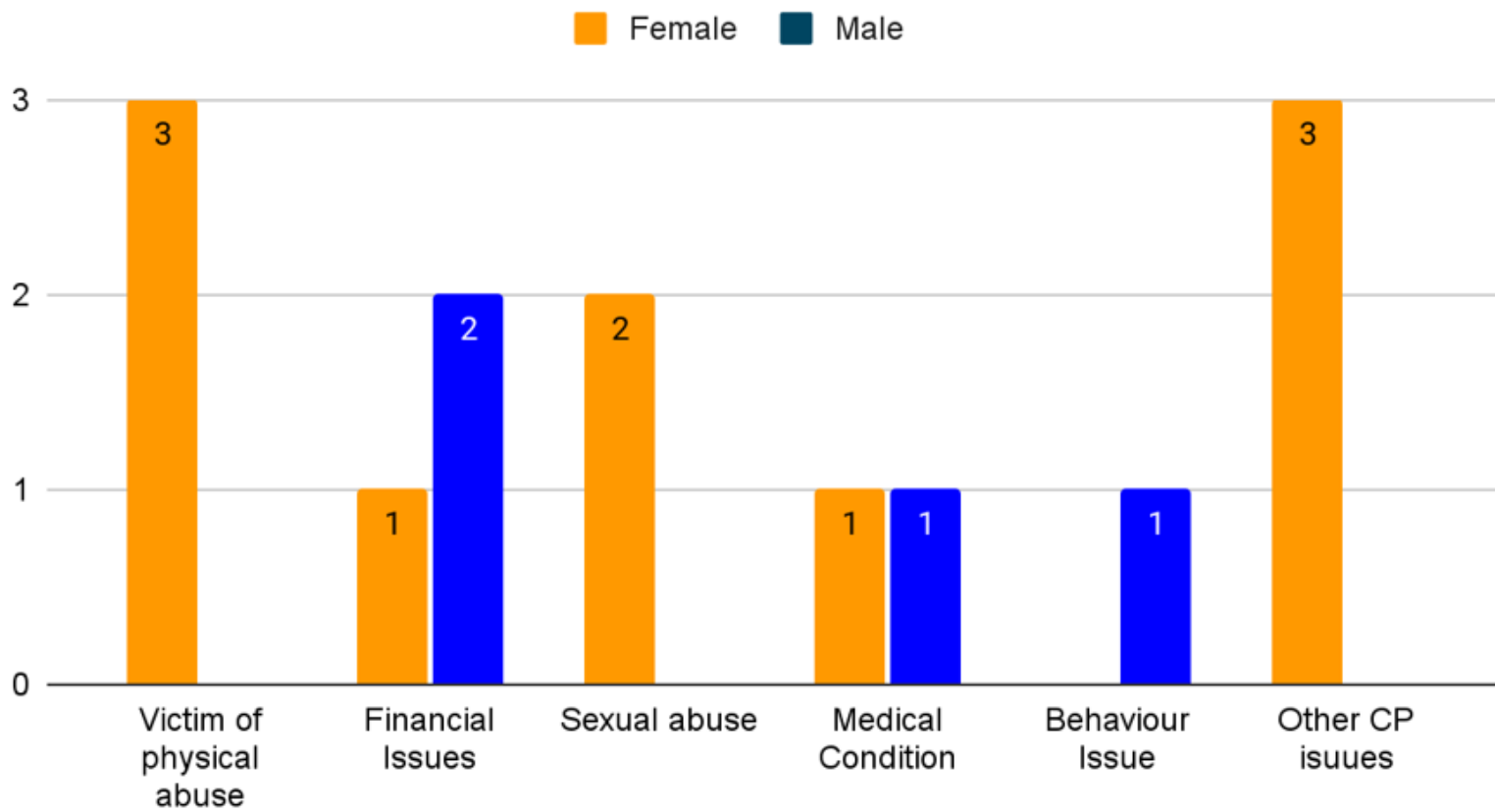
A total of 176 individuals (92 Male/84 Female) had registered for Counselling services with the counsellors at Career Education and Counselling Division in 2021.

### Type of Issues and Concerns



# Student Relocation

A total of 14 Children were supported through change in schools with boarding facilities to enable them to study and progress in a more supportive environment. This was facilitated with support from Department of School Education and respective school Principals.



**Thank you**

